



November 2025

Elite Volleyball Prep Academy

NEWSLETTER

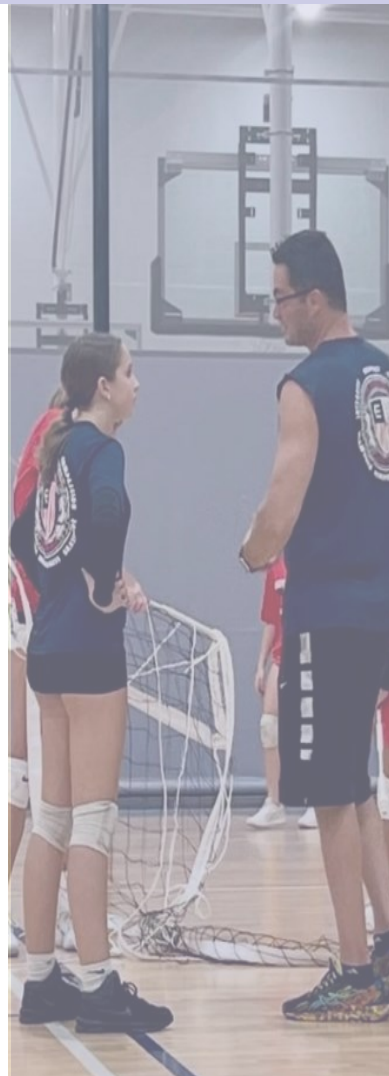
Volleyball News

Club Season Has Officially Begun!

We're excited to announce that club season is officially underway! Our athletes have hit the court with incredible energy, and practices have been full of hustle, teamwork, and plenty of smiles.

It's great to see new faces blending with returning players, building a strong foundation for an amazing season ahead. Coaches are thrilled with the effort so far so keep bringing that positive attitude and commitment!

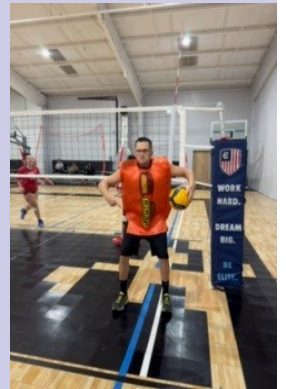
Here's to a season of growth, great volleyball, and unforgettable memories. Let's make this year our best yet!



INSIDE THIS ISSUE

- Season Practice.....1
- Club Practice Pictures.....2-3
- Accomplishments.....4-5
- Mini Club.....6
- Thanksgiving and Break.....7
- Skills Classes.....7
- Team Bonding.....8-9
- Elite Sponsorship.....9
- Fundraisers.....9
- Elite Spirit Day.....9
- Meet the Coaches.....10
- Become a volunteer.....11

Club Volleyball Practice



Club Volleyball Practice



Elite Athlete Accomplishments



Elite Athlete Accomplishments



Mini Club Season Wrap-Up—A Big Success!

Our mini club season has officially come to a close and what an incredible run it was! From the first serve to the last rally, our athletes brought energy, teamwork, and passion to every practice and match. The growth we've seen in such a short time is truly inspiring, and it's clear that this experience has set the stage for even bigger things ahead.

Thank you to all the players, coaches, and families who made this season possible. Your dedication and support are what keep our club strong. We can't wait to do it all again next year—bigger, better, and with even more volleyball fun!

Until then, keep practicing, stay active, and Be Elite!



Happy Thanksgiving!

As we approach Thanksgiving, all of us at Elite, want to take a moment to express our gratitude to our incredible families. Your support, dedication, and enthusiasm make our community so special, and we are truly thankful for each of you.

This season is about more than volleyball, it's about appreciating the connections we've built and the memories we share both on and off the court. We hope your holiday is filled with joy, laughter, and time spent with loved ones.

From our Elite family to yours, Happy Thanksgiving! We look forward to continuing this amazing journey together.



Thanksgiving Break Notice

Our regular volleyball practice sessions will be on break from November 23 to November 29 for Thanksgiving. Please enjoy the time with your family.

For those that can't get enough volleyball, we're excited to announce a Thanksgiving Volleyball Camp/Clinic running November 23 to November 25!

Stay tuned—details and registration information will be coming soon.

Skills Classes and Clinics

Whether you're new to volleyball or a seasoned player, skills classes are one of the best ways to elevate your game. These sessions focus on fundamentals— passing, setting, serving, and hitting, while introducing advanced techniques that make a real difference on the court.

Why is it important?

Build Strong Foundations: Great teams start with solid individual skills.

Improve Consistency: Repetition and coaching help you master the details.

Boost Confidence: Knowing your technique is sound makes you play smarter and faster.

Why is it fun?

Skills classes aren't just drills; they're interactive, competitive, and social. You'll meet other players, challenge yourself, and leave feeling energized and ready for game day.

Ready to take your game to the next level?

Sign up for skills classes and clinics here! <https://www.elitevball.com/registerhere>



Team Bonding





The Power of Team Bonding in Volleyball

Team bonding is more than just a fun activity; it's the foundation of a successful volleyball program. When players feel connected, they communicate better on the court, trust each other's decisions, and play with confidence. Strong relationships off the court translate into seamless teamwork during matches.

Bonding activities help reduce stress, build resilience, and create a sense of belonging. Whether it's a team dinner, a beach workout, or a simple game night, these moments foster unity and remind players that they're part of something bigger than themselves. In competitive sports, talent wins games, but chemistry wins championships.

Investing time in team bonding isn't optional, it's essential. A united team will always outperform a group of individuals.

Send your 2025-26 team bonding pictures to jgilmour@elivevball.com

Elite Sponsorship and Comarketing Opportunity

Know of an organization interested in sponsoring Elite? Our sponsorship opportunities offer businesses a chance to support the local community while gaining valuable exposure and return on investment. If you own a business or know someone who might be interested, please contact us at

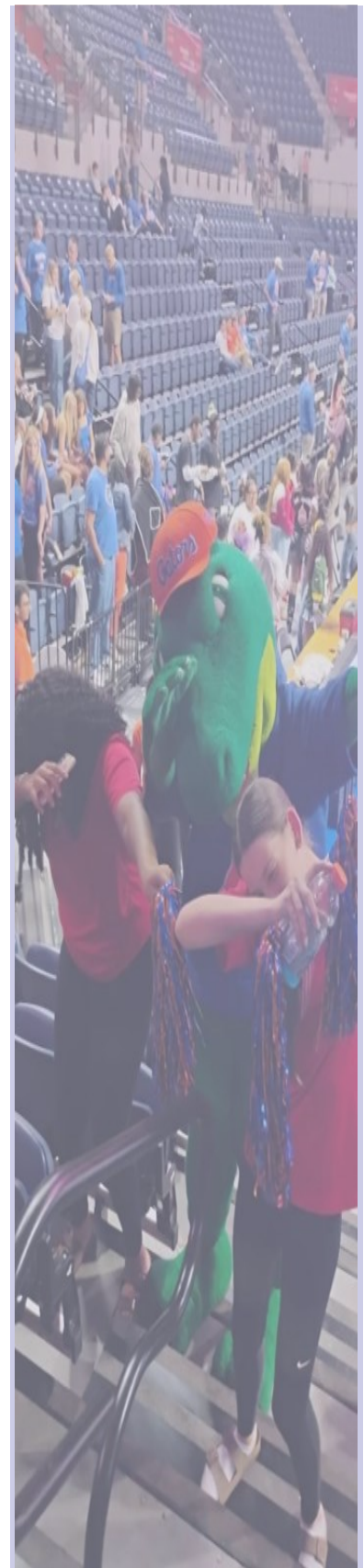
ADMIN@ELITEVBALL.com to learn more.

Fundraisers

Elite is exploring opportunities for our athletes to raise money to help offset upcoming tournament costs. We've been in contact with fundraising companies like Booster and are working to find the best and most effective options for our athletes and their families. More information will be shared soon!

Elite Spirit Day

Do you own a business and wish to host our next Elite Spirit Day?
All proceeds donated to Elite will help benefit future programs and events.
Please email your business information to jgilmour@elivevball.com.



Meet the Coach!

We are excited to announce that our community of volleyball athletes at Elite is expanding, and so is our exceptional coaching team!

Each month, we will spotlight a few of our coaches, giving you the opportunity to get to know them better!



MEET THE COACH

NANCY HOPPER

HEAD COACH




FUN FACT: I love my family, I love my farm, and I love to fish.

FAVORITE VOLLEYBALL MEMORY: Being inducted into the Hall of Fame at Indian River State College for my success as a volleyball coach.

QUOTE I LIVE BY: Hard Work, Effort and Energy will take you where ever you want to go.


ELITE VOLLEYBALL



MEET THE COACH

LORI BARTON

HEAD VOLLEYBALL COACH



A fun fact about myself is that I lived in China for a year teaching English after I graduated college. I was able to travel all over Asia and then into Europe which was one of my favorite adventures ever. Also I got engaged outside of the Eiffel Tower.

I have played volleyball since the age of 5, here in Sarasota county. I attended Epiphany Catholic School and started on the Epiphany team as a fifth grader then I went to Venice High School, and I started on the high school team as a freshman playing with my sisters. That was probably the most fun I've ever had, besides meeting my best friends in college, who were all on my volleyball team. I enjoy coaching with my husband, Grayson and our three littles - Ronan (5), Hurlee (4) and Cian (2). They love the sport just as much as their parents.

A quote I live by is: What YOU allow will continue.

ELITE VOLLEYBALL

SportsEngine—Stay Connected with your Athlete's Account

Managing your athlete's journey has never been easier. Log in to SportsEngine.com to keep track of everything in one place: payments, registrations, schedules, and more. Staying up to date ensures your athlete is ready for every game and event. Check your account today and make sure you're all set for the season! [SportsEngine | Dashboard](#)

Volunteers Needed

Elite is excited to announce our new PEO and volunteer group to bring the very best experience to our families and athletes. This PEO will continue to drive a relentless pursuit of excellence for Sarasota Volleyball year after year.

If you would like to help deliver the best possible volleyball experience for your family and athlete, [click here: to join our Elite](#)



PEO workstreams and volunteers:

- Fundraising
- Recruiting Office
- Player Development and Curriculum
- Apparel and Uniforms
- Equipment
- Travel
- Social Events
- Video and Streaming
- Coach Development and Feedback
- Social and Digital Media
- Family/Player Advocacy and Conflict Resolution Office
- Finance and Accounting
- Information Technology
- Planning and Communication
- Nutrition
- Health and Mental Health
- Sports Performance
- Tournaments and Selection
- Best Practices and Industry Alignment
- Facilities

If you haven't already done so, please join our **BAND** to stay updated on all communications and upcoming events: <https://band.us/n/a2a9A4dfh946y>

Not seeing Elite communications? Check your spam folder and make sure you're receiving emails from our Elite email address : Admin@elitevball.com

If you'd like to share pictures for inclusion in the next newsletter, please email them to:

jgilmour@elitevball.com



CLUB DIRECTOR - NICK BEHRENS
5328 24th St E, Bradenton, FL 34203
sales@elitevball.com
1-833-486-5539