



Grass Doubles Rules of Play

Preferred Ball

Teams may agree to play with any brand/make of outdoor volleyball. If opposing teams cannot come to an agreement, the default ball will be the Wilson OPTX AVP game ball.

Serving

One toss per serve. Serves may not contact the net at any time. Serve must travel between and not over or outside of the net poles (poles are the antennae).

Serve Receive

No open hand receive of serve is permitted. No finger action is allowed.

Setting

Balls set with the hands must be very clean. For B, BB, and A divisions; one and a half rotations may be used as a guide. For AA and Open, there should be little to no spin on the ball. A hand set that travels over the net must land square to the setter's shoulders (either directly in front of or behind the player).

Defense

In order for a beach dig to be legal, the ball must have a downward trajectory from the attacker's hand to the defender. If the ball travels upward at all on that path (which could include a change of direction due to contact with the block or the net), it is subject to the same standard as a ball that is hand set.

Attacking

No open hand tips are permitted.

Blocking

A block touch does not count as a contact.

Net Fault

Any part of a player's body or clothing that comes into contact with the net, poles, or ropes is considered a fault. Any contact after the ball is down is still a fault.

Interference

If a player crosses underneath the net, interference should be called if that player makes contact with an opponent and/or impedes their opponent's ability to play the ball.