



## COVID-19 Rink Rules, Protocols and Guidelines\*

PYHA will follow all mandates issued by the local and state government for youth hockey and the facilities that they are happening in. If there is any uncertainty regarding how to handle the situation, we will rely on the guidance of local health departments. That said, player and family safety are of the utmost importance to us, and as such, we are issuing the following rules and protocols for our organization.

- If you are sick, **STAY HOME**.
- **ALL Players and Coaches (both PYHA families as well as opposing teams) MUST wear a mask when entering the Deep Freeze, and until they are ready to take the ice for practices or games. This includes time spent in the locker rooms. No exceptions.**
- **All Coaches and Volunteers who participate in our Little Pens and Little Phantoms programs MUST wear a mask at all times during the program, including when on the ice.**
- During practices, Coaches and Players should follow social distancing protocols when on the ice and not in a drill (for example, when in line for a drill, keep space between players).
- All dryland activities must be conducted outside for now and players and Coaches **MUST** remain at least 6 feet apart at all times. If this can not be done, the team should not be participating in dryland activities. You are encouraged to also consider Zoom meeting dryland alternatives.
- **If possible, please have your player dress before entering the rink** (at least the majority of their gear). They can put their skates on when they enter the rink. We will continue to allow locker room usage for now, but again, **everyone in the locker room MUST be masked and remain socially distanced.**
- Locker Room, Penalty Box, EMT, Scorekeeper, and Timekeeper volunteers **MUST** wear a mask when performing their duties.
- All Spectators/Parents/Families are **HIGHLY ENCOURAGED** to wear a mask when entering the Deep Freeze. We do **NOT** currently have a spectator limit, but reserve the right to issue one.
- Social Distancing must be adhered to during all events. The outer rink walls and stands within the rink, as well as locker rooms will be marked with orange dots for social distancing.
- **Game Day Protocols** - Opposing teams should enter the Deep Freeze **NO MORE THAN 30 minutes prior to their game** and are to leave the facility immediately after. Players should arrive partially dressed, and then proceed to their locker room (or other designated dressing area) to put their skates on and any final gear. Players must remain socially distanced in locker rooms/dressing areas. **Players and Spectators should exit the building as soon as possible after the game has finished.**
- Players and coaches will not shake hands with the opposing teams or officials. They will line up on the blue line and give a stick tap for sportsmanship.
- All players/people in the player's household who test positive for COVID-19 need to report that diagnosis to the President of the PYHA immediately and that player will need to perform the proper isolation protocols. All reports will stay confidential due to privacy laws (however, if a family wishes to share that information with their team, they may). If a player or coach tests positive for COVID-19, the team and Coaching staff will be instructed with proper quarantine and return to play protocols based on the most recent guidance. In general, we plan to follow the current guidance most school districts are following with regard to quarantine protocols.

*\*This policy may change at any time, due to new guidelines and recommendations and will be shared via our website. These guidelines were last updated September 14, 2021.*