

Dress Code Policy

The dress code must be followed at all times. **NO SPORTS DAY SHIRT = NO PLAY**

Shirts

- An **official HCYA Sports Day T-shirt** must be worn each session.
- Hand-me-down shirts are allowed **only if** they are the **blue student shirt**, in good condition, and not ripped. The gray shirts will no longer be allowed beginning in the Fall of 2026.
- **Only Sports Day shirts are allowed** (other HCYA shirts are not permitted).
- **Do not cut, decorate, or alter** the shirt in any way. Altered shirts must be replaced.
 - The only exception is **Signing Day (last day)** – signatures may be on the **back only**.
 - **Do NOT decorate or sign the front of the shirt.**
- If a shirt is forgotten or unusable, a **\$5 rental** is available at Main Check-In and must be returned the same day.
- Shirts are available for purchase daily at Main Check-In.



Shorts & Shoes

- No tight, spandex, bicycle, or super-short shorts.
- Shorts must have at least a **4" inseam**, or leggings must be worn under them.
- Leggings or spandex pants **must have shorts worn over them**.
- **Tennis shoes only** – no sandals, boots or street shoes.
- Please avoid **black-soled shoes**, as they mark the court.



Jewelry

- **No jewelry allowed:** watches, necklaces, bracelets, or dangling earrings.
- No exceptions unless medically necessary (see the Director).

Final Notes

- The **Director's decision is final** regarding dress code.
- You may text or email a **photo of your child's outfit** to Stacy for approval.
- If you're unsure, don't wear it.

Thank you for helping keep Sports Day safe, modest, and fun for everyone!