

Lakeland Arena
Atoms Learn to Play Hockey
2021-2022 Program

The Atoms - Learn to Play program is offered for 4-12 year olds on Tuesday evenings at 5:20 p.m. and Saturday mornings at 9:40 a.m.

Players are required to have full ice hockey equipment.

List of Equipment

Hockey Helmet with cage/face mask
Hockey Gloves
Hockey Pants
Protective Cup
Shin Pads
Elbow Pads
Shoulder Pads
Hockey Socks (with garter belt)
Neck Guard
Skates
Stick

Dates and Times

Tuesdays (5:20 p.m. - Ages 4-12)

Session 1: September 7, 14, 21, 28, October 5, 12, 19, 26
Session 2: November 2, 9, 16, 23, 30, December 7, 14
Session 3: January 4, 11, 18, 25, February 1, 8, 15, 22
Session 4: March 1, 8, 15, 22, April 5, 12, 19, 26 (no class on March 29)
Spring: May 3, 10, 17, 24, 31, June 7, 14, 21,

Saturdays (9:40 a.m. - Ages 4-12)

Session 1: September 11, 18, 25, October 2, 9, 16, 23, 30
Session 2: November 6, 13, 20, 27, December 4, 11, 18
Session 3: January 8, 15, 22, 29, February 5, 12, 19, 26
Session 4: March 5, 12, 19, 26, April 9, 16, 23, 30 (no class on April 2)

Cost is \$120 for 8 week session (once weekly)
Cost is \$220 for 8 week session (twice weekly)

Cost is \$105 for a 7 week session (once weekly)
Cost is \$190 for a 7 week session (twice weekly)