Greetings,

The National Sports Center is renting ice for youth sports practice and games. Our facility is working in accord with the guidance provided by the Minnesota Department of Health. Below are specific parameters to support youth sports in a way that will minimize transmission of COVID-19. As we continue to bring groups back into the Super Rink, we are looking to mitigate risk and reduce harm. Below are the guidelines for Super Rink use.

- For practices follow the MDH guidelines with a maximum number of 25 people in each pod.(2 pods per ice sheet)
- Make sure you’re in compliance with Safe Sport mandates (federal law).
- Remind parents or caregivers that they should not attend practices.
- Wear a mask at the Super Rink, except when on the ice.
- Maintain social distancing at all times, except when on the ice.
- Use assigned locker rooms only and maintain proper physical distancing of 6 feet.


Guidelines for the National Sports Center facilities and fields can be found here: https://www.nscsports.org/covid19-plan

Super Rink Users - please note:

- No spectators are allowed at practices – players and coaches only
- Please wait in car until 15 minutes prior to practice time – no early admission
- All Super Rink guests and staff will be temperature checked upon entry. Anyone with a temperature above 100.4 degrees will be sent home. Do not leave the parking lot until your child has been cleared.
- **Masks are required except on the ice**
- For games, 20 spectators per team/per game are allowed. They must wear a mask in the facility and stay socially distanced inside the building. They cannot enter the building until game time and must exit immediately following the game.
- LiveBarn: All games are available for viewing on LiveBarn.
The NSC Super Rink is a LiveBarn Venue. If you can't make it to the rink, you can still stay connected by watching all events Live and On Demand.

Live stream events from any LiveBarn venue  
Watch On Demand for 30 days  
Save and share 30-second highlights  
Download entire games/practices

LiveBarn is available via a monthly or annual subscription:

**Save 10% when you use promo code: a87d-ffa2**

Existing subscribers can update their promo code to a87d-ffa2 within their profile
GUIDELINES FOR SUPER RINK SKATERS/COACHES

To protect yourself and others, please operate with the following guidelines while at the rink

1) Masks are required (except on ice)
2) Maintain social distancing
3) Do not enter until 15 minutes prior to ice time
4) Come ready as DRESSED as possible
5) 10 people per locker room – extra chairs outside
6) Maintain your own equipment and water bottle
7) Wash and sanitize your hands
8) Leave 5 Minutes after practice or game
9) Have fun and be safe!

Thank you for visiting SUPER RINK
GUIDELINES FOR SUPER RINK SPECTATORS

To protect yourself and others, please operate with the following guidelines while at the rink:

1) No spectators at practice
2) Only 20 spectators per team allowed per game
3) Masks are required
4) Maintain social distancing
5) If player needs assistance, you must exit when finished
6) Do not enter facility for game until gametime
7) Wash and sanitize your hands
8) Leave IMMEDIATELY after the game
9) Have fun and be safe!

Thank you for visiting SUPER RINK