



**Colorado Select Girls Hockey Association  
Recreation Program 10U – 19U  
Team Information Sheet  
2020 – 2021**

Welcome to the Colorado Select Girls Hockey Association (CSGHA). In order to assist our families in choosing the right team for their player, we have put together this Team Information Sheet, detailing the requirements and expectations of Recreational teams.

**Recreation Teams:**

Based on our current membership, we anticipate fielding the following teams:

- 10U CGHL
- 12U CGHL
- 15U CGHL
- 19U CGHL

Registration numbers will dictate if we will in fact field all of these Recreation teams.

**Team Evaluations/Formation:**

Recreation Teams are established on the formation date based on the number of players registered. CSGHA will form more than a single team at any given age level in the event there are enough players to do so. In such case, evaluations will be held and players will be positioned on teams based upon like skill level, by an Evaluation Team consisting of the Head Coaches for that particular team(s), Director of Hockey, and other experienced Coaching Staff within the guidelines of the USA Hockey American Development Model (ADM). CSGHA Board Members have no input in the evaluation of players or the selection of teams. Parents should also be aware that players may be moved from one team to another by the Evaluation Team during the course of the season based on their development.

**Season Start Dates:**

10U: TBD (Waiting on confirmation from CAHA)  
12U: TBD (Waiting on confirmation from CAHA)  
14U: TBD (Waiting on confirmation from CAHA)  
19U: TBD (Waiting on confirmation from CAHA)

**League Play, Practice, & Tournaments:**

The Recreation Program will provide age-appropriate, athlete-centered training pursuant to the long-term athlete development (LTAD) guidelines outlined by the [American Development Model \(ADM\)](#). Programming will also be structured in line with the Policies & Procedures of the [Colorado Amateur Hockey Association \(CAHA\)](#). All Recreation teams will emphasize individual athlete and



team development, and will require a certain level of travel and financial commitment from the players and their families.

### **League Play:**

Recreation teams will play in the [Colorado Girls Hockey League CGHL](#). The Colorado Girls Hockey League (CGHL) was established in the fall of 2019, to promote Girls recreational hockey throughout Colorado and surrounding areas. League members foster and promote programs that advance the principles of improving the sport through the spirit of competition, fair play, development of character, sportsmanship, leadership, and physical fitness. Typically, teams will play up to a 20 game regular season which then culminates with a playoff Championship Tournament. CSGHA will host the playoff Championship at the Edge Ice Arena in Feb. 2021. CGHL teams also can compete against CRHL & CCYHL teams in the Avalanche Cup which is part of the State Tournament. The plan for these teams is to have all shared practices focusing on the ADM Development Model. Teams will also participate in off-ice training, video sessions, classroom lectures from guest coaches, and more.

All non-league games and tournaments must be approved by the Director of Hockey

### **Practice/Game Ice Time:**

We strive to maintain a 3:1 practice to game ratio. Recreation teams will have an average of 2 – 3 ice touches per week, including practices and games. Some weeks teams will have more games than practices but they will always have an average of 2-3 touches per week. Coaches may request additional ice time beyond the ice times stated above. If ice is available, the costs for these additional ice times would be the responsibility of the individual team players/families. A majority vote from players/families to pay for additional ice time would determine if the team would move forward with the cost of additional ice times. Again, any additional ice time requests (practice, games, tournaments etc.) outside a team's regular league or practice schedule must be approved by the Director of Hockey before it is scheduled and confirmed.

### **Practices/Off-ice Training Participation:**

Participation in all practices is not mandatory but highly encouraged. Off-ice training is provided by CSGHA, which may include dryland training and classroom "Chalk Talk" instruction.

### **Playing Time:**

It is CSGHA's policy that each team player should have approximately equal playing time. It is the Association's intent to provide players an opportunity to develop their skill and game knowledge and use players in all game situations including "power plays" and "penalty kills". Each player can expect to play all positions throughout the season, which includes goalies skating out during practices and games.

### **Recreation Team Potential Travel Summary:**

Teams will travel outside of their home rink which can include overnight stays depending on the schedule.



- 10U CGHL - League Play, 1-2 in-state tournaments and 1 potential out-of-state tournament. This team will focus on preparing skill appropriate players wanting to transition from the Recreational level to the Tier I and Tier II levels as they become available.
- 12U CGHL – League Play, 2-3 in-state tournaments and 1 potential out-of-state tournament. This team will focus on preparing skill appropriate players wanting to transition from the Recreational level to the Tier I and Tier II levels as they become available.
- 15U CGHL – League Play, 2-3 in-state tournaments
- 19U CGHL – League Play, 2-3 in-state tournaments

If, after the season's schedule has been set the coach of a Recreation team can explore the option of attending additional tournaments for their team (friendlies, additional tournaments, reciprocal games etc.). Players will be encouraged to attend these tournaments, although these additional trips would not be mandatory, but highly encouraged. All team tournament participation and non-league games are determined by the coach and all team families by a majority vote, with prior approval by the Director of Hockey and Recreational Program Director.

## Cost:

### Season Fees:

Season fees are paid directly to the Association at time of registration and cover the cost of ice time (practice and an average of local home/away games), referee costs, league registration fees, Director of Hockey and coaching salaries and stipends, and each team's share of the Association administrative costs.

### 2020 - 2021 Season Fees:

Early Registration (by Jul 31st)		Regular Registration	
10U CGHL	\$1,195	10U CGHL	\$1,295
12U CGHL	\$1,595	12U CGHL	\$1,695
15U CGHL	\$1,595	15U CGHL	\$1,695
19U CGHL	\$1,595	19U CGHL	\$1,695

**Early Registration deadline for all Recreation Teams is Jul 31, 2020.**



The full season fee details for the 2020-2021 Recreation Hockey Program teams are outlined in the 2020-2021 **CSGHA Fee Schedule and Payment Plan** document. Total fees will differ if a payment plan is selected (see **CSGHA Fee Schedule and Payment Plan**)

### Team Fees:

In addition to the player's season fees, there are also fees which are collected by the team treasurer and deal specifically with team expenses. These fees will generally cover, practice jerseys and any other team required training or travel apparel, coaches' travel expenses (e.g. airfare, hotel, per diem, parking, car rental), tournament entry fees, team functions, and other team expenses. Team fees are split equally among all players on the team, **regardless of whether or not a player attends a trip or tournament** (see **CSGHA (Association) Financial Agreement Form**).

- The **team fee** budget is set at the start of the season by the coaches, manager and team treasurer and is voted for approval by the team. The team treasurer will provide a monthly update of actual expenses against the budget. Any significant deviations to the team fee budget **MUST** be shared with the members of the team and may require a vote by the team members for approval.
- Colorado Select **strongly encourages** our teams to participate in both Association and team specific fundraising efforts that can substantially reduce each family's financial output.

**As a general estimate**, Rec team players should expect to spend the following in Team fees which does not include family travel:

- 10U CGHL- \$300-\$500
- 12U CGHL - \$300-\$500
- 15U CGHL - \$300-\$500
- 19U CGHL - \$300-\$500

### Uniforms:

All Recreation players are required to have the following uniforms:

- Home and Away CSGHA Game Jerseys.
- Game Socks
- Black Practice Socks

Sublimated jerseys are approximately \$80 per jersey. Due to possible overlapping of players with the same numbers on teams, numbers are assigned based on birth year. A player born in an even birth year will have an even number. A player born on an odd birth year will have an odd number.

A Navy blue helmet, CSGHA pant shell, CSGHA equipment bag, and CSGHA wind suit are all optional and are not required.





### **Recreation Program Finances:**

The **CSGHA (Association) Financial Agreement Form** that is signed upon registration, details the financial commitment each player/family makes when joining the CSGHA program. Please ensure that you are fully familiar with these terms and conditions.

### **Financial Needs-Based Assistance:**

CSGHA offers financial assistance based upon demonstrable need. Financial Assistance applications will be available on the website after July 31st, 2020.

## **Misc:**

### **Practice Player Option:**

Throughout the season CSGHA will continue to provide any girl the opportunity to play hockey. Players that join during the regular season will be given the opportunity to be a Practice Player. Practice Players are provided the ability to attend weekday practices and weekday dryland sessions. These players will not have the ability to play in friendlies or Jamborees without the consent of the team, Age Division Director and Director of Hockey. These families will pay a prorated Association Fee and will not pay additional team fees unless they participate in friendlies, tournaments or social functions as approved above.

### **Under Age Tryout Request:**

CSGHA believes that all players have the right to play at their appropriate age level as dictated by USA Hockey. Recreation age appropriate players are not eligible for Under Age Tryout Request.