

# 2023 ANKENY LACROSSE PLAYER CONTRACT

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PLAYERS NAME: \_\_\_\_\_

TEAM: \_\_\_\_\_

EACH PLAYER MUST READ THE POLICIES CONTAINED IN THE PLAYER CONTRACT AND SIGN WHERE INDICATED TO ACKNOWLEDGE THE PLAYERS UNDERSTANDING AND ACCEPTANCE OF THESE POLICIES.

1. **ATTENDANCE:** I understand and accept the importance of practice and game attendance and will make every reasonable effort to attend all scheduled practices and games and to notify my head coach, in advance, if I cannot attend a practice or game.
2. **TEAM EQUIPMENT:** I understand that I will not leave the playing field until all team equipment is put away when practices or games are finished.
3. **PLAYING TIME:** I understand and accept that the coach may not give all players an equal amount of playing time and the decision about playing time is at the sole discretion of the coaching staff. Approaching the coach during or immediately after a game is not acceptable. Setting up a separate time to discuss the subject with the coach may be acceptable.
4. **LACROSSE RULES:** I understand and accept the responsibility:(1) to learn and abide by the rules of lacrosse set out in the US Lacrosse rule book;(2) to ask questions of my coach or other league officials for clarification when necessary; and (3) to use all mandatory equipment in the proper manner and to notify my coach if any equipment becomes illegal to use during a game.
5. **LEAGUE POLICIES:** I understand and accept I must abide by the League Policies posted on the NELAX site, Nebraskalax.com AND/OR the ILax site, iowa-lacrosse association.leaguemanagement.uslacrosse.org
6. **SAFETY:** I understand and accept that at all times. I will wear protective gear (mouthguards, goggles, chest pads, helmets, etc.) I understand coaches have the right to keep me out of a practice or game if my safety equipment isn't being worn.
7. **ELIGIBILITY:** I understand and accept that my grades will be in line with my school's extracurricular participation policy.
8. **SPORTSMANSHIP:** I understand and accept that Ankeny Lacrosse requires that an atmosphere of good sportsmanship be maintained at all athletic competitions and that unsportsmanlike conduct will not be tolerated, and the NFHS Rule 5, Section 9 will be enforced:  
No player, substitute, non-playing member of a squad, coach or anyone officially connected with a competing team shall:
  1. Enter an argument with an official as to any decision that has been made or in any way attempt to influence the decision of an official.

2. Use threatening, profane or obscene language or gestures any time during the game.
3. Bait, taunt, call undue attention to oneself, or any other act considered unsportsmanlike by the officials.

9. **HARASSMENT:** I understand and accept that any form of physical or verbal assault, bullying or harassment of another Player, Coach, Official or Spectator is strictly forbidden. **THIS PROHIBITION EXTENDS TO ELECTRONIC MEDIA SUCH AS TEXTS, EMAILS AND ALL SOCIAL NETWORKS.**

10. **FIGHTING:** An individual participating in an in-game fight, or any other action deemed flagrant misconduct, will be ejected from the current game and the following game on the first offense. If the offense is deemed to be excessive, a vote to extend the suspension or revoke club membership may be raised by the Ankeny Board. Any further offenses will result in an indefinite suspension and a review by the board before being allowed to play in the club again. Suspensions will carry into the following season(s).

11. **SUBSTANCE ABUSE:** I understand that Ankeny Lacrosse prohibits the use of alcohol, tobacco, nicotine products, illegal substances, or non-prescription drugs known to be detrimental to individuals and the teams they represent on or off the field. Any player who is observed by his/her own parent or guardian, a law enforcement official, or admits to, or who is otherwise found by the board to have violated this rule will result in an immediate indefinite suspension\* and/or expulsion from the club for any of the following behaviors:

1. Possession, use, under the influence, or purchase of tobacco products or imitation tobacco substances, regardless of age
2. Possession, use, under the influence, or purchase of alcoholic beverages
3. Possession, use, or purchase of e-cigarettes, or components (battery, atomizer, cartomizer, and/or clearomizer) or "look alike" substances that appear to be tobacco, beer, wine, alcohol, or controlled substances
4. Possession, use, under the influence, or purchase of over the counter or prescription drugs when used for improper purposes, or other controlled substances.
5. Possession, use, under the influence, or purchase of illegal drugs
6. Manufacture, sell, distribute, or transmit illegal drugs, controlled substances, imitation controlled substances, drug paraphernalia, tobacco, imitation tobacco substances, alcoholic liquor, wine, beer, or any controlled substance "look-alike" substances

A player in the company of another player who is openly violating this rule will also be considered in violation of this rule and subject to suspension\* and/or expulsion from the club as well.

\*The length of the suspension will be for the remainder of the season by default but may be amended by the board if the case is reviewed and a more appropriate suspension length is warranted.

\*It is understood that if I have violated any of the above terms of this agreement and am not immediately terminated, I agree to the following steps: 1st -Verbal warning by HALO, 2nd-Written warning by HALO, 3rd-Immediate suspension and/ or expulsion from the Ankeny club.

**I, the undersigned, have read and agree to comply with the terms of this Player Contract. I agree that if I am removed from my team's roster for disciplinary reasons, I will not be entitled to any refund of fees paid to Ankeny Lacrosse.**

# ANKENY LACROSSE PARENT CONTRACT

In recognition of my child being accepted to participate in Ankeny Lacrosse, I (we) agree to read and follow the standards listed below. Please sign at the end, and return to the coach or appropriate volunteer.

1. In recognition of my child being accepted to participate in Ankeny Lacrosse, I (we) agree to read and follow the standards listed below. Please sign at the end, and return to the coach or appropriate volunteer.
2. I (we) will “Honor the Game.” I (we) will show respect for all involved with the game including  
coaches, players, opposing fans, table crew, and officials.
3. I (we) will place the emotional and physical well being of my child ahead of a personal desire to  
win.
4. I (we) will not drink alcohol at games and/or competitions or come to games and/or competitions  
having had too much to drink. Also remember that smoking and use of tobacco are prohibited at  
Ankeny fields, Ankeny schools, and also at many of our competitor’s fields and/or schools.
5. I (we) will help when asked to by a coach, official or Game Monitor.
6. I (we) will not confront officials or the opposing team during or after the game, either on the field or in the immediate vicinity (such as parking lot).
7. I (we) will support coaches and officials working with my child in order to encourage a positive and enjoyable experience.
8. I (we) understand that games can be exciting for my child as he/she deals with the fast-paced action of the game, responds to opponents, referees, teammates, and listens to the coach. I (we) will not yell out instructions. During the game, I (we) will make only sportsmanlike comments that encourage my child and other players on both teams.
9. I (we) agree to follow the “24 Hour Rule”: If you have a SIGNIFICANT complaint resulting from a game or practice situation please contact the Coach the next day (preferably by email) and arrange a suitable time to discuss your complaint in a mutually respectful manner. Please respect that our coaches are working with a large number of players and that they most likely have “day jobs” and families of their own.

I have read and agree to comply with the terms of this Parent Contract