

BULLS

NEWS



www.ljfl.org

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As many of you are enjoying the offseason and other sports activities, we want to remind you to stay hydrated, maintain proper nutrition, and take care of your bodies. The offseason is a great time to focus on keeping your energy levels up and being ready for the upcoming season! As student-athletes, it's essential to balance academics with athletic commitments. Remember to adhere to the LJFL code of conduct and strive to excel both in the classroom and on the field.

We're proud of the discipline, teamwork, and commitment our players demonstrate, and we encourage everyone to continue embodying these values throughout the offseason.



IMPORTANT DATES

Board positions available for next season

Next board meeting:
Thursday, February 13 at RLCC

Volunteer Opportunities

- Social Media
- NSID Coordinator
- Volunteer Coordinator



NEW

Early Registration & Discounts

Keep an eye out for upcoming early registration notices, which will feature discounts for returning players and siblings! It's a great opportunity to sign up early and save.

Board Member Discount Incentives

This year, we are also offering discount incentives for those who take on board member positions. If you've ever considered becoming more involved or taking on a leadership role, now is a great time to join the team! Take a look at the open positions and let us know if any of them interest you. Your involvement will help ensure the continued success of the Bulls into the 2026 season and beyond.



Pick Up Your LJFL Swag Early!

Be sure to pick up your LJFL swag early so you're ready to sport your Bulls gear at the start of the season. We'd love to see everyone proudly wearing their Bulls swag as we kick off another exciting year together! Head to www.ljfl.org for links to the store!

**NEW FOR
2025**



VOLUNTEER SPOTLIGHT

The Bulls volunteer coordinator plays a crucial role in ensuring the smooth operation and success of the league's activities. This individual is responsible for recruiting, training, and managing volunteers, who are often the backbone of the league. The coordinator develops a comprehensive volunteer plan for preseason events, like equipment days, as well as home game days. They will ensure that each position is filled with capable and enthusiastic individuals.

They also provide the necessary training and resources to volunteers, equipping them with the skills and knowledge needed to fulfill their role effectively.

Additionally, the volunteer coordinator facilitates clear communication between volunteers, league officials, and parents, fostering a supportive and inclusive environment. By recognizing and appreciating the contributions of volunteers, the coordinator helps maintain high morale and commitment, ultimately contributing to a positive and enriching experience for the youth participants.

If you are a organized individual who enjoys making sure activities run smoothly and you love a good spreadsheet- this may be just the role for you!

BULLS SPIRIT WEAR STORE

GRAND OPENING SALE



**LIVERMORE BULLS
FOOTBALL & CHEER**



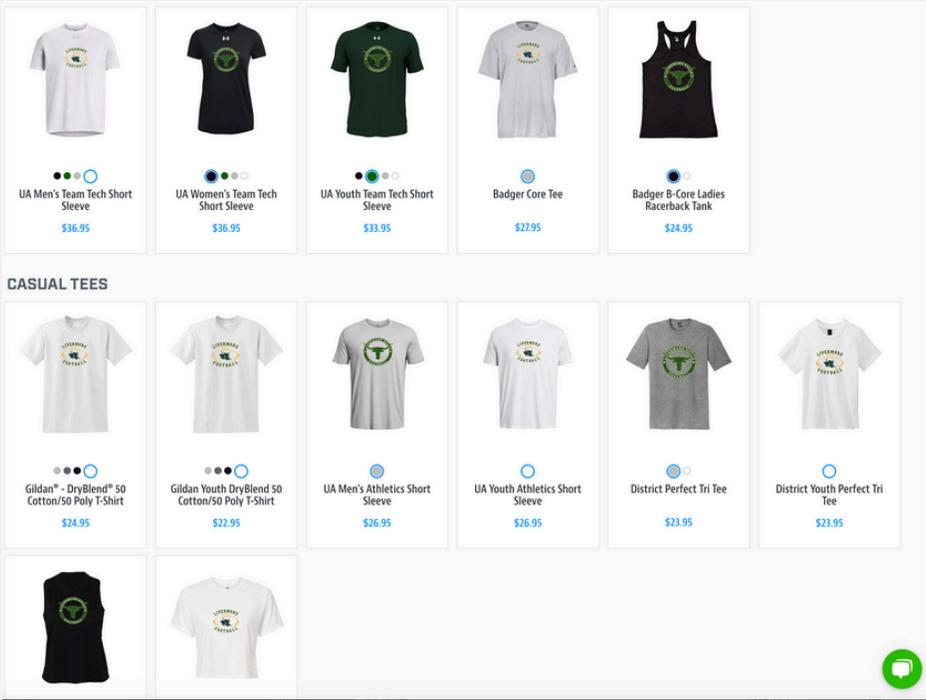
**SIDELINE
STORE**

Exclusions apply.

<https://sideline.bsnsports.com/schools/california/livermore/livermore-junior-football-league>



SQUADLOCKER OPEN



Options for different logo choices
Personalize with you players name
and number!



Personalization

Back Left Sleeve

PERSONALIZATION FOR THIS ITEM WILL BE PRINTED IN BLACK

PLAYER NAME PLAYER NUMBER

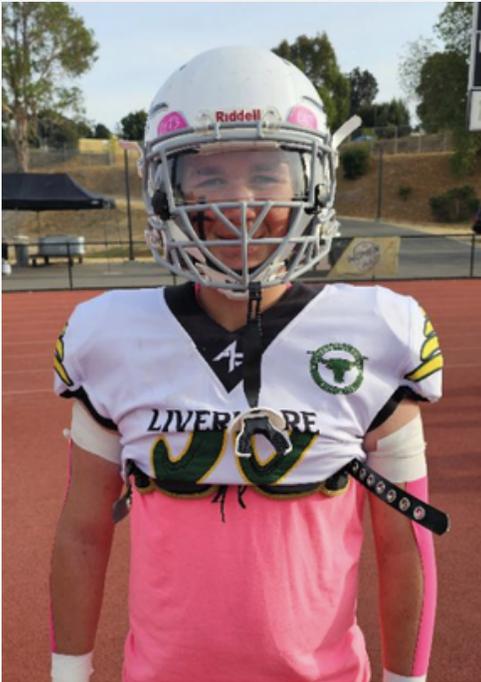
+ \$9.95 + \$9.95

TOTAL PERSONALIZATION COST \$0.00 *DISCOUNT IF BOTH

Head to www.ljfl.org for links to the store!

STUDENT-ATHLETES OF THE WEEK

The Livermore Bulls Junior Football League would like to recognize our student-athletes whose effort, desire, sacrifice and contribution has made a difference to their team, coaches and teammates throughout the season. Unlike most recognition awards these nominations represent much more than just personal achievement on the field of play. Great teams have players willing to take on new roles and support others for the greater good. By receiving this recognition, the player has demonstrated great character, leads by example, has a willingness to put others first, made sacrifices or other valuable contributions to the success of their team that which is not always recognized.



Player: Vincent Lenzion
Team: Varsity Comp

In his second season, Vincent continues to impress on the field! He combines his love for football and baseball, showcasing his athleticism and dedication to both sports. With dreams of becoming a Major League Baseball player, he draws inspiration from his role model, Mike Trout, emulating his work ethic and commitment to excellence. Vincent's passion is evident in every practice and game, where he consistently puts forth his best effort. As he hones his skills and builds on his experience, there's no doubt that Vincent is on the path to achieving his dreams. Vincent is a Livermore Bull!

Thank You, Sponsors!



LIVERMORE - PLEASANTON
FIRE DEPARTMENT

Have any questions or want to provide feedback? Please drop us a note at:
secretary@ljflbulls.com