

EAST SECTION TRACK AND FIELD MEET

WEDNESDAY, MAY 22, 2023– Davidson School Track Area/Alt Day: Friday May 24, 2024

3000m All runners advance to District Meet—Friday May 31st, 7pm

TRACK		FIELD EVENTS								
Start Time	Event and Category	Start Time	U13 Boys	U13 Girls	Inter Boys	Inter Girls	Junior Boys	Junior Girls	Senior Boys	Senior Girls
10:15	80m Hurdles U13G, IG, U13B, JG, SG	10:15	JT	SP		DT	LJ		TJ	HJ
10:35	100m Hurdles IB, JB, SB						Quad (all)			
	100m Heats U13G, IG, JG, SG	10:45	LJ	TJ		HJ	DT	JT		SP
	100m Heats U13B, IB, JB, SB, Quad									
11:15	800m Finals U13G,IG,JG,SG	11:15	DT		JT	SP	HJ	LJ		TJ
	800m Finals U13B, IB, JB, SB									
11:45	200m Time Final U13G, IG, JG, SG	11:45	HJ		LJ	TJ	SP	DT	JT	
	200m Time Final U13B, IB, JB, SB						Quad (all)			
12:15	Track BREAK	12:15	SP	JT	DT		TJ	HJ	LJ	
	Track BREAK	12:45	TJ	LJ	HJ			SP	DT	JT
1:15	1500m U13G,IG,JG,SG	1:30		DT	SP	JT		TJ	HJ	LJ
	1500m U13B, IB, JB, SB									
1:45	100m Final U13G,IG,JG,SG	2:00		HJ	TJ	LJ	JT		SP	DT
	100m Final U13B, IB, JB, SB									
2:15	400m Time Final U13G,IG,JG,SG									
	400m Time Final U13B, IB, JB, SB Quad 800m									
	Relays—time permitting									