

2025

WOLFPACK FOOTBALL

CLASS OF 2029 PARENTS

MAY 1, 2025



WELCOME

AGENDA:

- FROSH INTRO
- WHO ARE WE
- CALENDAR
- SUMMER PROGRAM
- PSG INFORMATION
- TO DO LIST
- GET CONNECTED

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**STRENGTH
OF THE
PACK IS THE
WOLF,
STRENGTH
OF THE
WOLF IS THE
PACK.**



FOOTBALL



HERSCHEL RAMIREZ

HEAD FOOTBALL COACH

HRAMIREZ@TVUSD.US

MAY 2, 2024



FOOTBALL

NICK ZISSIMOS

FROSH HEAD COACH

ZISSIMOSNICK@GMAIL.COM



FROSH PARENT REMIND:

text: 81010

type: @hb3384



COACHING STAFF

2025



Freshmen

Trent Barker
Jared Furoboten
Travis Link
Markus Meredith
Vince Orlando
Ray Robarts
Nick Zissimos - HC



Junior Varsity

Don Ashley - HC
Doug Brown - OC
Jim Deering - OL
Bryan Hunt - WR
Mike Kostecki - DC
Mikki St. Germain - DL
Leonard Traylor - DB
J'sun Villalobos - QB
Jay Williams - RB



Varsity

Scott Foster - DL
Lionel Hines - AHC/RB
Quincy Lejay - DB
Pat Nevens - STC
Sean Parks - OL
Herschel Ramirez - HC/DC
Rob Robbins - QB
Ryan Smith - AHC/OC
Jeff Wight - DB



2025 GREAT OAK FOOTBALL

ATHLETIC DEPARTMENT



ATHLETIC ADMINISTRATOR

Anthony Califano
Assistant Principal
acalifano@tvusd.us
951-294-6450 ext 23158



Head Athletic Trainer

Chantelle Snyder, BS, ATC
csnyder@tvusd.us
951-294-6450 ext 23120

Varsity Head Coach

Herschel Ramirez
hramirez@tvusd.us

Associate Head Coaches

Lionel Hines

Student Athlete Development
and Football Relations
lhines@tvusd.us

Ryan Smith

Sports Performance and
Recruiting
rsmith1@tvusd.us

Junior Varsity Head Coach

Don Ashley

Info@championslifestyle.com

Freshman Head Coach

Nick Zissimos

zissimosnick@gmail.com



MISSION

Wolfpack Football is committed to excellence in playing football while supporting the educational mission of Great Oak High School. Our mission is to plan, practice, and play to win but our purpose is to teach, support, and celebrate the human growth of our student athletes in preparation for the future.



Love

Love of football. Love of team.
Love of the process.

Teamwork

Collaboration. Purpose. Sacrifice.
Service.

Accountability

Communication. Truth. Discipline.
Standards.

Stand Tall

Toughness. Strain. Compete.
Growth Mindset.

2025 WOLFPACK

FOOTBALL CALENDAR

(CLICK ON IMAGE BELOW)

May 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				FOOTBALL PARENT MEETING 630-8PM GOHS PAC 2029 630P/ RETURNING 7P		
4	5	6	7	8	9	10
		V/JV PRACTICE 3:30-5:30 PM	***COLLEGE SHOWCASE 9AM*** V/JV PRACTICE 3:30-5:30 PM	V/JV PRACTICE 3:30-5:30 PM		
11	12	13	14	15	16	17
		V/JV PRACTICE 3:30-5:30 PM	V/JV PRACTICE 3:30-5:30 PM	V/JV PRACTICE 3:30-5:30 PM		ATHLETIC PHYSICALS AT TVHS GO HERE FOR MORE INFO
18	19	20	21	22	23	24
LA COSTA CANYON PASSING TOURNEY ***SELECT PLAYERS ONLY*** 8AM-2PM AT LA COSTA CANYON HS		V/JV PRACTICE 3:30-5:30 PM	V/JV PRACTICE 3:30-5:30 PM	V/JV PRACTICE 3:30-5:30 PM		
				2025-26 ATHLETIC PHYSICALS DUE		
25	26	27	28	29	30	31



PRACTICE SCHEDULE

2025



Summer Session 1 (6/9-6/26)

Monday 4-7p

Tuesday 7-10a

Wednesday 4-7p

Thursday - 7-10a

2 Hours on Field/Class

1 Hour Weight Room

Summer Session 2 (7/14-8/1)

Monday 4-7p

Tuesday 4-7p

Wednesday 4-7p

Thursday 4-7p

Friday 7-10a

2 Hours on Field/Class

1 Hour Weight Room

Fall Practice

Monday 330-530p

Tuesday 530-830p (FR 330-530p)

Wednesday 330-530p

Thursday WALK THRU 330-430p

(Games: Frosh 4pm/JV 7pm)

Friday Game Day 530p (FR 330-430p)

6th Period Football EVERYDAY

Field* or Class



 **Win a VIP Gift Experience from Oasis!**

Scan the QR Code to Enter Our Raffle Now!

 **Includes Free Training, Recovery, Pickleball & More
– No Strings Attached!**



Visit our booth to learn more about **Oasis Performance Training** for
Athletes & Parents

 High-level fitness, accountability & performance – Temecula's
Premier Facility

OASIS VIDEO LINK

Tier 1

✓ **2 Semi-Private Athletic Training Sessions**

✓ **Speed, Strength, Confidence Building**

✦ **Savings of 50+%**

Tier 2

- ✓ 4 Semi-Private Training Classes
- ✓ 1 Recovery Sauna Session
- ✓ Goal Setting + Accountability

💥 Savings of 60+%

Tier 3

- ✓ 6 Semi-Private Sessions
- ✓ 1 Recovery Infrared Sauna Session
- ✓ Goal Setting + Accountability
- ✓ Bonus: 1-on-1 Assessment + Goal Plan

✦ Savings of 42+%

3 Ways to Experience Oasis for You & Your Athlete

Tier 1

- ✓ 2 Semi-Private Athletic Training Sessions
- ✓ Speed, Strength, Confidence Building
- ✦ Savings of 50+% Off

Tier 2

- ✓ 4 Semi-Private Training Classes
- ✓ 1 Recovery Sauna Session
- ✓ Goal Setting + Accountability
- ✦ Savings of 60+% Off

Tier 3

- ✓ Everything in Tier 1 + Tier 2
- ✓ Bonus: 1-on-1 Assessment + Goal Plan
- ✦ Savings of 42+% Off

 Ask us at the booth for your exclusive invite! Only available at this event.



FOOTBALL

BEFORE PARTICIPATING IN
SUMMER ACTIVITIES (START 6/9)

MUST BE ENROLLED AT GOHS

ATHLETIC CLEARANCE

- SUBMITTED AND COMPLETED BY MAY 22nd

SIGNED PSG WAIVER WITH PAID FEE

ACADEMIC ELIGIBILITY

- CLASS OF 2029: ALL ELIGIBLE TO START

TRANSFER ELIGIBILITY*

*ONLY APPLIES IF STUDENT-ATHLETE HAS GONE TO MULTIPLE SCHOOLS
SINCE THE START OF 9TH GRADE

**CLICK ON
IMAGE:**

2025

ATHLETIC
CLEARANCE

2026

- All **incoming student-athletes** are required to submit their athletic clearance information and paperwork for the 2025-2026 season.
- All **current student-athletes** will need to **RE-SUBMIT** their info and paperwork for 2025-2026 season.

GO TO [ATHLETICCLEARANCE.COM](https://athleticclearance.com)
FOLLOW THE
INSTRUCTIONS CAREFULLY

**Physical
must be dated
FEB. 12, 2025
or after**

**YOU WILL BE REQUIRED
TO UPLOAD ALL DOCUMENTS**

Please DO NOT

- BRING DOCS TO SCHOOL
- EMAIL DOCS
- MAIL DOCS TO SCHOOL
- GIVE DOCS TO ANY COACH

click here to
get started
and for
necessary
clearance
forms

**GREAT OAK
HIGH SCHOOL**

GREAT OAK HIGH SCHOOL

ALL ATHLETIC**PHYSICAL DAY**

SATURDAY, MAY 17TH 8:00 A.M. - 12:00 P.M.
@ TEMECULA VALLEY HIGH SCHOOL

\$45

A-I >>> 8:00 A.M. - 9:30 A.M.
J-O >>> 9:30 A.M. - 11:00 A.M.
P-Z >>> 11:00 A.M. - 12:00 P.M.

\$45

WOLFPACK FOOTBALL PSG

LORI SPILLERS

JESSICA WARD

AMY SMITH



FOOTBALL

Wolfpack Parent Support Group (PSG)

PSG's Purpose

- To encourage, support and serve the football program by providing equipment, support and training as requested by the Head Coach with support from GOHS Administration, GOPack Foundation and TVUSD.
- Raise funds through many fundraising activities and disburse those funds based on the needs presented to us by the Coaches and agreed upon by the PSG Members.

PSG Representatives/Volunteers

Parent Contact Information



- Fill out attached to be included in email communication from the PSG about upcoming season information.
- Contact us at:
- GreatOakFootball@gmail.com

- Program Representative: Lori Spillers
- Communications: Jessica Ward
- Varsity/Senior Coordinator: Amy Smith
- OPEN POSITIONS:
 - Team Coordinator - JV/FROSH
 - Spirit Wear Coordinator & Committee Members
 - Snack Bar Head & Committee Members
 - Fundraising
 - Members at Large

PSG Position Descriptions

- Team Coordinator - JV/FROSH
 - Primary point of contact for Parents, responsible for:
 - Disseminating team information, coordinating team events & weekly dinners, game day snacks, and end of season banquet
- Spirit Wear Coordinator & Committee Members
 - Coordinator responsible for inventory, ordering and delivering product for game day sales
 - Members responsible for volunteering to sell items during games
- Snack Bar Head & Committee Members
 - Coordinator responsible for inventory, purchasing, opening/closing for all home games, & train and support Committee Members
 - Members responsible for assisting coordinator in opening/closing and volunteering to work snack bar during games

Parent Contact Information



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FOOTBALL

- Fundraising
 - Responsible for coordination of major fundraisers, fundraising events
 - VIP Seats, Online Fundraiser, Banners, Restaurant Nights, etc.
 - Soliciting donations from Local Businesses
- Members at Large
 - Volunteers who can't commit to a specific position but available to help at events for Wolfpack Football

Fundraisers

- Business Banners:
 - Sponsorships are 4'x8' banners that include wind slits & company logo; remain in place for full year



Scan for more information!

Or reach out to GOPack:
(951) 294-6450 ext 23145
GOPackFoundation@gmail.com

Fundraisers

- VIP Seats:
 - Includes parking & VIP entrance for all Varsity Home Games
 - Seats located on 50 yr line, RESERVED section with permanent decal with player name/number
- Restaurant Nights:
 - Local restaurants host events for return of percentage to program
- Suggestions from End of Season Survey
 - Bunko or Bingo Night with Raffle Baskets
 - Discount Cards
 - Golf Tournament
 - Local Sponsorships
 - More variety in Spirit Wear Items

Parent Contact Information



- Fill out attached to be included in email communication from the PSG about upcoming season information.
- Contact us at:
 - GreatOakFootball@gmail.com

Snack Bar Volunteers

Parent Contact Information



- Fill out attached to be included in email communication from the PSG about upcoming season information.
- Contact us at:
 - GreatOakFootball@gmail.com

- Brought in \$13K in revenue this season
- On average, Varsity Home Games bring in \$1K to \$2K each game
- Expectation that every family volunteer at least once
 - This would provide coverage for entire season
 - Volunteer for game other than where your player will be to avoid missing player game
 - EX. FROSH player, volunteer to work JV game
- GOPack requires parents to be financially trained in order to accept payments (minimum of 2-3 adults per game)
 - Quick 20 minute annual training that covers all sports for entire school year
- Students can volunteer for community service hours

Program at risk of losing snack bar without volunteers for PSG positions

Summer Program Registration Fee

Parent Contact Information

- 6 week program for \$600
 - Session 1 - Monday to Thursday, June 9th to June 26th
 - **DEAD PERIOD - June 27th to July 13th**
 - Session 1 - Monday to Friday, July 14th to August 1st
- Weight training, field practice and conditioning
- Includes two practice shirts, pair of shorts and red Football Polo
- Covers facilities, equipment, nutrition and Coaching Stipends for summer
- Payment must be made in order to participate (cash/check/PayPal)
 - Families unable to pay or needing to arrange a payment schedule, please coordinate through Team Representative or GOPack
- 2025-2026 Athletic Clearance, signed Participation Waiver and Payment will be verified by PSG Volunteers in order for players to take the field.



- Fill out attached to be included in email communication from the PSG about upcoming season information.

- Contact us at:
● GreatOakFootball@gmail.com

*Students who choose not to participate in the summer camp will still be able to come out for the team when the Fall Camp begins on August 2nd .
Players who do not participate in summer camp will not be able to lift, practice, or participate in summer 7x7 / 5x5 opportunities.*

Fall Fair Share Fee

- FULL PADS - Saturday, August 2nd
- Fair Share for 2025-2026 season is \$400 (cash/check/PayPal)
 - Families unable to pay or needing to arrange a payment schedule, please coordinate through Team Representative or GOPack
- Funds support facilities, transportation, equipment, nutrition, team meals & activities, end of the season banquets, Coaching stipends, uniform replacements, Hudl and other costs associated with supporting three levels of a high school football program.
- 2024 Largest Season Costs:

○ Stipends: \$45K	Apparel/Equipment: \$34K
○ Recognition/Banquet: \$23K	Tournaments: \$10K
○ Transportation: \$7K	Nutrition: \$8K

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