



DYBA Bronco Coaches Sheet



Expectations

1. Players: Have Fun, Expand Love for the Game, Model Sportsmanship, and Enjoy Competition!
 - a. Mastery of baseball skills from Mustang
2. Coaches: Prioritize Sportsmanship, Enable Player Decision Making, Introduce Player Leadership, and Support Competitive Spirit
 - a. All skills not identified below should be taught as players are learning to advance real baseball skills

Fundamentals Skills for the Age Group

1. Throwing, Catching & Infield:
 - a. Skills to Develop:
 - i. Pitchers learn how to use pick-off move to each base to not Balk
 - ii. Pitching learn full wind-up and when to use vs pitching from stretch
 - iii. Pitchers learn 2-seam, change-up and other non-rotational pitches
 - iv. Catchers learn how to call pitches or get calls from coaches
 - v. Mastery of dropped 3rd strike, with coverage of 1st for force out
 - b. Challenges:
 - i. Complex, inconsistent pitching motions
 - ii. Balking and delivery changes when base runners attempt to steal
 - iii. Pitchers attempt arm rotational pitches
 - c. Coaching Techniques:
 - i. Utilize 2 & 4 seam fastballs and change-ups for pitchers
2. Baserunning:
 - a. Skills to Develop:
 - i. Learn proper lead-off with diving back into back corner of base with pick-off
 - ii. Learn how to read balls off back-stop to advance additional bases
 - iii. Learn how to read pitcher for pick-off vs delivery to home plate
 - iv. Learn how to steal bases (straight steals, wild pitches, passed balls)
 - v. Learn how to steal home safely avoiding batter and live ball
 - vi. Learning how to remain in foul territory with lead from 3rd base
 - vii. Mastering secondary leads from all bases
 - viii. Introduction to different styles of feet-first slides depending on situation
 - b. Challenges:
 - i. Baserunners start secondary leads too early and are easily picked-off
 - ii. Baserunners slide into base when stealing regardless if play being made
 - c. Coaching Techniques:
 - i. Coach various slide techniques (hook, pop-up, standard) and where to target on base depending on defensive situation at that time
3. Baseball IQ
 - a. Skills to Develop:
 - i. Mastering situational baseball offensively and defensively, with players identifying on field & in moment for correct plays to be made