



MV Shooting Club Official Shot Chart (4th - 8th Grade*)

YEAR 2025

* Grade entering in the fall of 2025

Name: _____

Summer Shot Goal: _____

Summer Total: _____

White Level: 5,000 Shots Made & 5 Open Gyms Attended (+500)

Green Level: 10,000 Shots Made & 10 Open Gyms Attended (+1000)

Gold Level: 15,000 Shots Made & 15 Open Gyms Attended (+1500)

Platinum Level: 20,000 Shots Made & 20 Open Gyms Attended (+2000)

June	Made Shots
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
Total	

July	Made Shots
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
31	
Total	

Aug	Made Shots
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
31	
Total	

Sept	Made Shots
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
Total	

Complete the Summer Shooting Workouts on Facebook and Instagram:

MVBABASKETBALL

RULES:

Only MADE shots count towards total

Free Throws count double

Participate in Summer Open Gyms



15-20 min of ball handling drills 3 times per week

15-20 min of fitness conditioning 3 times per week

Shot Progression:

Made shots with weak/off-hand count double

Scan and email to:

playerdevelopmentmvba@gmail.com

Parent Signature:

Player Signature: _____

Contact # or email:

T-Shirt Size: _____
