



# COVID-19 Preparedness Plan

## WAYZATA GIRLS BASKETBALL ASSOCIATION (WGBA)

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### Overview

WGBA is committed to providing a safe and healthy workplace for all our athletes, coaches, families, visitors, and volunteers. To ensure we have a safe and healthy program, WGBA has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Coaches, parents, players, and volunteers are all responsible for implementing this plan.

Our goal is to mitigate the potential for transmission of COVID-19 in our programs and communities, and that requires full cooperation. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our program.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending any WGBA event, you voluntarily assume all risks related to exposure to COVID-19 and agree not to hold WGBA or its officers, directors, employees, or volunteers liable for any illness or injury.

While we are employing safety and sanitation procedures as recommended by the CDC and Minnesota Department of Health, where we bear responsibility, we cannot guarantee that any of these measures will completely protect you. You agree to accept all responsibility for the risk that you may contract COVID-19.

## Section 1: WGBA COVID-19 Guidelines

PLAYERS	
MANDATORY	RECOMMENDED
<ul style="list-style-type: none"> <li>● Face Coverings               <ul style="list-style-type: none"> <li>• Entering and exiting any facility for practices, games, and tournaments</li> <li>• <b>At all times on a court</b> (court, bench, hallways, concourses, restrooms, etc)</li> </ul> </li> <li>● Sanitizing               <ul style="list-style-type: none"> <li>• Entering and exiting the facility for practices, games, and tournaments</li> <li>• Before and after practices and games</li> </ul> </li> <li>● Snacks/Drinks               <ul style="list-style-type: none"> <li>• No sharing of snacks or drinks</li> <li>• All players <b>MUST</b> bring their own filled water bottle, labeled with their name, to all practices and games/tournaments</li> </ul> </li> <li>● Equipment               <ul style="list-style-type: none"> <li>• Players must bring their own basketball to all practices</li> </ul> </li> <li>● Social Distancing               <ul style="list-style-type: none"> <li>• Team benches for games and tournaments will be spaced to allow for social distancing</li> <li>• Exit facility immediately following practices and games</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Face Coverings               <ul style="list-style-type: none"> <li>• Anytime within 6 feet of another person and not actively participating</li> </ul> </li> <li>● Contact               <ul style="list-style-type: none"> <li>• Refrain from high fives, handshake line and any other contact with coaches, players, refs and spectators</li> </ul> </li> </ul>

COACHES	
MANDATORY	RECOMMENDED
<ul style="list-style-type: none"> <li>● Face Coverings               <ul style="list-style-type: none"> <li>• Required at all times within any facility</li> <li>• May <b>NOT</b> be temporarily removed when participating in organized sports while the level of exertion makes it difficult to wear a face covering</li> </ul> </li> <li>● Sanitizing               <ul style="list-style-type: none"> <li>• Entering and exiting the facility for practices, games, and tournaments</li> </ul> </li> <li>● Social Distancing               <ul style="list-style-type: none"> <li>• Exit facility immediately following practices and games</li> <li>• Post-game meetings must be brief or held outside when weather permits</li> </ul> </li> <li>● Scrimmaging against other teams, whether WGBA or otherwise, is strictly prohibited</li> </ul>	<ul style="list-style-type: none"> <li>● Equipment               <ul style="list-style-type: none"> <li>○ Limit use of shared equipment during practices, such as basketballs and training aids</li> </ul> </li> <li>● Contact               <ul style="list-style-type: none"> <li>• Refrain from high fives, handshake line and any other contact with coaches, players, refs and spectators</li> </ul> </li> </ul>
<b>PARENTS/GUARDIANS/SPECTATORS</b>	

MANDATORY	RECOMMENDED
<ul style="list-style-type: none"> <li>● Parents, guardians, and spectators are not allowed at any practices               <ul style="list-style-type: none"> <li>● Coaches and players only for grades 4+</li> <li>● One parent per child will be allowed for Junior Jammers and 2<sup>nd</sup>/3<sup>rd</sup> grade rec</li> </ul> </li> <li>● Parents, guardians, and spectators are allowed one (1) admission per player at all Rec Games (TBD)               <ul style="list-style-type: none"> <li>● All grade levels</li> </ul> </li> <li>● Face Coverings               <ul style="list-style-type: none"> <li>● Required at all times within any facility</li> </ul> </li> <li>● Social Distancing               <ul style="list-style-type: none"> <li>● Seating at designated spots (chairs and/or bleachers depending on facility)</li> <li>● Refer to program specific guidelines for how and when to enter/exit facilities</li> <li>● Exit facility immediately following the conclusion of programs/games</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Sanitizing               <ul style="list-style-type: none"> <li>● Entering and exiting the facility for practices, games, and tournaments</li> </ul> </li> <li>● Contact               <ul style="list-style-type: none"> <li>● Refrain from high fives, handshake line and any other contact with coaches, players, refs and spectators</li> </ul> </li> </ul>

SELF-SCREENING – EVERYONE ENTERING A FACILITY	
MANDATORY	RECOMMENDED
<p>Conduct a pre-activity self-screening before participating or attending any WGBA practices/games/tournaments. If you or your player answers yes to any, please stay home.</p> <ul style="list-style-type: none"> <li>● Do you have a temperature of 100.4 (F) or higher?</li> <li>● Do you have a new or worsening cough?</li> <li>● Do you have any of these other symptoms?               <ul style="list-style-type: none"> <li>● Shortness of breath or difficulty breathing</li> <li>● Fatigue</li> <li>● Muscle or body aches</li> <li>● Headache</li> <li>● New loss of taste or smell</li> <li>● Sore throat</li> <li>● Congestion or runny nose</li> <li>● Nausea or vomiting</li> <li>● Diarrhea</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Tryouts               <ul style="list-style-type: none"> <li>○ Due to the volume of players during tryouts, WGBA will be conducting temperature checks upon entry</li> </ul> </li> </ul>

## **Section 2: COVID-19 Symptom and Close Contact Reporting**

It is critical that we all work together to ensure a safe environment for our program. COVID-19 symptoms and contact must be reported quickly and thoroughly. To support this, WGBA has created two easy to follow flow charts outlining the required steps and responsibilities.

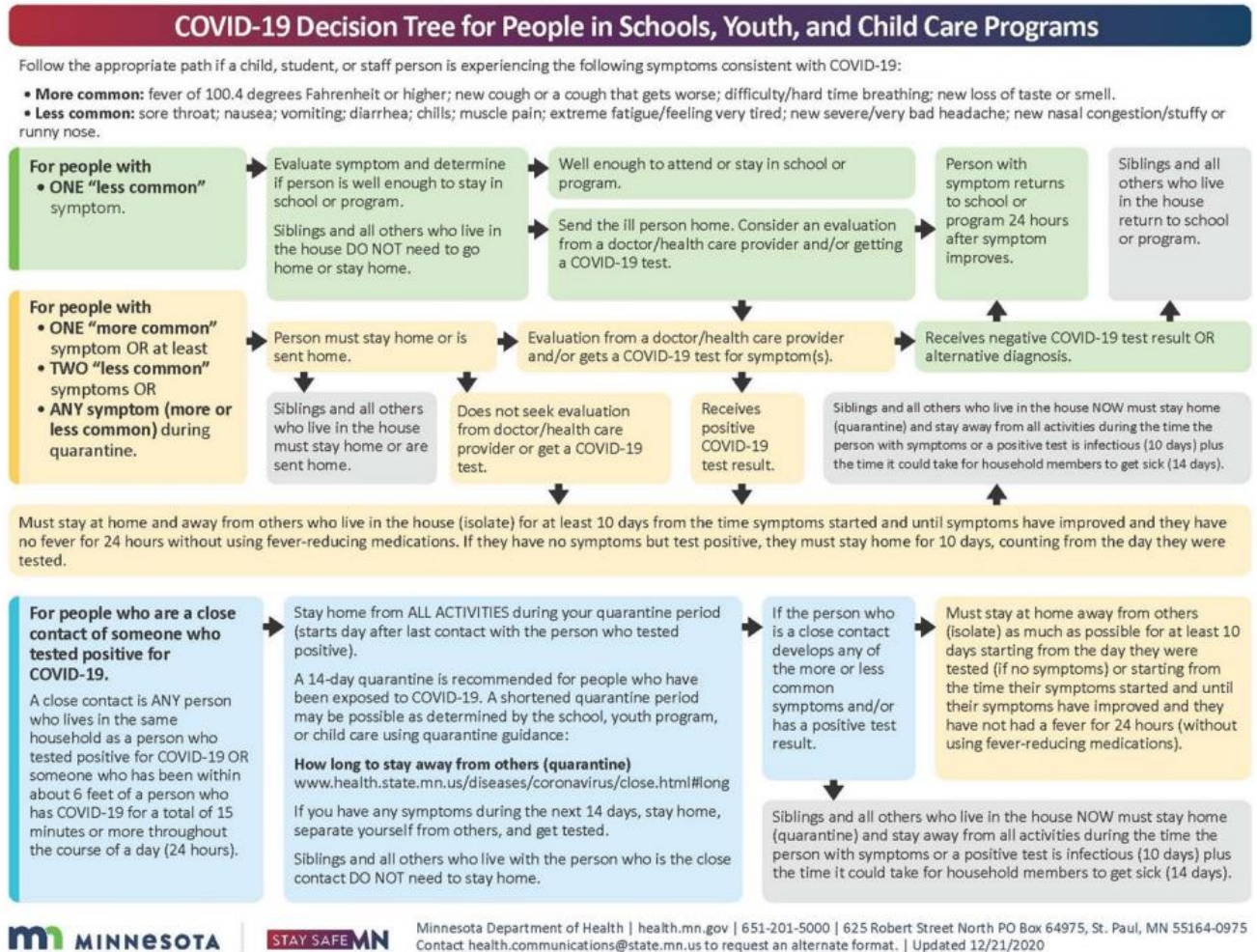
If you experience new or unexplained COVID-like symptoms including:

- Fever of 100.4 (F) or higher
- New or worsening cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

MDH defines Close Contact as contact less than 6 feet from the person testing positive for more than 15 minutes.

# MDH Decision Tree

<https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>



MYBA Close Contact Definition approved by MDH for youth sports

In a practice	All team members and coaches are close contact to each other
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In a game	All players on both teams are close contact to each other
	Coaches are close contact to the players on their own team
	Coaches are NOT close contact to opposing team's players
	Coaches are NOT close contact to the opposing team's coaches
	Referee(s) are NOT close contact to players or coaches

# Decision Tree for Youth Sports (approved by MDH/MYBA)

## MDH Guidance for Close Contacts and Tracing: COVID-19

<https://www.health.state.mn.us/diseases/coronavirus/close.html>

		Decision Tree			
Individual Infected		Impacts to Others			
Category	Player/Coach (person in category)	Coach	Team	Opponent Team	Household Family
One "Less Common" Symptom	Stay home from youth sports for 24 hours after symptoms improved	No Impact, not positive for COVID-19	No Impact, not positive for COVID-19	No Impact, not positive for COVID-19	Isolate yourself within the home to avoid spread to family
One "More Common" Symptom or multiple "Less Common"	Stay home from youth sports for 10 days, also 24 hours after symptoms improved. If tested and result is negative, then can return sooner (with negative test result, can return 24 hours after symptoms improve).	No Impact, not positive for COVID-19	No Impact, not positive for COVID-19	No Impact, not positive for COVID-19	Isolate yourself within the home to avoid spread to family  All household members must quarantine until negative test result for symptomatic individual received or symptoms improve
Positive Test	Stay home from youth sports for 10 days from first symptom (or test date if no symptoms), also 24 hours after symptoms improved	Calculate potential close contact by going back 48 hours from first symptom (or test date if no symptoms) to determine if Close Contact  If yes, suspend play per MDH Guidance for COVID-19. Link at top of tab	Calculate potential close contact by going back 48 hours from first symptom (or test date if no symptoms) to determine if Close Contact  If yes, suspend play per MDH Guidance for COVID-19. Link at top of tab.	Calculate potential close contact by going back 48 hours from first symptom (or test date if no symptoms) to determine if Close Contact  If yes, suspend play per MDH Guidance for COVID-19. Link at top of tab.	Isolate yourself within the home to avoid spread to family  All household members must quarantine per MDH Guidance for COVID-19. Link at top of tab.
Close Contact with someone who tested Positive for COVID-19 (outside the team, ie school, family member, other sport team, etc)	Stay home from youth sports per MDH quarantine requirements (MDH Guidance for COVID-19) Link at top of tab. <b>Note: For youth sports, MDH requires 14 days.</b>	No Impact, two parts removed	No Impact, two parts removed	No Impact, two parts removed	Isolate yourself within the home to avoid spread to family
An association is informed by the CCM of another association that one of your teams was close contact to a positive case player from their association (during the exposure time window for the positive case)		No impact, two parts removed (coaches not close contact to opposing team players)	Yes, the team that played against the team with the positive case player is close contact and all team members must quarantine. Suspend play per MDH Guidance for COVID-19. Link at top of tab.		The players on the exposed team should isolate within their homes to avoid spread to family

\*subject to change

## **Section 3: COVID-19 Refund Amendment**

The COVID-19 pandemic that began in the US in March of 2020 is still ongoing as we set out to plan for the 2020-21 WGBA season. The board knows there might be refund questions, should a program not complete or initiate after registration has been paid. This refund policy will supersede the current policy until the official end of the pandemic in the US has been declared by CDC.

A large portion of our program and season costs are incurred prior to initiating any actual games. Fees such as insurance, facilities, referees and tournament costs are paid well in advance of collecting registration fees. Those costs are often very difficult to get back.

If the season does have to be cut short due to COVID-19, we will follow the following policy for all programs.

### **Refund Reason Policy**

#### **Individual Voluntary Withdrawal**

Normal Refund Policy

#### **Individual Illness or Injury (COVID-19 or Otherwise)**

Normal Refund Policy

#### **Program Cancellation: After First Game/Practice/Events - Program <50% Complete**

Prorated Refund, less Admin Fees (contingent on reimbursement of tournament fees to WGBA from host)

#### **Program Cancellation: After Games/Practices/Events – Program >50% Complete**

No Refund

Note on Travel Tournaments:

Should any tournament be cancelled due to any reason (including COVID-19), WGBA will attempt to obtain a refund from the organization and attempt to put funds toward another tournament (if possible). Should a WGBA team you are on forfeits due to any reason (including COVID-19), typically those are non-refundable.

## **Section 4: References and Resources**

- [Governor's Executive Order 20-81](#)
- MN Stay Safe During Sports: <https://staysafe.mn.gov/individuals-families/athletic-activity.jsp>
- MN Stay Safe Sports Guidance: <https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>
- Centers for Disease Control and Prevention (CDC): Coronavirus (COVID-19) – [www.cdc.gov/coronavirus/2019-nCoV](http://www.cdc.gov/coronavirus/2019-nCoV)
- Minnesota Department of Health (MDH): Coronavirus – [www.health.state.mn.us/diseases/coronavirus](http://www.health.state.mn.us/diseases/coronavirus)
- State of Minnesota: COVID-19 response – <https://mn.gov/covid19>
- MDH: Health screening checklist – [www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf](http://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf)
- MDH: Handwashing video translated into multiple languages – [www.youtube.com/watch?v=LdQuPGVcceg](http://www.youtube.com/watch?v=LdQuPGVcceg)
- CDC Prevention: [www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html](http://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html)
- MDH Prevention: [www.health.state.mn.us/diseases/coronavirus/prevention.html](http://www.health.state.mn.us/diseases/coronavirus/prevention.html)
- CDC Social Distancing: [www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html](http://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html)
- MDH Social Distancing: [www.health.state.mn.us/diseases/coronavirus/businesses.html](http://www.health.state.mn.us/diseases/coronavirus/businesses.html)
- CDC Disinfecting: [www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html](http://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html)
- CDC Steps When Sick: [www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html](http://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html)
- State of Minnesota Testing Locations: <https://mn.gov/covid19/for-minnesotans/if-sick/get-tested/index.jsp>
- MYAS Safe Play: <http://myas.org/media/5527/mnbasketballreturntocompetitionrevised6-29.pdf>