

PETITION PROCEDURE TO REGIONAL CHAMPIONSHIPS

AS DEFINED IN THE 2025-2026 USA GYMNASTICS WOMEN'S PROGRAM RULES AND POLICIES

All petitions to the **2026 Level 6 – 10 Region 1 Gymnastics Championships**
must be e-mailed or faxed to all:

- 1. GIGI IAVARONE, Regional Technical Committee Chairman:**
Gigi.RTC1@cox.net, 949-573-1654
- 2. JD MACDONALD Regional Development Program Committee Chairman:**
flipflopfull83@aol.com, 530-524-6542
- 3. PERRY SIU State Administrative Committee Chairman:**
norcalchair@gmail.com, 415-899-8275, Fax 415-597-6395

Please use the subject line: **Petition_StateAbbreviation_Level_Athlete'sLastName**

(Example: Petition_NV_10_Smith)

State Abbreviations: AZ, NV, UT, SoCal, NorCal

Petitions must contain:

- 1) Completed, legible [Injury Petition Form](#)
- 2) Verification of qualifying score which must include:
 - a. Name of meet
 - b. Date of competition
 - c. Scores for all events (with a minimum of 35.00 AA=1.00 greater than the Regional Qualifying Score of 34.00, per R&P)
- 3) Licensed Medical Professional's note which must include:
 - a. Written verification of illness or injury
 - b. Date of release for return to gymnastics activity – which lists a date giving the gymnast ample time to prepare for the competition; preferably > than one week.
 - c. Signature of medical professional

WRITTEN REQUEST FROM THE COACH AND OFFICIAL RESULTS ARE DUE BY

5:00 PM, MONDAY, MARCH 23, 2026

ALL OTHER DOCUMENTS (PHYSICIAN'S NOTE) ARE DUE BY

5:00 PM, WEDNESDAY, MARCH 25, 2026

V. General Petition Procedures for USA Gymnastics Development Program Competitions

1. Petitions may be considered for the following reasons:
 - a. Injury, illness or family tragedy (e.g., death, natural disaster)
2. If an athlete is injured prior to a qualifying meet, but can compete in 1, 2 or 3 events, she may compete in the qualifying meet without jeopardizing her right to petition to the next competition.
3. The coach (or club administrator) is responsible for submitting all necessary documentation for the petition on behalf of the petitioning athlete.
4. [Injury Petition Forms](#) are posted on the USA Gymnastics website.
5. Entry form and fees for petitioned athletes must be sent directly to the Meet Director, specifically marked as "Petition pending". If the petition is denied, the RTCC will contact the Meet Director, who will refund the entry fee.
 - a. If the gymnast was injured at the State Championships, the entry form and fees should be given to the USA Gymnastics officer who is designated to collect Regional entries at the State Championships. (Fees will be returned within 3 weeks if the petition is not accepted.)

10. PETITIONS AND DEADLINES - LEVELS 8, 9 & 10 REGIONAL CHAMPIONSHIPS

- a. NO petitions are allowed (at any DEV level) if qualification is by a percentage or by specific number of athletes.
- b. IES (Individual Event Specialist) athletes ARE ALLOWED to petition to Level 9 or 10 Regional Championships, provided that they achieve an event score that is at least 0.25 greater than the current Regional qualifying score.
- c. A Coach may petition to the RTCC (or Regional Technical Assistant, if so designated) to allow the athlete to directly enter the Regional Championship if the following requirements are met AND documentation is included with the petition form:
 - 1) If a gymnast is unable to compete at the State Championships (or cannot compete in AA at State Championships) due to injury or illness prior to or during the State Championships
 - A photocopy of at least one (1) pre-state, sanctioned meet results from the current season (at the level to which they are petitioning) showing a score at least one point (1.00) greater than the Regional qualifying score OR
 - a. **LEVEL 8:** If the gymnast competed in the previous year's Development Program Level 8 Regional Championships and her Optional AA score was at least one point (1.00) greater than the current Regional qualifying score, she may submit her last year's Regional score as her pre-State Championships score.
 - b. **LEVEL 9:** A Level 9 gymnast may submit her previous year's Regional or Eastern/Western score as her pre-State Championships score if her Optional AA score was at least one point (1.00) greater than the current year's Level 9 Regional qualifying score.
 - c. **LEVEL 10:** A Level 10 gymnast may submit either her previous year's Regional or National score as her pre-State Championships score if her Optional AA score was at least one

point (1.00) greater than the current year's Level 10 Regional qualifying score

- A Licensed Medical Professional's written verification of the illness or injury and date of release for return to gymnastics activity.
 - Written request from the coach.
- 2) If an athlete who is unable to compete at the State Championships (or cannot compete AA at State Championships) due to injury or illness is also lacking scores from both the current and last year's season due to injuries but has previously qualified to and competed in either Level 9/10 Regionals, Level 9 Eastern/Western, or Level 10 Nationals, an injury petition for the same level may be considered under special circumstances by the RTCC and the RDPCC. If necessary, the SACC, NDPCC and NTCC will be consulted. The petition must include:
- A copy of the meet results must be included with the petition form. The scores from the previous Regional/National competition must be at least one point (1.00) higher than the current Regional qualifying score.
 - A current video that is sent to both Regional officers.
 - A Licensed Medical Professional's written verification of the illness or injury and date of release for return to gymnastics activity.
 - The RTCC (or their appointee) will handle the petition, in consultation with the RDPCC and the SACC. If an agreement cannot be reached, the RTCC will make the final decision.
- 3) A current video that is sent to both Regional officers.
- 4) A Licensed Medical Professional's written verification of the illness or injury and date of release for return to gymnastics activity.
- d. **SPECIAL CONSIDERATIONS FOR PETITIONS TO LEVEL 9 OR 10 REGIONAL CHAMPIONSHIPS** Any athlete currently competing Level 9 or 10 who has no Level 9 or 10 scores from the current season due to injury, but who had competed at or qualified to an Elite Challenge or Classic in the previous season, may petition to Level 9 or 10 Regionals. The injury petition will be considered under special circumstances by the RTCC and RDPCC. If necessary, the SACC, as well as the NDPCC and NTCC may be consulted. The petition form must be accompanied by the following:
- 1) A copy of her Elite scores from the previous season.
 - 2) A current video must be sent to the two Regional officers.
 - 3) A Licensed Medical Professional's written verification of the illness or injury and date of release for return to gymnastics activity.
- e. If an athlete begins her fourth event at State meet, is injured during the routine and unable to complete her fourth event, she may petition to Regionals if her score from her first three (3) events is equal to or greater than 75% of the required petition score.
- f. If an athlete is injured PRIOR to competing her 4th event at State meet, she may utilize the regular injury petition procedure, or she may elect to utilize her three-event score if it is equal to or greater than 75% of the required petition score.
- g. **REGIONAL PETITIONS MUST BE SENT BY EMAIL AND RECEIVED BY THE SACC, RACC AND RTCC NO LATER THAN:**
- 1) 5:00 PM LOCAL TIME THE MONDAY FOLLOWING STATE - Coaches must notify of any athletes they intend to petition to Regionals by providing a completed [Injury/Illness petition form](#) PLUS official results.

- 2) 5:00 PM LOCAL TIME THE WEDNESDAY FOLLOWING STATE - All other required documents (physician's note) are due.
- 3) The petitioner will be notified of the approval or denial of the petition by the RTCC a minimum of 1 week prior to the Regional meet.
- 4) The RTCC will notify the Meet Director of the approval or denial of the petition.
- 5) If a petition is accepted, but the gymnast is unable to compete, the coach must IMMEDIATELY notify both the Meet Director and the respective RTCC.