



**Shakopee Girls Basketball Association
(SGBA)**

In House Program Handbook

2021 Edition

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Shakopee Girls Basketball Association, PO Box 572, Shakopee MN 55379

www.shakopeebasketball.com

SGBA In House Handbook

- SGBA Mission Statement**2
- Player Participation in SGBA**2
 - Residence Requirements2
 - Age Requirements2
- Team Composition**.....2
 - Skills Event2
 - Roster Sizes3
- Uniforms**3
- Coaching Selection Process**.....3
 - Qualifications3
 - Application Process3
 - Selection Process3
 - Background Checks.....4
 - Coaching Responsibility4
- Practices/Games**4
 - Playing Time4
- Game Playing Rules**.....5
- Costs**5
 - Registration Fees.....6
 - Volunteer Deposit6
 - Financial Assistance6
- SGBA Code of Conduct**.....6
- Conflict Resolution**7
 - Conflict Overview7
 - Discipline8
 - Zero Tolerance Policy8
- Social Media Policy**9
- Contact Information**9
 - Board of Directors.....9
 - Website9
 - Other Contact Information9

SGBA Mission Statement

The Shakopee Girls Basketball Association (SGBA) has been organized to benefit the girls of our community by providing means for their athletic and social development through organized basketball. The goal is to recognize the importance of all individuals and to conduct our programs in a manner that provides the opportunity for the development of all participants. Our programs are organized to provide girls an opportunity to participate in a competitive level of basketball to prepare them for Varsity level play at Shakopee High School.

In House Program Goal

The In House league is a recreation program. Our goal is to make basketball a preferred sport that the kids enjoy playing and will want to continue playing year after year. It is important for players to develop the skillsets necessary to have success within the sport as they grow older. This will be accomplished by creating an environment that is fun, exciting, entertaining, and will challenge players at all skill levels. The In House program will focus extensively on fundamentals, spacing, and movement in a manner that is consistent for every team, regardless of the skill level of the coach.

Player Eligibility

Residence Requirements

A female player with a paid registration fee for SGBA must be a resident of Independent School District #720 or enrolled in ISD #720 school.

Age Requirements

All female players entering 1st through 8th grade are eligible to participate in the In House program.

Team Composition

Skills Event

There are no formal evaluations or tryouts for the In House program. All participants that register for the In House program are eligible to play. A skills event will be held for all In House players during the Parent Meeting. This will help create as equally skilled teams as possible in each division. This will help achieve our goal of growing the skill of every participant and will have a positive impact on the player's experience throughout the season.

Roster Sizes 1st/2nd Grade League

We aim to have 6 to 8 players on each 1st/2nd team roster. However, the appropriate number of players will be allocated based on the total number of players registered for the season.

Roster Sizes 3rd/4th Grade League

We aim to have 7 to 9 players on each 3rd/4th team roster. However, the appropriate number of players will be allocated based on the total number of players registered for the season.

Roster Sizes 5th-8th Girls Recreational Basketball League (GRBL)

These teams play traditional 5 on 5 basketball games with our partnership with the GRBL. Our goal is to roster these teams with 8-9 players (much like we do our travel program teams). However, the total number of players signed up for these leagues will have a large impact on roster sizes.

Uniforms

All participants are required to purchase a practice jersey. Game jerseys are provided for the In House teams beginning in the 3rd/4th grade league. The practice jersey can be used from one season to the next (for In House or Travel programs).

Coaching Selection Process

Qualifications

The following items will be considered when selecting a coach (list is not all inclusive):

- Previous coaching experience (preferred but not required)
- Basketball knowledge
- Ability to connect with youth
- Strong communication and administrative skills
- Demonstrates behaviors supporting the SGBA mission

Application Process

Interested coaching candidates will complete an application and submit it by the deadline to be considered. The Board will review all coaching candidate applications.

Selection Process

The Board will suggest coaching candidates. Those candidates will be subject to an interview process by the President and Vice President of In House. If there are not enough applicants to fill all the open positions, the Board will be required to recruit qualified individuals.

Coaches are approved for the current season only and must be approved each year to continue coaching in the travel program. To be considered, a coach is not required to stay with the same team they coached the prior year(s).

After appointing the Head Coach for each team, the Head Coach will select an assistant coach (based off those who submitted an application interested in an assistant coach role). If an assistant coach is not selected, the Board will appoint a volunteer.

Background Check

All coaches are subject to clearing a background check. In addition, all coaches are subject to additional training including but not limited to: concussion and sexual harassment training.

Coaching Responsibility

Coaches are role models for their team and the association. They must treat all players with respect. Coaches will be held accountable to the Board for their actions and for their assistant coach's actions on and off the court. Coaches and assistant coaches will follow SGBA policies and directives. Non-compliance by a head coach or assistant coach will be grounds for disciplinary action by the Board. All coaches are expected to attend all meetings and training as deemed necessary by the Board.

The Board has the authority to terminate and replace coaches who exhibit inappropriate behaviors as determined by the Board at any time. The coach has the right to appeal the decision at a regular board meeting.

Practices/Games

The 1st/2nd League teams will have practice/games on Tuesdays and Saturdays weekly.

The 3rd/4th League teams will have practice/games on Mondays and Saturdays weekly.

All In House teams participating in the GRBL will have a minimum of one 1 hour practice each week. All game times/locations are subject to the GRBL schedule.

Players are expected to arrive on time for practice. If a player is going to be late or miss a practice the coach or assistance coach must be notified before practice begins. Players with unexcused absences or tardiness at practice can expect to lose playing time. If continued absences occur it may be presented to the Board for review.

Coaches /Assistant Coaches will notify players of changes or cancellations in practice times.

Playing time

In order to deliver on our commitment to all players in the In House Program, we will provide all players equal playing time throughout the In House programs. Coaches will ensure proper team rotations are in place to make sure each player gets equal playing time. If there is a concern about a player's playing time, you are encouraged to discuss this matter with the coach.

Game Playing Rules

1st/2nd In House League

All teams will play in an unscored basketball contest that is coach officiated. Coaches are encouraged to point out obvious travels or double dribbles by stopping the game play, explaining the situation to the player, and then having them pass to a teammate from that point. Fouls will not be tracked, however, coaches are expected to maintain a safe game and will sit a player that is playing too recklessly. The safety of our players, while providing a fun and exciting entry into basketball, is the goal of this league.

Game Format	3 on 3 – two 20 minute halves (5 min Half-time)
Ball Size	Youth Size (27.5)
Hoop Height	8 ft.
Defense	Half-court person to person defense only (no pressing)
Stealing/Screens	Not Allowed
Officials	Coach Officiated

3rd/4th In House League

All teams will play in a 4 on 4 contest that begins to resemble a traditional basketball game. Scores will be kept, but fouls will not be tracked. All double dribble and obvious travel violations should be called. The game will be stopped to explain the violation to the player and the ball is awarded to the opposing team.

Game Format	4 on 4 – two 20 minute halves (5 min Half-time)
Ball Size	Youth Size (27.5)
Hoop Height	9 ft.
Defense	Half-court person to person defense only (no pressing)
Stealing/Screens	Allowed with proper technique
Officials	1 to 2 Volunteer Referees per game

Girl's Recreation Basketball League (GRBL)

The GRBL program will provide players the opportunity to play 5 on 5 games against other local associations. For complete game play rules for the GRBL contests please refer to the SGBA website for more details (<https://www.shakopeebasketball.com/>)

Costs

Registration Fees

The registration fee for the In House program is \$100.

Volunteer Deposit / DIBS

The SGBA hosts the Shoot for the Stars tournament every year as our major fundraiser for the association. Without the tournament, the cost to join the SGBA programs would be higher.

SGBA collects a \$300 volunteer check from families at the beginning of the season (known as DIBS check). This check is held, uncashed, until the end of the season to ensure families have an opportunity to volunteer their time. The vast majority of the volunteer opportunities throughout the season take place at the Shoot for the Stars tournament.

The SGBA needs your volunteer hours to run a successful tournament. If a family is not able to successfully meet their volunteer hours, their DIBS check will be cashed at the end of the season.

Financial Assistance

If a family has difficulty in meeting the financial commitment, they will need to speak to the President or Treasurer of the SGBA to set up a fee schedule (periodic payments) or to discuss alternative fundraising options available.

- A) No player shall be unable to participate due to financial circumstances.
- B) Financial arrangements will be kept in the strictest of confidence.
- C) Players (families) granted alternative financial arrangement may be required to participate in additional fundraising activities in lieu of monetary fee.
- D) The Treasurer and President will coordinate this effort along with the family and develop an individual “plan” that appears to be fair to both parties (SGBA and family).
- E) Final approval by the Treasurer and President is required for all alternative financial arrangements.

SGBA Code of Conduct

All Parents/Guardians/Players/Coaches are expected to abide by the following code of conduct:

1. I/we will respect the property and equipment used at any sports facility both at home and away.
2. I/we will encourage good sportsmanship by demonstrating positive support for all players, coaches, contest administrators and officials at every game and practice.
3. I/we will place the emotional and physical well-being of the athletes ahead of my/our personal desire to win.
4. I/we will provide support for coaches and officials working with the athletes to provide a positive experience for all.
5. I/we will demand a sports environment that is free from drugs, tobacco and alcohol and will refrain from their use at all SGBA events.
6. I/we will remember that the game is for the kids – not the adults.
7. I/we will treat other players, coaches, officials, volunteers and spectators with respect regardless of race, sex, color, creed or ability.
8. I/we will not berate the officials!
9. I/we will not undermine the coach's instructions or directions.

10. I/we will treat all players, coaches, and officials with dignity and respect in language, attitude, behavior and mannerisms.
11. I/we will communicate my/our concerns through the proper channels in a dignified manner. These channels may include, but are not limited to, the following: a. Applying the 24-hour rule (wait 24 hours before communicating) b. Speaking with the offending member c. If no resolution, bringing concerns to the SGBA Board
12. I/we will inform the coach of any physical disability or ailment that may affect the safety of my/our child and the safety of others.
13. I/we will inform the coach, within a reasonable period of time, of any anticipated absence from a game or practice my/our child may incur due to sickness, injury, vacation, or any other reason.
14. I/we are personally responsible and accountable for ANY social media / internet usage. Negative portrayal of ANY player, coach, parent / guardian, team, school, parent, official, administrator, facility, or any parties affiliated with SGBA, is strictly forbidden.
15. I/we also agree that if I/we fail to abide by the aforementioned rules and guidelines, I/we may be subject to disciplinary action. This action may include, but is not limited to, the following:
 - a. Verbal Warning
 - b. Written Warning
 - c. Parental Game Suspension
 - d. Parental Season Suspension
 - e. Parental Banishment

PENALTY - Any violation of the above Code of Conduct may result in a temporary or permanent banishment from any SGBA events for you and your child.

Conflict Resolution

Conflict Overview

In addition to the SGBA Code of Conduct which applies to all players, coaches, and parents/guardians, the following guidelines will be used during ANY communication and conflict resolution to include, but not limited to playing time:

- A) No parent shall confront any player in a disrespectful or intimidating manner at any time.
- B) After the 24-hour waiting period, if a parent has a need/concern they should set up a meeting with the coach to review the concern. The player must be involved in this step to ensure that the player's perception is clearly understood by both the parent and the coach/director and to insert the player in a real life problem resolution process.
- C) If a need/concern cannot be resolved with the coach, the parent is encouraged to contact the Vice President of Travel to review the concern. This step may require a meeting between parent and the coach with the Vice President of Travel serving as the facilitator. The player must be involved in this step to ensure that player's perception is clearly understood by both the parent and the coach/director and to insert the player in a real life problem resolution process.

- D) If a need/concern is not resolved via step B or C, the parent should contact the Board to present the concern to the Board for final resolution.

Discipline

SGBA coaches will have the authority to bypass playing time guidelines if they see a need to discipline. In these cases, the coach is expected to meet with the parent and player to explain the cause of the discipline as soon as possible.

If the coach needs to take additional action (suspension beyond one game) the coach should review their recommendation with the Board. Examples of incidents which could result in disciplinary action include, but are not limited to:

- A) Disrespect shown for coaches, teammates, opponents, or referees
- B) Failure to notify coach of a missed practice or arriving late for practice where the coach feels the player is unable to execute due to missed practice; or ejection from a game.

Zero Tolerance Policy

SGBA has instituted a Zero Tolerance Policy (ZTP) for all players, coaches, parents and spectators. The ZTP is a “no-exception” approach to define high-level behavioral standards and the associated penalty for any infraction of the policy. We have aligned with other Shakopee educational and athletic ZTP’s to incorporate items such as violence, weapons, drugs, alcohol, etc.

Actions which will result in a recommendation for expulsion:

- Use, possession or brandishing of a weapon will result in a recommendation for expulsion. A weapon is defined as, but not limited to, a firearm, pistol replica, starter pistol, stun gun, BB gun or pellet gun, a knife of any size or type, a dirk, dagger, razor, slingshot, any explosives or fireworks. Any object used in a dangerous manner will also be considered a weapon.
- Attempting to commit or committing a sexual assault and/or sexual battery will result in a recommendation for expulsion.

Actions which will result in a recommendation of penalty:

- Use, possession, or distribution of alcohol, tobacco (including e-cigs or vapes) illegal drugs or other controlled substances will result in a recommendation for expulsion.
- Repeated incidents of fighting, violent acts, or causing serious injury to another person will result in a recommendation for expulsion.
- Any of the above actions depicted on the person’s own or other’s social media sites, or any other social media activity which violates the SGBA Social Media Policy.

Penalties

First Violation Penalty: The person shall lose eligibility for the next two consecutive tournaments or two weeks, 14 calendar days, whichever is greater, in the current season.

Second Violation Penalty: The person shall lose eligibility for the next three tournaments or three weeks, 21 calendar days, whichever is greater, in the current season

Third or Subsequent Violation Penalty: The player will be recommended for expulsion from the program for active year.

Social Media Policy

Our commitment to the safety, privacy, and professionalism of all the members of is our top priority in the rapidly changing world of social media. We are in the process of updating our social media policy to provide additional framework and guidance to our members to live that commitment. For additional information, please see our website for more information.

Contact Information

2021 In House Director – Jason Splitt

Email – sgbainhouse@gmail.com

Board of Directors Email Addresses

For the current list of Board of Directors please visit www.shakopeebasketball.com

Website

<https://www.shakopeebasketball.com>

Other Contact Information

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