

HOW TO GET RECRUITED FOR THE NEXT LEVEL



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It's a challenge

HOW TO GET EXPOSED

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High School Timeline

9th
GRADE

REGISTER



- » If you haven't yet, [register](#) for a free Profile Page account at [eligibilitycenter.org](#) for information on NCAA initial-eligibility requirements.
- » Use NCAA Research's [interactive map](#) to help locate NCAA schools you're interested in attending.

- » Find your high school's list of NCAA-approved core courses at [eligibilitycenter.org/courselist](#) to ensure you're taking the right courses, and earn the best grades possible!



Get on the circuit

10th
GRADE

PLAN



- » If you're being [actively recruited](#) by an NCAA Division I or II school, [transition](#) your Profile Page account to the right [certification account](#).
- » Monitor the [task list](#) and [sign up for text alerts](#) in your [Eligibility Center account](#) for next steps.
- » Research the admission requirements for NCAA schools

- » At the end of the school year, ask your high school counselor from each school you attended to upload your [official transcript](#) via the High School Portal.
- » If you fall behind academically, ask your high school counselor for help finding [approved courses](#) you can take.



Get serious

11th
GRADE

STUDY



- » Ensure your [sports participation](#) information is correct in your Eligibility Center account.
- » Check with your high school counselor to make sure you're on track to complete the required number of NCAA-approved [core courses](#) and graduate on time with your class.
- » Share your [NCAA ID](#) with NCAA schools recruiting you so each school can place you on its [institutional request list](#).

- » Take [unofficial and official visits](#) to NCAA schools you're interested in attending and start applying early.
- » At the end of the school year, ask your high school counselor from each school you attended to upload your [official transcript](#) via the High School Portal.



Strengthen your presence

12th
GRADE

GRADUATE



- » Be accepted to the NCAA school you plan to attend.
- » Ensure your [sports participation](#) information is correct and [request your final amateurism certification](#) beginning April 1 (fall enrollees) or Oct. 1 (winter/spring enrollees) in your Eligibility Center account.

- » Complete your final NCAA-approved [core courses](#) as you prepare for graduation.
- » After you graduate, ask your high school counselor to upload your [final official transcript](#) with [proof of graduation](#) via the High School Portal.

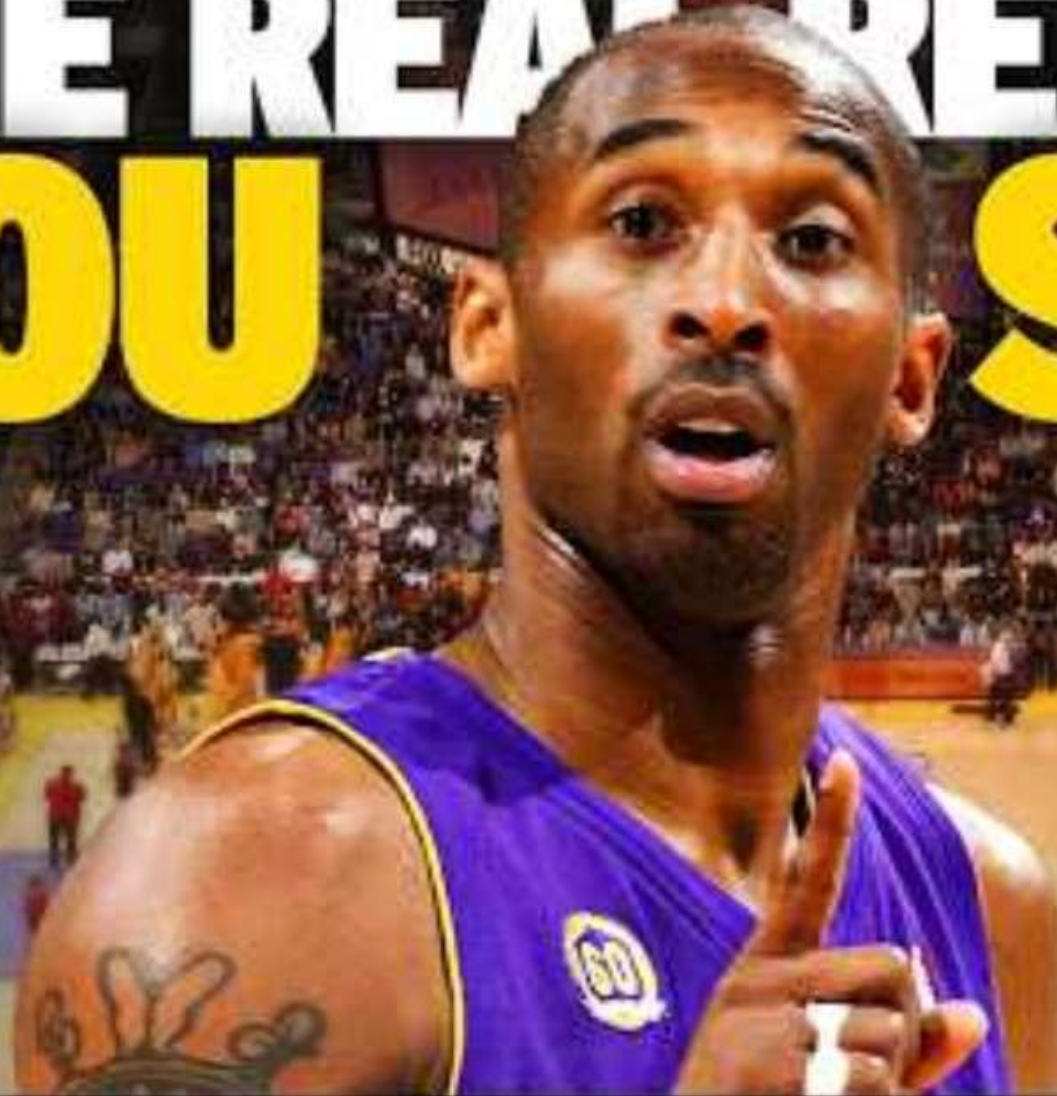


Make decisions

Where are you in the journey?

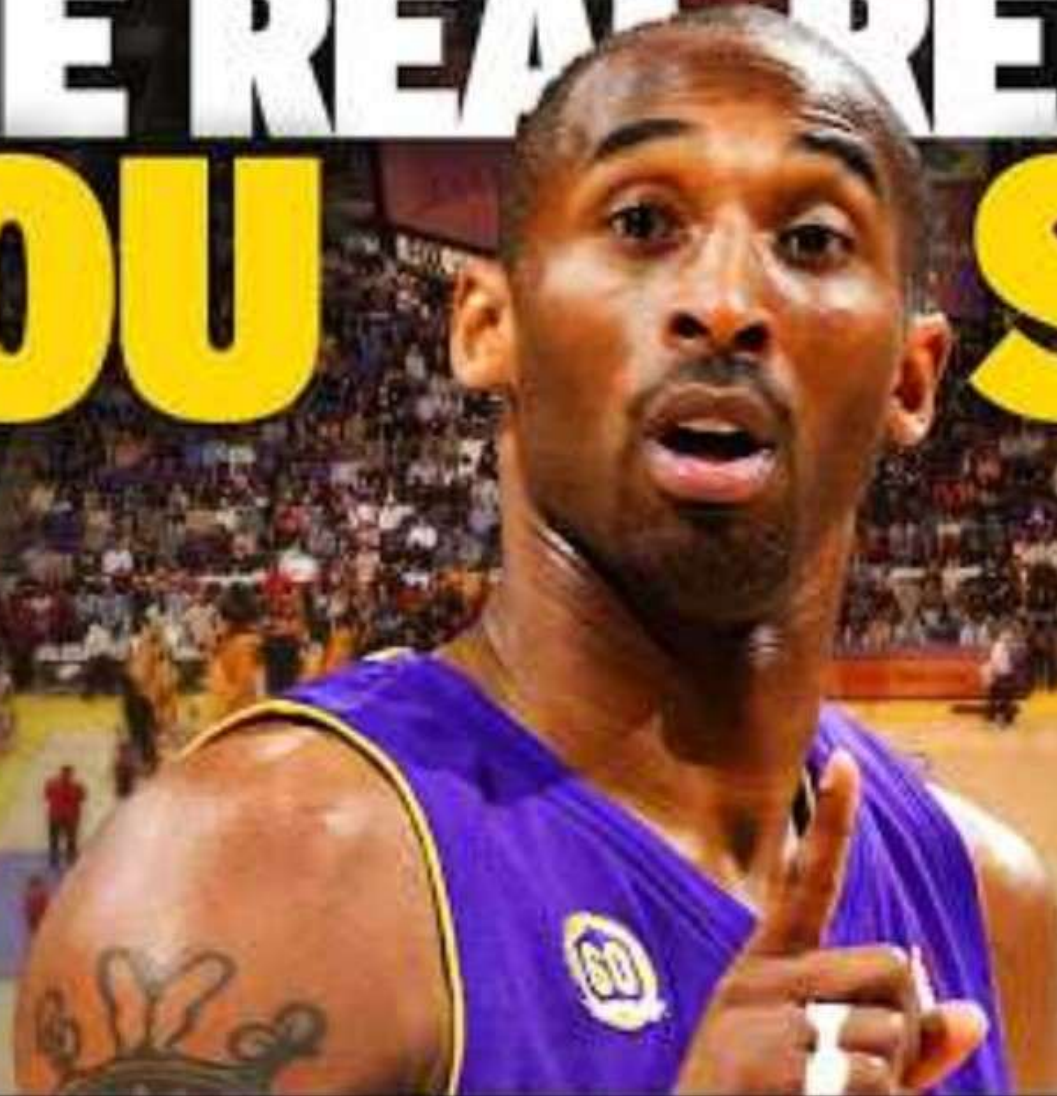
College ball is not for super helpers

**THE REAL REASONS
YOU SUCK**



Your Window of time

**THE REAL REASONS
YOU SUCK**



Understand where you are

**THIS IS
HOW TO GET
RECRUITED FOR
COLLEGE SPORTS**

A young Black man with short hair and a slight beard is looking directly at the camera. He is positioned in front of a laptop, which is partially visible at the bottom of the frame. The background is a collage of various college sports logos, including Michigan, Auburn, and others. The text is overlaid on the left side of the image.

Getting Noticed/Evaluated



**THIS IS
HOW TO GET
RECRUITED FOR
COLLEGE SPORTS**

So what do you do now?



You're not the only one aiming for a spot

You're not the only one playing your position

But.... You are one of the few putting in the extra work!

Understanding the Recruiting Landscape (10 minutes)

- What it means to get recruited: scholarships vs. walk-ons
- Debunking myths: "If I play well, they'll find me"
- NCAA division differences: D1, D2, D3, NAIA, JUCO
- Clearinghouse and eligibility basics

Resources:

- NCAA Eligibility Center: <https://web3.ncaa.org/ecwr3/>
- NAIA Eligibility Center: <https://play.mynaia.org/>
- NJCAA Overview (2-year schools): <https://www.njcaa.org>
- Division breakdown comparison chart:
<https://www.ncsasports.org/recruiting/how-to-get-recruited/divisions>

Your Resources

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Key Recruiting Contact Periods

- Definitions of Contact, Quiet, Dead, and Evaluation periods
- How to know when coaches can talk to you
- Timing by sport (emphasis on basketball rules)

Resources:

- NCAA Recruiting Calendar (Men's/Women's Basketball):
<https://www.ncaa.org/sports/2021/1/12/recruiting-calendars.aspx>
- NCAA Guide for the College-Bound Student-Athlete (PDF):
<https://www.ncaapublications.com/p-5554-2023-24-guide-for-the-college-bound-student-athlete.aspx>
- Video: [NCAA Contact Periods Explained – NCSA](#)

Recruiting Calendar

Challengers University

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What Athletes Must Do to Get Noticed

- How to build a standout player profile
- Video highlights: angles, length, what coaches want to see
- Creating a target school list
- Sample email script and when to follow up
- Social media strategy for student-athletes

Resources:

- Sample player email templates:

<https://www.ncsasports.org/recruiting/contacting-college-coaches/email>

- How to make a recruiting video:

<https://www.youtube.com/watch?v=jluCmW-aW20>

- Recruit profile tips: <https://www.ncsasports.org/recruiting/how-to-make-a-recruiting-profile>

Sample Sources

Sample Sources

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When should students register with the clearinghouse?

The NCAA recommends that student athletes register with the clearinghouse at the **beginning of their junior year** in high school, but many students register after their junior year. There is no registration deadline, but students must be cleared by the clearinghouse before they receive athletic scholarships or compete at a Division I or Division II institution.

How do students register with the clearinghouse?

Students can register online at the [NCAA Clearinghouse website](#). They will have to enter personal information, answer questions about their athletic participation, and pay a registration fee. The website will then prompt them to have their high school transcript and ACT or SAT scores sent to the clearinghouse.

You may be eligible for “fee reimbursement”

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The registration process is easy with instructions...

The screenshot shows a web browser window with the URL http://www.athleticscholarships.net/ncaa-clearinghouse.htm?gclid=CPjQyqCm0LkCFWNgMgodJkA_A&gclid=aw.ds. The page has a dark blue header with the text "GET RECRUITED & FIND A SCHOLARSHIP". Below this are two orange buttons: "PARENTS Click Here" and "ATHLETES Click Here". A dark blue section titled "CONTACT COLLEGE COACHES" contains three white boxes with links: "Build your Free Recruiting Profile", "Find out where you stand with college coaches", and "Join the NCSA Athletic Recruiting Network to connect with more than 35,000 college coaches". The NCSA logo is visible below these links. A "What's NEW?" section lists: "UCLA Still Mum on Muhammad Appeal", "Facebook, Twitter, and Athletic Scholarships: 5 Things to Check", and "IMG Moves Into Fundraising". The main content area has a dark blue header "Instructions to Register for the NCAA Clearinghouse. Now Called the NCAA Eligibility Center". The text below explains that the Clearinghouse is an essential step for becoming eligible to play college sports, with over 180,000 athletes registering annually. It states that to play NCAA college sports and receive a scholarship, one must register and be cleared by the NCAA. The Eligibility Center determines academic eligibility and amateur status. A bold heading reads "The First Step in Registering for the NCAA Eligibility Center is to Create Your Account". The text explains that all athletes will eventually create an account, best done at the start of the junior year in high school to avoid a backlog. It lists steps: create an account, submit transcripts, test scores, and answer an amateur status questionnaire. Another bold heading says "Once You Have Created Your Account Check Your Email and Log in to Finish the Registration Process". Below this is the "NCAA Eligibility Center Mailing Address" and the "NCAA Eligibility Center" logo.

Clearing House

You may be eligible for "fee reimbursement"

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What records does the clearinghouse require?

Students should arrange to have their high school transcript sent to the clearinghouse as soon as they have completed at least six semesters of high school. The transcript must be mailed directly from their high school. They must also arrange to have their ACT or SAT test scores reported directly by the testing company to the clearinghouse. Students can arrange this when they register for the ACT or SAT.

Will an LCC mentor work with students and parents?

Yes. LCC will provide the guidance necessary for student athletes to be fully registered with the NCAA Clearinghouse. It is important to remain in contact with your assigned mentor for questions and tips throughout the school year. There is a separate Clearinghouse for the NAIA Level <http://www.playnaia.org/page/eligibility.php>

You are responsible for sending in students' final transcripts and proof of graduation at the end of their senior year.

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Core Courses - The first step to getting to your collegiate Choice

"Core courses" is the name that the NCAA gives to high school courses that meet certain academic criteria specified by the association.

Students must complete a certain number of core courses for NCAA and NAIA Division I and II eligibility.

Core Courses are determined by the Division and School

Many students believe that just because they achieve exceptional grades and start on the team it is enough to earn a scholarship. Wrong. Colleges have a list of core courses that must be taken at the high school level in order to be admitted to that college.

Required Courses at your school:

<https://web1.ncaa.org/hportal/exec/hsAction?hsActionSubmit=searchHighSchool>

Core Courses

**Check with your
counselor**

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DIVISION I ELIGIBILITY

Before a high school student can be eligible to play Division I sports, he or she must meet academic requirements in high school. Those standards include:

1. The successful completion of 16 core courses (**Check with your school administration**)
2. A sliding-scale combination of grades in high school core courses and standardized-test scores. For example, if a student-athlete earns a 2.3 grade-point average in core courses, that individual must score at least 990 on the SAT or 76 on the ACT. As the GPA increases, the required test score decreases, and vice versa (information subject to change).

ELIGIBILITY

Every conversation ends with
academics.

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DIVISION II ELIGIBILITY

Division II relies on a partial-scholarship model to administer athletics-based financial aid. Most Division II student-athletes finance their education through a combination of scholarship money, grants, student loans and employment earnings.

1. The successful completion of 16 core courses (**Check with your school administration**)
2. A sliding-scale combination of grades in high school core courses and standardized-test scores. For example, if a student-athlete earns a 2.3 grade-point average in core courses, that individual must score at least 990 on the SAT or sum score of 76 with the ACT. As the GPA increases, the required test score decreases, and vice versa (information subject to change). Refer here http://www.ncaa.org/sites/default/files/2018DIEC_Requirements_Fact_Sheet_20180117.pdf

ELIGIBILITY

Every conversation ends with
academics.

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NAIA ELIGIBILITY

ELIGIBILITY

NAIA Eligibility

The NAIA Eligibility Center will determine your eligibility based on your academic record and additional information you provide. Here's how it works:

High School Students

If you will graduate from high school this spring and enroll in college this coming fall, the requirements are simple. High school graduation, plus **two out of three** of these requirements

1. ACHIEVE A MINIMUM OF 18 ON THE ACT OR 860 ON THE SAT*.

2. ACHIEVE A MINIMUM OVERALL HIGH SCHOOL GPA OF 2.0 ON A 4.0 SCALE.

3. GRADUATE IN THE TOP HALF OF YOUR HIGH SCHOOL CLASS.

*Critical Reading and Math only

Early Decisions for High School Seniors

Students who have completed their junior year of high school with an overall 3.00 GPA on a 4.00 scale OR students who have completed the first half of senior year with an overall 2.5 GPA on a 4.00 scale, plus the minimum test scores required (18 ACT or 860 SAT), may receive an eligibility decision prior to high school graduation. To receive an early decision, register with the NAIA Eligibility Center, have your high school send official transcripts to the Eligibility Center and contact ACT or SAT to have their test scores sent directly (the NAIA code is 9876 with ACT and SAT).

Every conversation ends with academics.

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DIVISION III ELIGIBILITY

Eligibility requirements for Division III schools vary by University and most resources do not confirm that specific core courses are required.

1. Check the school website for academic requirements
2. The ACT or SAT may or may not have required scores for entry
3. There are plenty of online guides to help parents and students build an attractive profile when the grade point average is lower than a 3.0.

ELIGIBILITY

Every conversation ends with
academics.

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BECOMING A PROSPECT

Recruiting Myths

Myth. If I play well enough, college coaches will find me.

Reality. Only the elite players are readily known to college coaches. These coaches do not have the time, money and staff to "search" for talent. Athletes need to market themselves.

Myth. I have received letters from many schools. I am actively being recruited.

Reality. You have probably found your way onto a mailing list. Recruiting letters are a poor measure of a coaches interest in you.

Myth. I want to play Division I because I need the scholarship money.

Reality. Even in Division I, many programs can only offer partial scholarships, if any at all. Division II also has athletic scholarships available. In some cases, While Division III schools are not allowed to offer athletic scholarships at all. However, in many cases they can offer very attractive financial aid packages.

Recruiting

Average athletes who compete during observation periods are far more likely to be recruited than good athletes who don't.

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BECOMING A PROSPECT

Recruiting Myths

Myth. My High School coach can help me with recruiting.

Reality. While High School coaches can play an important role in the recruiting process, they cannot do it all. Parents and Athletes need to be realistic about their expectations of their coaches. These dedicated people not only coach their teams, but also hold down full-time jobs and have families. In most cases, high schools do not have the budgets to allow them to prepare and duplicate videos, prepare mailing packages and ship them to many colleges.

Myth. I have been mentioned in the newspaper sports section. This is great publicity that will help me to get recruited.

Reality. Do you really believe that a coach in Philadelphia is reading a Chicago area newspaper? Coaches don't put much stock in newspaper clippings. They don't scour the papers looking for prospects

Recruiting

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BECOMING A PROSPECT

Getting Noticed

Getting noticed is all about advertising your skills to coaches at schools that you hope to attend. Getting noticed by the **right** schools is the biggest challenge in getting recruited. The college sports recruiting world is very competitive.

Don't be naive about the recruiting process. Only the premier athletes have schools actively recruiting them. Most other college bound athletes need to market themselves aggressively to be noticed. **LCCHOOPS will help athletes take control of the recruiting process by promoting them with effective resources.** We cannot guarantee recruiting success. We can guarantee that only those athletes who actively market themselves will succeed.

The Prospect

Average athletes who compete during observation periods are far more likely to be recruited than good athletes who don't.

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BECOMING A PROSPECT

Getting Noticed

- Get your profile to coaches
- Choose your demographics
- Target all school levels
 - D I
 - D II
 - D III
 - NAIA and NCAA
- Determine your expense
- Maintain your GPA
- Participate in volunteer events and scholastic groups
- Maintain your GPA!

ARE YOU READY?

The Prospect

For Early Registered Challengers the fee is \$0 for the 2018-2019 season

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Steps to Success

Create the Prospect

1. Build the profile – Name, sport(s), list stats, academic performance, extra curricular activities
2. Target the Division Level – Targeting the appropriate division for the student makes the recruiting effort efficient
3. Publish the prospects profile
4. Capture and create a video profile of the student
5. Send profile information to colleges, coaches and recruiters
6. Speak with interested coaches
7. Meet the demand of the coaches

The Prospect

For Early Registered Challengers the fee is \$0 for the 2018-2019 season

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Steps to Success

Role of Parents & Coaches

Supporting without over-managing
How parents can help organize information and track communications

HS/AAU coaches: valuable, but not the whole recruiting team



Resources:

Parent Role in Recruiting:

<https://www.ncsasports.org/parent-recruiting-guide>

Coach Communication Guidelines:

<https://www.2adays.com/blog/recruiting-checklist-for-coaches/>

The Prospect

For Early Registered Challengers the fee is \$0 for the 2018-2019 season

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For Serious Athletes Only

Taking the Next Step:

1. Register to become an LCC high school prospect
2. Attend the Profile Building Session
3. Meet with your Mentor who will be assigned to track your performance throughout the current season (includes high school and summer season)
4. Sign required forms releasing permission for media capture and delivery
5. Attend the pre-season work shop
6. Make payment of \$600 (waived)

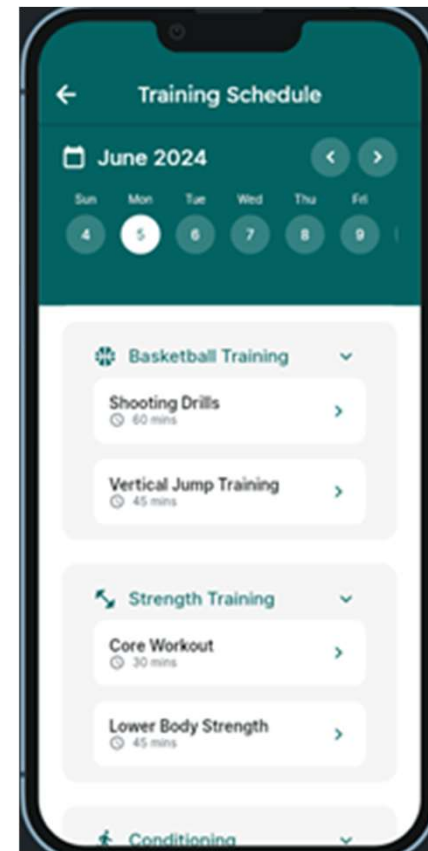
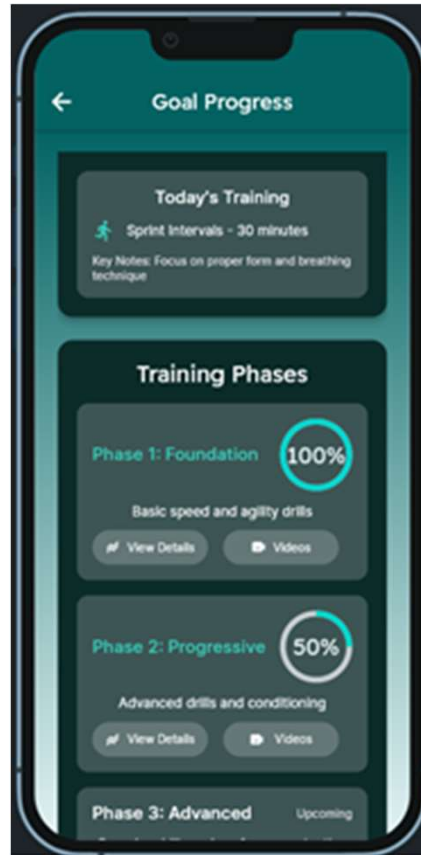
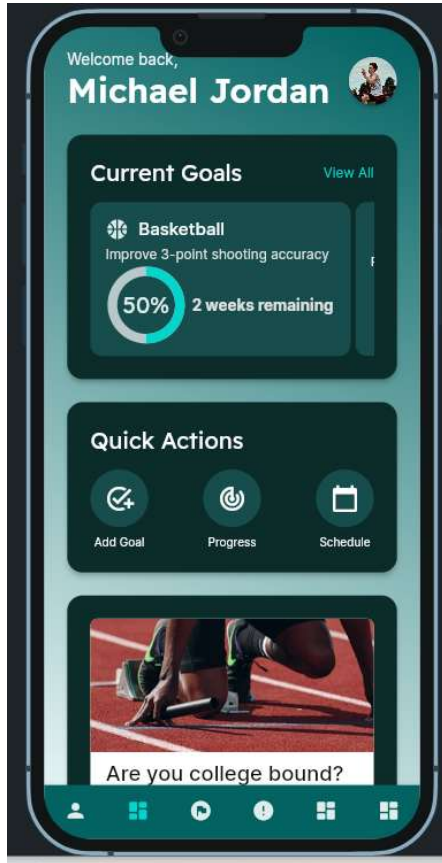
The Prospect

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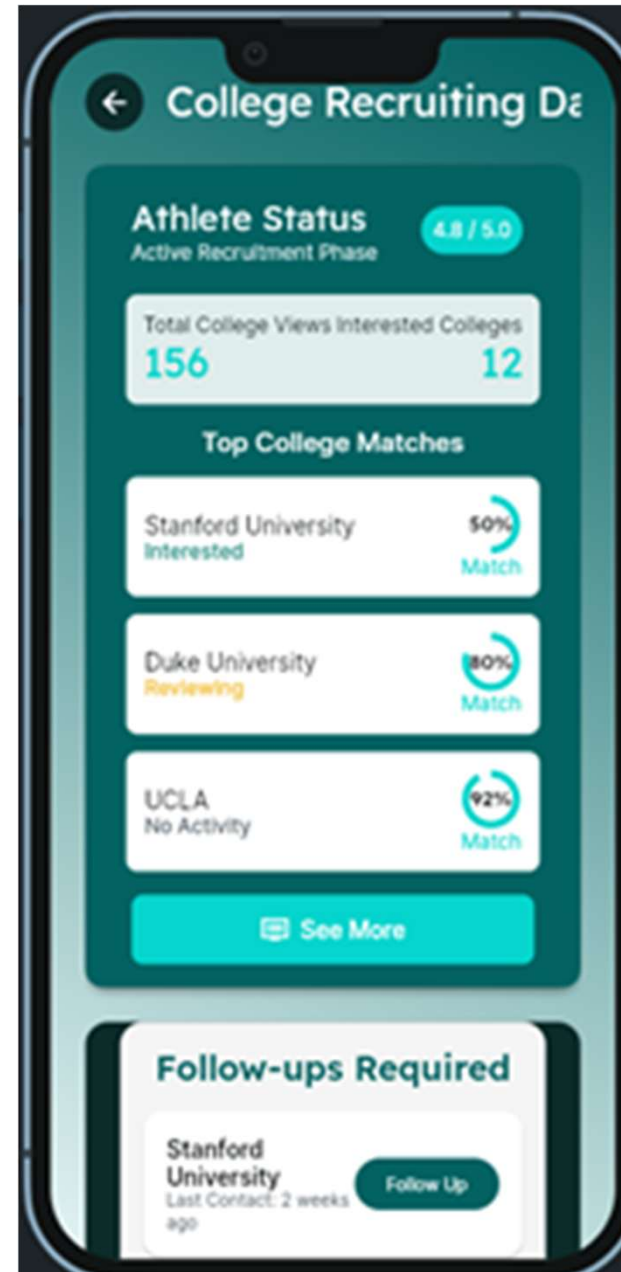
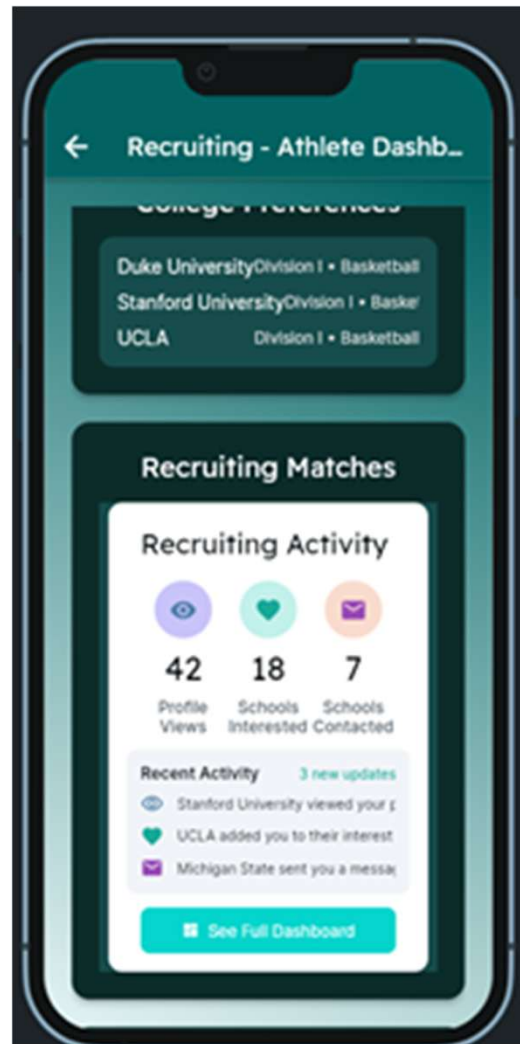
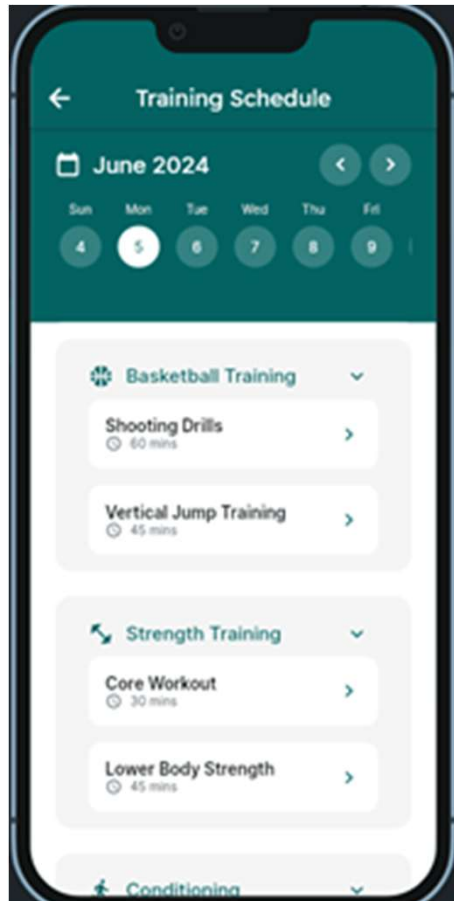
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2026 LCCHOOPS Will accelerate recruiting for athletes with AI and connected network



Confidential information release

Connected insights 24/7



Confidential information release