2019 EVENT SCHEDULE

Schedule is tentative and subject to changes. Last updated 10/31/19.

IRONMAN 70.3® INDIAN WELLS LA QUINTA

FRIDAY, DECEMBER 6, 2019

START	END	EVENT	LOCATION
10 AM	6 PM	Athlete Check-In	Indian Wells Tennis Garden
10 AM	6 PM	Official IRONMAN Store	Indian Wells Tennis Garden
10 AM	6 PM	IRONMAN Village	Indian Wells Tennis Garden
10 AM	6 PM	Information Tent	Indian Wells Tennis Garden
10 AM	6 PM	VIP Spectator Credential Pick-Up	Indian Wells Tennis Garden
10 AM	6 PM	PLAYTRI Triathlon Store & Tech Service Center	Indian Wells Tennis Garden
10 AM	6 PM	IRONKIDS Fun Run Registration & Packet Pickup	Indian Wells Tennis Garden
11 AM	4 PM	Women for Tri Complimentary Hair Braiding	Indian Wells Tennis Garden
12 PM		Athlete Briefing	Indian Wells Tennis Garden
3 PM		Athlete Briefing	Indian Wells Tennis Garden

SATURDAY, DECEMBER 7, 2019

START	END	EVENT	LOCATION
8 AM	8:45 AM	IRONKIDS Fun Run Registration & Packet Pickup	Indian Wells Tennis Garden
9 AM		IRONKIDS Fun Run	Indian Wells Tennis Garden
9 AM	3 PM	Athlete Check-In	Indian Wells Tennis Garden
9 AM	3 PM	Official IRONMAN Store	Indian Wells Tennis Garden
9 AM	3 PM	IRONMAN Village	Indian Wells Tennis Garden
9 AM	3 PM	Information Tent	Indian Wells Tennis Garden
9 AM	3 PM	VIP Spectator Credential Pick-Up	Indian Wells Tennis Garden
9 AM	3 PM	PLAYTRI Triathlon Store & Tech Service Center	Indian Wells Tennis Garden
9 AM	3 PM	Women for Tri Complimentary Hair Braiding	Indian Wells Tennis Garden
10 AM		Athlete Briefing	Indian Wells Tennis Garden
10 AM	5 PM	Mandatory Run Gear Check-In	Indian Wells Tennis Garden (T2)
10 AM	1:30 PM	Mandatory Bike, Bike Gear Bag Check-In and Wetsuit Decontamination Protocol for Athletes Last Name N – Z	Lake Cahuilla (T1)
12 PM		First-Timer Event Walkthrough with Race Director	Indian Wells Tennis Garden
1 PM		Women for Tri Meet-Up	Indian Wells Tennis Garden
1 PM		Pro Athlete Panel	Indian Wells Tennis Garden
1:30 PM	5 PM	Mandatory Bike, Bike Gear Bag Check-In and Wetsuit Decontamination Protocol for Athletes Last Name A – M	Lake Cahuilla (T1)
2 PM		Athlete Briefing	Indian Wells Tennis Garden

SUNDAY, DECEMBER 8, 2019 - RACE DAY

START	END	EVENT	LOCATION
4 AM	5:45 AM	Athlete and Spectator Shuttle Bus Service (No bikes allowed)	Indian Wells Tennis Garden (Athlete Parking Lot)
4:45 AM	6:30 AM	Transition Opens; Body Marking	Lake Cahuilla (T1)
7 AM		Pro Men Race Start	Lake Cahuilla
7:02 AM		Pro Women Race Start	Lake Cahuilla
7:10 AM		Age Group Rolling Start	Lake Cahuilla
9 AM	4 PM	IRONMAN Village	Indian Wells Tennis Garden
9 AM	4 PM	Official IRONMAN Store	Indian Wells Tennis Garden
9 AM	4 PM	Information Tent/Lost & Found	Indian Wells Tennis Garden
11 AM	4 PM	Post-Race Athlete Food	Indian Wells Tennis Garden
1 PM	4 PM	Mandatory Bike & Gear Check-Out	Indian Wells Tennis Garden
4 PM		Awards Ceremony & 2020 IRONMAN 70.3 World Championship Slot Allocation/Rolldown Ceremony	Indian Wells Tennis Garden