

ONTARIO COVID-19 ZONE REFERENCE GUIDE

Stay-at-Home (White)	Lockdown (Grey)
<p>No organized indoor or outdoor activities.</p> <p>It is against Government of Ontario regulations to gather indoors with people outside of your home. You are not permitted to participate in OVA or Club activities.</p>	<p>No organized indoor activities. It is against Government of Ontario regulations to gather indoors with people outside of your home. You are not permitted to participate in OVA or Club activities.</p> <p>Outdoor team sport training is permitted while maintaining three (3) metres of physical distancing at all times. No game play or scrimmages. Outdoor gathering capacity: Ten (10)</p>

	Control (Red)	Restrict (Orange)	Protect (Yellow)	Prevent (Green)
Indoor Activities Permitted	Yes			
Outdoor Activities Permitted	Yes			
Maximum number of participants (players, coaches, referees) <i>Unless stated otherwise by local Public Health Unit or facility</i>	10 indoor 25 outdoor	50 indoor 100 outdoor	50 indoor 100 outdoor	50 indoor 100 outdoor
Completion of OVA's Return to Volleyball Checklist Required	Yes			
Clubs own RTP protocols required to be in alignment with OVA protocols	Yes			
Clubs own RTP protocols required to be located prominently on Club website	Yes			
Club COVID-19 Safety Officer required	Yes			
Daily Screening to be completed prior to each Club activity for all participants	Yes			
Participation tracking sheet required	Yes			
Physical distancing required	Yes <i>Required at all times.</i>	Yes <i>Exception: Athletes may breach physical distancing but only during team sport play. Physical distancing must be maintained by all individuals at all times off the court.</i>		
Games and/or scrimmages	No Training ONLY that maintains physical distancing at all times.	Yes Training and game play allowed - Athletes may breach physical distancing during team sport play. Team sport play must avoid physical contact at all times (i.e. no high fives, back slapping, etc.)		
Equipment disinfecting between each practice	Yes			
League play permitted	No	Yes <i>Maximum league size - 50 participants</i>		
Travel to other zones <i>Unless stated otherwise by local Public Health Unit</i>	Yes <i>However, it is not recommended by the Government.</i>	Yes		
Maximum number of spectators <i>Unless stated otherwise by local Public Health Unit or facility</i>	No spectators <i>One (1) parent/guardian per minor</i>	No spectators <i>One (1) parent/guardian per minor</i>	50 indoor* 100 outdoor*	50 indoor* 100 outdoor*
* Spectator capacity is limited to the point which exceeds each individual unable to maintain a physical distance of at least two (2) metres.				