



CATCHERS' PROGRAM
Powered by TEELS Baseball

Teels "Tools of Intelligence" catchers program is designed for players who are committed to improving and learning the proper skills to be an effective catcher. Each session is designed to give each player a great workout necessary to be ready for the upcoming spring season. Repetition on receiving, blocking, footwork, throwing and all other aspects are the key to being a successful catcher.

Teel's baseball has a deep understanding of this and the catcher's position respectively. Our elite Tools of Intelligence catching program provides marquee instruction, strategic progression and tireless repetition to help young backstops become invaluable defensive commodities.

Camp Director and lead Instructor Garrett Teel brings his many years of experience as a professional catcher and catching coach with the Dodgers to TOI. Coach Teel's program design centers on a few key points.

Program Director – Garrett Teel Lead Instructor – Lee Rubin

- Improving existing skills
- Teaching advanced technique in simplistic and executable ways
- Dispelling the myths of a, often times, poorly taught position
- Having a great experience during a vigorous workout
- Preparing for the upcoming season

Catchers work together under the close eye of instructors as the progression of the program covers all aspects of the position. Receiving, soft hands, throwing, pitch presentation, footwork to all bases and blocking are some of the skills that will be practiced repetitively. Put simply; the sheer number of caught baseballs, provided by an efficient camp set-up utilizing numerous pitching machines, allows players to get their work in on a weekly basis putting them leaps and bounds ahead of their peers.



Catcher's Camp for Ages 8 & Up

DAY/DATE:	TIME:	Cost:
Saturdays, March 7, 14, 21, 28	8:00am - 9:30am	\$395.00

