



PLAYER CONTRACT

Harrison Volleyball is committed to all of its players exercising good sportsmanship at all times. Our program philosophy is that our athletes should represent themselves, their family, their team and our program in a positive and respectful manner. In order to represent our athlete's commitment, we have developed the following Code of Conduct for our players:

1. I will adhere to the rules and policies of Harrison High school and Harrison Volleyball.
2. I will adhere to the rules and policies set forth by my team that may be in addition to the rules and policies of the program.
3. I will focus on developing not only on the court, but off the court as well. This includes building character, maintaining high academic standards, and developing leadership skills through the sport of volleyball.
4. I will not transport, possess, or drink any alcohol nor take illegal drugs of any kind; (if I am found to be using illegal drugs and/or drinking alcohol, I will be terminated immediately from the program).
5. I will follow all rules and policies of the host facility when at any away game.

On The Court

1. I will respect the game of volleyball and give it my all during practice and games.
2. I will accept responsibility and be accountable for my effort, focus and commitment to the game, my team and myself.
3. I will demonstrate sportsmanship and fair play at all times. I will set an example in the way in which I conduct myself on the court. I understand those actions, good or bad, have a long-lasting effect on everyone around me.
4. I will treat the coaching staff respectfully at all times. This includes not only my own coach and assistant coaches, but any member of a coaching staff that takes the time to offer instruction throughout the season.
5. I will value the instruction of my coaches. Whether I think my coach is the best, the worst or somewhere in between, my job is to listen to my coaches, follow instruction, make changes and trust that they are looking out for my best interests.
6. I will be respectful, supportive and courteous to my teammates.
7. I will appreciate my teammates. Every player on my team has certain strengths and weaknesses. I will be patient with my teammates as they improve their games — just as they will be patient with me as I work on my game. Volleyball is a team sport. Success can only come when the entire team works and plays well together both on and off the court.

8. If I have a problem with a teammate, I will accept the responsibility to work it out with them. If I am unable or uncomfortable, I will talk to the coaching staff to attempt to solve the problem.
9. I will put my teammates first at all times. I understand that I am not bigger than the team no matter what my role may be. I understand that if I do not, my playing time will be affected.
10. I understand that poor conduct such as foul language, physical or verbal intimidation of any individual, fighting with other teams/players, vocal outbursts are not permitted.
11. I understand that a red card issued to me for poor sportsmanship will immediately cause my removal from the court for the remainder of the tournament. Poor sportsmanship will not be tolerated.
12. I will never question an official or express my feelings at a call. Officials are part of the game. I will never talk back or show up an official. This includes players that are performing officiating duties such as line judge or scorekeeping at an event.
13. I will take time to learn the rules of the game. I understand that in order to master the sport, I must understand the rules that we play by.
14. I will communicate. I will ask questions. I will express myself. I understand that in order to be successful I have to understand how to succeed. In order to do that I must communicate with my coaches and teammates.
15. I will discuss individual needs at appropriate times. Questions regarding position and playing time should be reserved for outside or practice or game times.
16. I will accept feedback. I understand that all feedback and/or criticism of my game is designed to help me grow as a player.

Off The Court

1. I will not exhibit conduct which is inappropriate as determined by comparison to normally accepted behavior.
2. I will be respectful in public and display good character as a representative of Harrison Volleyball.
3. I will be responsible when using the internet/social media and will not submit any negative information regarding my teammates, team or Harrison Volleyball while using social networks or communicating via email. I will not post inappropriate comments, pictures or other content that would otherwise break any of the rules or policies set forth in this document.
4. I will accept the responsibility to manage my time in order to participate at Harrison while maintaining balance and high standards with academics and family.

By signing below players are agreeing to all of the above.

PLAYER SIGNATURE: _____ **DATE:** _____



PARENT CONTRACT

As with our players, parents also represent Harrison Volleyball. We expect parents to act with a higher set of standards than we expect from our players. Parents are the role models.

Parents should read, understand and sign this form willing to follow all guidelines prior to their children participating in our program.

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

- Trustworthiness,
- Respect,
- Responsibility,
- Fairness,
- Caring, and
- Good Citizenship.

The highest potential of sports is achieved when competition reflects these “six pillars of character.”

I therefore agree:

1. I will not force my child to participate in Harrison Volleyball.
2. I will remember that players participate to have fun and that the game is for the players, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.

8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence (verbal or physical).
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one's best is more important than winning; so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and putting forth their best effort.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning.
14. I will promote the emotional and physical wellbeing of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during matches and will never question, discuss, or confront coaches at a game, and will follow the communication protocol of waiting 24 hours and asking my child to talk to the coaches first.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

By signing below parents are agreeing to all of the above.

PARENT SIGNATURE: _____ DATE: _____