

2019 MISSOURI USA WRESTLING

CADET & JUNIOR NATIONAL TEAM Fargo, ND

Thank you for your interest in participating on the Missouri National Team. In this packet of information you will find all the important dates, details for qualifying for the team, and cost. The cost of the trip will cover: entry fees, transportation, uniform package, coaching, and meals and lodging at Fargo. The Freestyle and Greco team will leave on Thursday, July 11. (You will be responsible for your transportation to the departure site, as well as, from the bus drop site to your home when we return). Please fill out all paperwork online with your deposit to hold your potential spot on the team. This deposit and application form has to be returned no later than Monday, June 3, 2019. Your balance will be due no later than Wednesday, June 26, 2019. **If you miss these deadlines you will forfeit your spot on the team and it will be assigned to another wrestler.**

Cost

One Style-\$900

Two Styles-\$1050

Fargo Registration will be on front page of Missouri USA Wrestling
www.missouriusawrestling.org

All forms will be filled out online.

Event schedule

<https://usawevents.sportngin.com/page/show/1019348-event-schedule>

If you have any question you can contact National Teams Director Reggie Burress at (816) 261-0564 or email pcwrestling1114@gmail.com

Fargo Schedule for Cadets and Juniors is as follows. This year Freestyle will be wrestled first followed by Greco. The buses will leave on Thursday, July 11th and head straight to Fargo, ND. Athlete's not wrestling Greco will leave for Missouri following Junior Freestyle place matches (Tuesday, July 16th).

The team will stay at the following Hotel in Fargo

Biltmore on Main Hotel & Suites

3800 Main Ave

Fargo ND 58103

FREQUENTLY ASKED QUESTIONS

JUNIOR/CADET NATIONALS FARGO ND

1. How do I qualify to be considered for Team Missouri at the National Tournament?

There are three ways to qualify for the team:

A. Win the MO USA State FS/GR Championship **at the weight and style you competed at in that tournament** and you will be guaranteed one of the four spots that Missouri is allotted per each weight class and style at Fargo.

B. Qualify by finishing in the top 4 at any USA FS/GR Regional Tournament at **any weight class**. Regional qualifiers do not count against our state allotment and you do not have to wrestle at the same weight class at Fargo that you placed in the regional.

C. Claim one of the 3 additional state spots per weight and style by signing up and finishing in the top 3 in a wrestle off if needed.

2. Once I have qualified to be on Team Missouri by winning state or placing at a regional or I decide I would like to be considered for one of the additional 3 national team spots at each weight and style to go to Nationals what do I need to do? Fill out all the necessary paperwork online and submit it with a \$250.00 deposit to Missouri USA Wrestling.

3. What are the deadlines to make my decision?

All paperwork (Will be submitted online with registration) and deposits have to be submitted **NO LATER** than Monday, June 3, 2019. **(NO EXCEPTIONS) FINAL Payment** is due no later than Wednesday, June 26, 2019. **(NO EXCEPTIONS)** If you miss this deadline you will lose your spot on the team and the next alternate will be added. (Please note that no payments will be accepted after this date or at the bus before you depart).

4. Why are these deadlines so early and no exceptions can be made?

We have to have time to get all uniforms ordered so we can get them back before we depart. We have to secure and finalize travel plans and accommodations as well as making sure we have enough coaching and supervision for all participants.

5. If I decide not to attend after I have submitted my deposit can I get my deposit back?

All deposits are non-refundable. We require the deposit because we also have to start paying deposits, and in some instances, we have to prepay for things we use during the trip in full. The deposit helps the organization offset some of the cost we have to pay. Some of the costs we incur are transportation, uniforms, lodging and food during training camps, room and board in Fargo, and the tournament entry fees. Many of these expenses are due before we leave Missouri. The only exception would be if you failed to earn a spot on the team during a wrestle-off then your deposit would be refunded.

6. How much will it cost to attend Freestyle and Greco Nationals?

We have changed our fee structure this year to attend Fargo to give incentives to those wrestlers that compete at State, Regional, and National events. The fee structure will be:

COST TO ATTEND JUNIOR/CADET NATIONALS

\$1050.00 for both styles. \$900 for one style

You will receive the following credits off the price above if you meet the criteria:

- a. \$50 credit for Dual Team member
- b. \$100 credit for a returning All-American (credit only given 1X)
- c. \$50 credit for a Regional Qualifier (credit only given 1X)
- d. \$50 credit for State Champion (competing at the weight you won State, \$50 max)

These credits will be refunded back to you with-in five days of your full payment for Fargo. These refunds will begin on June 28, 2019.

7. Can my child spend the night in our hotel instead of with the team?

NO! They are there as part of team Missouri and you have entrusted them into our care. We have nightly team meetings, morning roll call and weigh-ins, etc. Our past success has been built on the team concept. They are there not only to wrestle but also to support their teammates. We feel it is important for them to have the total team experience that they stay with the team at all times. Some years we have had close to 100 wrestlers with us as a team. What may seem a small thing to you and your child has a ripple effect for our coaching staff when trying to make sure we are providing a safe environment for all our wrestlers. We appreciate your cooperation with this!

8. Can I take my child with me when he is finished wrestling?

Yes, but only after they have been released by the Team Leader or the Head Coach into your care and you have officially signed them out. They also have to have officially check out of the hotel. We will not release any wrestler to anyone other than a parent without prior consent!

NATIONAL TEAMS BUS SCHEDULE FOR FARGO

We will have three pick up sites for the trip to Fargo. Please plan to be at all pick-up sites 20 minutes early. If you miss your pick-up site you will need to try and get to the next available site before the bus leaves that pick-up site.

If you are wrestling Freestyle or Greco you will be leaving July 11, 2019.

First Stop-----Thursday, July 11, Wentzville, MO

Location: Exit 208 Wentzville Parkway to Southeast Outer Road to Rural King parking lot under the sign.

Time: 6:00 am

Second Stop-----Thursday, July 11, Columbia, MO

Location: Exit 124 Stadium Blvd. NW Corner of the Holiday Inn Select

Time: 8:00 am

Third Stop-----Thursday, July 11, Independence, MO

Location: Independence Shopping Center, east side by the Macy's Store

Time: 10:00 am

Team will stop and workout on the way to Fargo the location is TBD.

We will stop on the way to eat so the wrestlers will need money for this meal

If you are wrestling **Freestyle Only** you will be returning Tuesday, July 16th. Wrestlers will call to give you an estimate of when they will be at the drop of location. Greco wrestlers will return on Friday, July 19th. Wrestlers will call when leaving Fargo and give the parent an estimated time of arrival at the drop off location.

ITEMS YOU NEED TO BRING

Plenty of work out cloths
Socks/underwear
Wrestling gear (shoes, headgear)
Running shoes
Toiletries (including soap, shampoo, deodorant, toothpaste, toothbrush, etc.)
Appropriate doctor notation on letterhead or prescription pad stating that the skin/medical condition is non-contagious and the required NFHS form for ringworm or any other medical problem that may be a potential issue at the medical/skin check in Fargo
Alarm Clock
Phone Charger

All Forms will be filled out online during registration. The following forms are for informational purposes.

National Team Form

2019

Name: _____

Phone: _____

Address: _____

Email: _____

City: _____

USA Card #: _____

Zip: _____

DOB: _____

I plan to wrestle the following weight and style(s)

_____ Greco ~ Weight _____

_____ Freestyle ~ Weight _____

Pick up location: Wentzville Columbia Kansas City (For Fargo Only)

Emergency Contact & Number: _____

Shirt Size _____

Shorts Size _____

Singlet Size _____

MISSOURI USA WRESTLING
CODE OF CONDUCT
ATHLETES

Participation in activities of MISSOURI USA WRESTLING for teams organized, sponsored, or sanctioned by MISSOURI USA WRESTLING and competitions, camps, clinics, or appearances for, on behalf of or in representation of MISSOURI USA WRESTLING, is an honor and a privilege. In consideration of the foregoing, I acknowledge, understand, and agree to abide by and uphold the spirit of this Code of Conduct, which offers a general guide to my conduct. Therefore, I pledge and agree to the following:

1. I will at all times display the conduct expected of me as a representative of MISSOURI USA WRESTLING, act in a sportsmanlike manner consistent with the spirit of fair play and conduct myself in a manner that will not in anyway bring disrespect, or dishonor to either myself, MISSOURI USA WRESTLING, or the athletes or other representatives of MISSOURI USA WRESTLING.
2. I will conform to all applicable local, state, and federal laws and regulations, and any rules, regulations, and codes that may be established for competitions, camps, clinics, appearances or other events, programs, and activities in which I participate.
3. I will respect the property of others, whether personal or public.
4. I will respect members of MISSOURI USA WRESTLING teams and delegations, other teams and delegations, spectators, coaches, trainers, administrators, and officials, and engage in no form of verbal, physical, or sexual harassment, or abuse. I will not engage in any inappropriate behavior with athletes, coaches, trainers, administrators, officials, or volunteers, nor will I use or attempt to use my position to exert undue influence or to seek unfair advantage over others, including athletes.
5. I will follow my MISSOURI USA WRESTLING delegation rules including, by way of example, for participation in or attendance at Events, practices, team meetings, travel, accommodations and curfews, official ceremonies, and public relations assignments.
6. In addition to the foregoing, but not by way of limitation, the following could

result in disciplinary proceedings:

- A. Transporting, possession, or use of alcoholic beverages, illegal drugs, any IOC-banned medication or substances, or any other substances or procedures in violation of the USOC National Anti-Doping Program. Any athlete found to be in violation of this provision will immediately be removed from further participation in this Event and is subject to further disciplinary actions as prescribed below.
 - B. The use or possession of tobacco, or tobacco products.
 - C. Any physical damage to facilities, equipment, furnishings, or loss of items in a room where I am lodged, which will be paid for by those individuals assigned to the room in which the damage or loss occurs, including willful destruction of property (including that caused by horseplay, fighting, etc.)
 - D. Any act considered being an offense under federal, state, or local laws; or a violation of the applicable rules, regulations, or codes of MISSOURI USA WRESTLING, USA WRESTLING, or the organizer of an Event in which I participate.
 - E. Gross misconduct (i.e. inappropriate horseplay, theft, fighting, etc.)
7. I realize and understand that if I violate this Code of Conduct I will be subject to disciplinary action in accordance with the disciplinary procedures of MISSOURI USA WRESTLING. I also understand while I am in attendance at an Event, discipline may be imposed by the team or delegation leader or other responsible person(s) at the Event. The consequences of my actions could possibly affect my opportunities to participate for MISSOURI USA WRESTLING and my membership in MISSOURI USA WRESTLING in the future. Disciplinary action could include, but not by way of limitation, any one or more of the following:
- A. Dismissal from a MISSOURI USA WRESTLING delegation.
 - B. Expulsion from an Event and being sent home immediately, or other restrictions on activities.
 - C. Denial of participation in future Events.
 - D. Requirements to issue written or verbal apologies.
 - E. Suspension or expulsion from MISSOURI USA WRESTLING or from MISSOURI USA WRESTLING programs and activities.

I recognize that this Code of Conduct does not establish a complete set of rules, which prescribes every aspect of appropriate behavior.

MISSOURI USA WRESTLING

2019 CADET NATIONAL/JUNIOR NATIONAL TOURNAMENT

I have read the code of conduct and understand that I will be held responsible for any violations of this code. Further, I accept any disciplinary measures as deemed appropriate by Missouri USA Wrestling and accept to reimburse Missouri USA Wrestling for any financial responsibilities due to these disciplinary measures.

Athlete's Signature

Date _____

Parent or Guardian Signature

Date _____

2019 CADET NATIONAL/JUNIOR NATIONAL TOURNAMENT

TRANSPORTATION RELEASE

I hereby give my permission for my child, _____ to travel via motor coach with Team Missouri to participate as a member of Team Missouri. Missouri USA Wrestling in connection with the 2018 National Wrestling Tournaments sponsors this trip. In signing this agreement, I hereby release and waive any claims with respect to any loss incurred during or in connection with this trip to USA Wrestling, Missouri USA Wrestling, Inc., or the Officers, Directors, or membership of Missouri USA Wrestling, Inc.

Athlete's Signature

Date _____

Parent or Guardian Signature

Date _____



MEDICAL CONSENT

Parent or Guardian of minor must read and complete the following:

Without this signed authorization from the parent/guardian, hospitals in many states are obligated by law to delay treatment of a come start's injury or illness until the parents can be reached by telephone and their permission granted to begin treatment. Such a delay can prove unnecessarily painful and even dangerous to the athlete, particularly if the parents cannot be reached immediately. To avoid such delays, the parent/guardian should check one of the options below and endorse the selection with his/her signature.

Check one:

If my child needs medical attention, it is my wish that I be contacted before any medical procedures are begun, unless immediate medical treatment is necessary to save my child's life or prevent permanent injury in which event I authorize all necessary treatment.

If my child, named above, needs medical treatment during this event, it is my wish that the necessary treatment be initiated while efforts are being made to contact me. So that treatment of my child will not be delayed, I consent to any medical procedures that the physician believes my child needs, on the understanding that efforts will continue to be made to reach me. I accept responsibility for all costs related to such treatment.

Adult athletes hereby authorize and consent to emergency medical treatment. Exceptions — List any medical procedures that you do not want performed unless specific approval is received:

EVENT NAME _____

Name _____

USAW/ Card # _____

Address _____

City _____

State _____ Zip _____

Phone _____ Birth Date _____

E-mail _____

Grade _____ Weight Class _____

School/Club _____

Please enter the age-group, style and gender that you plan to participate at the listed Event above.

Age Group _____

Style _____

Gender _____

Name of Primary Insurance Company _____

Policy # _____

Address _____

Family Doctor _____

Phone _____

Presently on any medication? _____

If yes, please list medication(s) _____

Drug Sensitivities or Allergies _____

Special Medical Conditions _____

Please indicate another person to call in case of emergency

Name _____

Phone _____

PARTICIPANT ACKNOWLEDGES THAT PARTICIPANT HAS READ, UNDERSTANDS AND AGREES TO THE PROVISIONS OF THIS DOCUMENT AND UNDERSTANDS THE PURPOSES, MEANING AND EFFECT.

SIGNATURE OF PARTICIPANT _____ DATE _____

SIGNATURE OF PARENT/GUARDIAN _____ DATE _____



CONSENT AND RELEASE FORM

In consideration for the opportunity to participate at a USA Wrestling sanctioned and/or Official Championship Event (the "Event"), the undersigned and his/her parent or guardian, if applicable, Participant hereby acknowledges that the "Event" is a risk activity and that the undersigned and/or guardian, if applicable, understands and agrees to participate in the event and/or to be broadcasted, videotaped, photographed and/or otherwise disseminated (collectively, "Dissemination") in a manner not inconsistent with applicable rules of The United States of America Wrestling Association, Inc. (the "USAWA") and/or the Federation Internationale des Luttes Assolues ("FILAE") and hereby consents that USAWA, for purposes of USAWA's athletic/sports programs and related events and activities, and dissemination of USAWA's athletic/sports programs and related events and activities, may use, disseminate, and/or disseminate for such purposes and/or their licensees, shall have the right, without any compensation to participant, to use Participant's name, photograph, image, likeness, biography and accomplishments and to disseminate such information in any Dissemination of the Event and for the purpose of advertising, promoting and publicizing the events and activities of USAWA and the program and/or any program series of which any Dissemination of the Event is a part provided that none of the above shall be used in any Dissemination of the Event in a manner that is defamatory, defamatory, libelous, obscene, or on behalf of Participant and Participant hereby agrees, for and on behalf of Participant and his/her parent or guardian, to release, indemnify and hold harmless USAWA and its officers, directors, agents, employees and licensees from any claim of any nature based upon or arising out of any Dissemination of other permitted uses contemplated by this Consent and Release.

PRINT Name of Participant _____ DATE _____

SIGNATURE OF PARTICIPANT/GUARDIAN _____ DATE _____

ASSUMPTION OF RISK, CODE OF CONDUCT & RELEASE OF LIABILITY WAIVER

IN CONSIDERATION FOR THE OPPORTUNITY TO PARTICIPATE IN THE EVENT described below, PARTICIPANT acknowledges, agrees and affirms the following:

- The following words used in this document will have the meaning indicated:
 - "EVENT" shall mean any USAWA sanctioned and/or Official Championship Event.
 - "USAWA" shall mean The United States of America Wrestling Association, Inc. (d/b/a USA Wrestling, Inc.), and its directors, officers, members, employees, coaches, committee, clubs, athletes, agents and their licensors and assignees.
 - "EVENT ORGANIZER" shall mean any individual, committee or any one person or entity responsible for the organization and/or management of the EVENT, including any director, officer, member, official, agent, employee, licensee or their licensor and assignees.

D. PARTICIPANT'S liability shall be held individual and complete or limited in the EVENT and his/her parent, guardian, or assignees; his/her personal representative and the licensor of assignees;

E. PERSONAL INJURY: shall mean and include any bodily injury, permanent, temporary, total or partial disability, paralysis, dismemberment, or death.

F. PROPERTY DAMAGE shall mean and include damage or destruction to PARTICIPANT'S gear, equipment and all other personal property of the Participant.

G. MEDICAL TREATMENT shall mean and include all medical, dental, chiropractic, physical, or other procedures, hospitalization, recovery, and/or rehabilitation in connection with or resulting from any participation in the EVENT.

H. LOSS shall mean and include any and all liability, loss, damages, lawsuits, litigation, reasonable costs and attorney's fees, which are settled or resolved or not settled or judgment rendered by a court of law.

I. MEDICAL TREATMENT TO PARTICIPANT, OTHERS, AND WRESTLERS are included in the course of PARTICIPANT'S preparation for, participation and involvement, and travel to or from the EVENT or the conduct and management of the EVENT.

2. By signing a sanction for the EVENT, USAWA is not responsible or liable for the management or conduct of the EVENT, unless USAWA has otherwise expressly agreed in writing to serve in such role.

3. PARTICIPANT understands and appreciates the risks of serious injury that may occur in the sport of wrestling or in the course of preparing for, participating in and traveling to or from the EVENT, and that such activities may involve risks, including PERSONAL INJURY.

4. PARTICIPANT knowingly and voluntarily assumes all such risks of LOSS and all legal and financial responsibility therefor.

5. USA Wrestling (USAW) is committed to providing a safe environment for its athletes and to ensure a safe conduct and harassment in any form while participating in the activities of USAW. USAW promotes good sportsmanship throughout the organization and encourages qualities of mutual respect, courtesy and tolerance in all members, participants, coaches, officials, staff and volunteers. USAW advocates building strong self-images among participants. Athletes with a strong self-image may be less likely to engage in abuse or harassment, similarly, they may be less likely to engage in abuse or to harass or bully others around them.

To the end, USAWA has established the following guidelines of behavior. All members of the organization, as well as parents, spectators and other members are expected to observe and adhere to these guidelines.

Harassment and abuse are defined in various sources such as state law, case law, sports organization and professional organizations. Harassment is the use of abusive, insulting, threatening, or otherwise disrespectful language, documents, and human rights commission materials. USAWA has not adopted any specific definition of harassment or abuse, although it is intended to refer to such general sources and definitions for reference and application, depending on the circumstances. As further elaboration or examples given above, the following generally describe conduct that may be considered harassment or abuse:

-Any improper or inappropriate comment, action or gesture directed toward a person or group that is related to race, ethnicity, national origin, religion, age, gender, sexual orientation, disability or other personal characteristic.

-Creating an environment through behavior or course of conduct that is insulting, intimidating, humiliating, demeaning or offensive.

-Harassment usually occurs when one person engages in abusive behavior or asserts unwarranted power or authority over another, whether intended or not, and may include, for example, name-calling, threats, belittling, unwelcome and excessive comments, touching, or sexual advances or pressure to perform or succeed.

-Harassment includes child abuse.

-Child abuse can include physical contact – or the threat of it – that intentionally causes psychological injury to a child. This may include, for example, hitting, shaking, kicking, shoving, forcing an athlete to wrestle when injured or mandating excessive exercise as a form of punishment. It may also include touching for the purpose of causing sexual arousal or gratification that involves a child, rape, incest, fondling, exhibitionism and sexual exploitation. It may also include chronic attacks on a child's self-esteem, such as psychological abuse, or behavior consisting of making embarrassing statements, racist comments, threatening, stalking, hazing and isolating.

6. PARTICIPANT releases, waives any claims and promises not to sue the EVENT ORGANIZER and/or USAWA with respect to any LOSS incurred by or in connection with his/her participation in the EVENT or in connection with the management of the EVENT and the conduct and management of the EVENT ORGANIZER, except any LOSS which is the result of gross negligence and/or willful or wanton misconduct by the EVENT ORGANIZER. PARTICIPANT further agrees to hold harmless and indemnify the EVENT ORGANIZER and/or USAWA from any claims brought against the EVENT ORGANIZER and/or USAWA resulting from, arising out of or in any way associated with any LOSS.

7. Prior to participating in the EVENT, PARTICIPANT shall have the right to inspect the facilities and equipment to be used and, if PARTICIPANT discovers any condition which he/she reasonably believes to be unsafe, PARTICIPANT will immediately advise the EVENT ORGANIZER in writing of such condition and not participate in the EVENT so long as such condition exists.

BY SIGNING THIS DOCUMENT, PARTICIPANT ACKNOWLEDGES HE HAS READ AND UNDERSTOOD ITS MEANING AND CONTENT.

PRINT Name of Participant _____ DATE _____

SIGNATURE OF PARTICIPANT _____ DATE _____

SIGNATURE OF PARTICIPANT/GUARDIAN _____ DATE _____

Authorization for Minor Participation in Abuse Prevention Training

I, the undersigned, certify that I am the parent or legal guardian of the below named Minor Athlete). I understand that my permission and authorization is required in order for Minor Athlete to be trained in abuse prevention by taking the U.S. Center for SafeSport Training online (the "Training"). I also understand that Minor Athlete will not be permitted to register, take the Training, or become a member of USA Wrestling, unless I provide my permission by signing this Authorization. In connection with and in consideration of Minor Athlete's participation in the Training, I, on behalf of Minor Athlete and myself, my heirs, personal representative(s) and assign(s) hereby represent and agree as follows: 1) I agree to allow the Minor Athlete to attend and participate in the Training; 2) I authorize the release and disclosure of Minor Athlete's name, training date, national governing body, and other relevant information, as needed, to authorized third parties (e.g., the U.S. Olympic Committee, the U.S. Center for SafeSport, etc.) for the purposes of demonstrating that Minor Athlete has completed the Training; 3) I agree to release USA Wrestling and their respective officers, directors, employees, agents and volunteers from any and all liabilities, damages, losses and/or causes of action (collectively, "Claims") that I may or Minor Athlete may suffer or have, including without limitation, to our persons or property or both, which arise out of, are related to or in connection with, or occur during Minor Athlete's participation in the Training except to the extent any such Claims are caused by the gross negligence of willful misconduct of USA Wrestling; and 4) I agree that this Authorization shall be governed by the laws of the state of Colorado without giving effect to any choice or conflict of law principles, and if any portion of this Authorization is held invalid, the remainder of the Authorization shall continue in full force and effect. I certify that I am 18 years of age or older and the parent or legal guardian of the Minor Athlete. In addition, I certify that I have read, fully understand, and agree to the terms of this Authorization, and I sign it voluntarily with the full knowledge of its significance.

Signature

Minor Athlete Name
Parent or Legal Guardian Printed Name

Date Parent or Legal Guardian