



NORTH SHORE

Whitecaps

BASEBALL

2019 Program Overview

Fall

There will be several practices during the month of September. These practices will be used to get to know the Whitecap Way.

Off-Season Program

Starting in October, a flexible, focused Off-Season Training Program will be offered in collaboration between North Shore Whitecaps and Milwaukee Baseball Academy. Sessions include training in pitching, hitting, catching and overall athletic conditioning. Whitecaps player fees do not include this program but Whitecaps players will receive a discounted rate on on their sessions. This program is not required for players but coaches strongly recommend participation, as the players who participate have a baseball-ready edge once team practices begin in January.

Winter Practices

There will be indoor practices per week starting in January and will move outdoors when weather allows. The head coaches of each team will lead these practices. Parents are welcome to stay and lend a hand during these drills.

Spring and Summer--(Regular Season)

Our practices will move outdoors as soon as the weather and field conditions permit. We will practice, scrimmage or play a league game at least 2 times per week. This will help us focus on the

development of the player's skills by using mass repetitions during practices, while gaining important situational game play experience as well.

League Play: Games are during the week and may or may not take the place of a practice day.

Tournaments: We will sign up for 5 – 8 tournaments per team depending on teams' overall schedules.

The season will typically end in the middle of July. Please plan camps and vacations after the 15th of July.

North Shore Whitecaps Volunteer Policy and Opportunities

The North Shore Whitecaps is a volunteer non-profit organization run by a volunteer Board of Directors. The successes of its programs largely rest on the tireless efforts of volunteers. It is the goal of the North Shore Whitecaps to have every family volunteer to help with the operation and overall improvement of the organization. With that being said, we understand that not all families have the time available to volunteer and for those families we offer a volunteer buyout option.

The volunteer fee is \$200 per family and payable by all families at the time of registration. Our goal is to refund all volunteer fees. The organization would rather have your time than the \$200. Refunds of the volunteer fee will be made in June. You must have paid the fee to receive a refund. If you choose the buyout option, you will receive a tax deductible donation letter, also in June.

Volunteer positions include:

- Board Member, by invitation from club president only
- Team Positions:
 - Team Manager (1 per team)
 - Parent Coaching Assistant (2 per team, maximum, and selected by coaches)
 - Team Scorekeeper (1 per team)
 - Team Social Media Coordinator (1 per team)
 - Outdoor Field Prep Coordinator (1 per team)
- Outdoor Facilities
- Indoor Facilities
- Dining Out Fundraiser Coordinator
- Sponsorship
- Coffee Sale Coordinator
- Silent Auction Coordinator
- Tryout Volunteers
- Team Pictures Coordinator

Fundraising

Player fees only cover a portion of the expenses incurred to operate the North Shore Whitecaps each year. Therefore, there will be a minimum of 2 mandatory fundraisers during the season, such as the Colectivo Coffee sale. All players are expected to participate in this team and character building effort.

