

MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS

Falcon Heights, MN
 Les Bolstad Golf Course
 Saturday, November 2, 2024

MEET OFFICIALS

Timing:
 Wayzata Results, LLC



OFFICIAL MEET REPORT
 printed: 11/2/2024 12:42 PM

Race #3
Girls Class AAA 5000M

Final Results**TEAM SCORING SUMMARY**

| Final Standings | Score | Scoring Order | Total | Avg. | Spread |
|---------------------------|-------|---------------------------|---------|-------|--------|
| 1 Wayzata | 42 | 2-5-9-11-15(23)(30) | 1:32:09 | 18:26 | 1:08.3 |
| 2 Forest Lake | 76 | 1-3-12-26-34(40)(49) | 1:33:14 | 18:39 | 2:09.3 |
| 3 Prior Lake | 111 | 6-19-20-31-35(55)(64) | 1:35:55 | 19:11 | 1:16.3 |
| 4 Minneapolis Southwest | 146 | 10-21-32-41-42(54)(79) | 1:37:15 | 19:27 | 1:12.6 |
| 5 Minnetonka | 189 | 7-8-45-59-70(73)(93) | 1:37:45 | 19:33 | 1:59.8 |
| 6 Mounds View | 201 | 4-24-53-58-62(75)(80) | 1:38:07 | 19:38 | 2:19.0 |
| 7 St. Michael-Albertville | 209 | 28-39-43-48-51(82)(99) | 1:39:18 | 19:52 | 0:43.0 |
| 8 Duluth East | 229 | 14-38-46-63-68(74)(85) | 1:39:24 | 19:53 | 1:31.0 |
| 9 Roseville Area | 260 | 16-36-65-66-77(78)(88) | 1:40:06 | 20:02 | 1:34.5 |
| 10 Farmington | 266 | 27-47-60-61-71(90)(101) | 1:40:33 | 20:07 | 1:03.8 |
| 11 Eastview | 276 | 18-33-50-86-89(97)(111) | 1:40:36 | 20:08 | 1:48.9 |
| 12 Brainerd | 284 | 25-29-56-83-91(105)(110) | 1:40:46 | 20:10 | 1:41.6 |
| 13 White Bear Lake Area | 304 | 17-52-72-76-87(103)(104) | 1:41:11 | 20:15 | 1:46.3 |
| 14 Eagan | 324 | 13-44-69-96-102(106)(112) | 1:42:13 | 20:27 | 2:49.3 |
| 15 St. Paul Central | 330 | 22-37-84-92-95(98)(109) | 1:42:04 | 20:25 | 2:02.3 |
| 16 Owatonna | 399 | 57-67-81-94-100(107)(108) | 1:43:59 | 20:48 | 1:12.9 |

INDIVIDUAL RESULTS

| athlete | YR | # | Team (Team Place) | Score | Time | Gap | Avg. Mile | Avg. kM | 1 Mile | 2 Mile |
|----------------------------|----|-----|--------------------|-------|---------|--------|-----------|---------|--------|---------|
| 1 Norah Hushagen | SR | 539 | Forest Lake (1) | 1 | 17:32.3 | --- | 5:38.4 | 3:30.5 | 5:24.1 | 11:07.8 |
| 2 Maddie Gullickson | JR | 522 | Wayzata (1) | 2 | 17:48.3 | 16.0 | 5:43.5 | 3:33.6 | 5:24.5 | 11:13.1 |
| 3 Anna VanAcker | JR | 545 | Forest Lake (2) | 3 | 17:52.8 | 20.5 | 5:44.9 | 3:34.5 | 5:32.5 | 11:23.0 |
| 4 Linnea Ousdigian | SO | 507 | Mounds View (1) | 4 | 18:00.5 | 28.2 | 5:47.4 | 3:36.1 | 5:27.1 | 11:25.2 |
| 5 Lila Golomb | JR | 521 | Wayzata (2) | 5 | 18:04.8 | 32.5 | 5:48.8 | 3:36.9 | 5:33.8 | 11:26.0 |
| 6 Layla Vennink | SR | 456 | Prior Lake (1) | 6 | 18:25.3 | 53.0 | 5:55.4 | 3:41.0 | 5:45.0 | 11:46.1 |
| 7 Lyla Drayna | 8 | 412 | Edina | - | 18:26.4 | 54.1 | 5:55.7 | 3:41.3 | 5:42.2 | 11:46.9 |
| 8 Avery Marasco-Johnson | SR | 461 | Minnetonka (1) | 7 | 18:27.5 | 55.2 | 5:56.1 | 3:41.5 | 5:37.5 | 11:43.1 |
| 9 Evie Malec | SO | 460 | Minnetonka (2) | 8 | 18:32.8 | 1:00.5 | 5:57.8 | 3:42.5 | 5:43.8 | 11:51.6 |
| 10 Jazleen Malherek-Osorio | JR | 525 | Wayzata (3) | 9 | 18:37.3 | 1:05.0 | 5:59.2 | 3:43.5 | 5:48.5 | 11:57.9 |
| 11 Kylie Nelson | SR | 421 | Centennial | - | 18:40.3 | 1:08.0 | 6:00.2 | 3:44.1 | 5:43.8 | 11:57.8 |
| 12 Annika Midness | JR | 533 | Minneapolis Southw | 10 | 18:40.9 | 1:08.6 | 6:00.4 | 3:44.2 | 5:46.8 | 11:58.1 |
| 13 Miley Clark | JR | 520 | Wayzata (4) | 11 | 18:42.3 | 1:10.0 | 6:00.9 | 3:44.5 | 5:49.4 | 11:56.7 |
| 14 Abigail Tri | SO | 387 | Rochester John Ma | - | 18:42.4 | 1:10.1 | 6:00.9 | 3:44.5 | 5:35.9 | 11:41.0 |
| 15 Cara Back | SO | 429 | Rogers | - | 18:42.4 | 1:10.1 | 6:00.9 | 3:44.5 | 5:42.3 | 11:51.6 |
| 16 Carley LaMotte | JR | 398 | Burnsville | - | 18:43.0 | 1:09.7 | 6:01.1 | 3:44.6 | 5:38.0 | 11:42.2 |
| 17 Audrey Schwen | FR | 418 | Blaine | - | 18:43.8 | 1:11.5 | 6:01.3 | 3:44.8 | 5:52.2 | 11:58.6 |
| 18 Lydia Franson | SR | 400 | East Ridge | - | 18:44.8 | 1:12.5 | 6:01.6 | 3:44.9 | 5:46.1 | 11:55.7 |
| 19 Charlotte Kowallis | 8 | 540 | Forest Lake (3) | 12 | 18:44.8 | 1:12.5 | 6:01.7 | 3:44.9 | 5:42.2 | 11:55.0 |
| 20 Noella Ross | JR | 389 | Chaska | - | 18:45.0 | 1:11.7 | 6:01.7 | 3:45.0 | 5:46.3 | 11:50.1 |
| 21 Lauren Boerger | JR | 467 | Eagan (1) | 13 | 18:51.3 | 1:19.0 | 6:03.7 | 3:46.2 | 5:48.3 | 11:57.9 |
| 22 Anna-Britta Helmer | SR | 551 | Duluth East (1) | 14 | 18:53.2 | 1:20.9 | 6:04.4 | 3:46.6 | 6:02.8 | 12:10.0 |
| 23 Morgan Waechter | SO | 415 | Hopkins | - | 18:54.2 | 1:21.9 | 6:04.7 | 3:46.8 | 5:47.6 | 12:00.7 |

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Race #3
Girls Class AAA 5000M**Final Results****INDIVIDUAL RESULTS (cont'd)**

| athlete | YR | # | Team (Team Place) | Score | Time | Gap | Avg. Mile | Avg. KM | 1 Mile | 2 Mile |
|-------------------------|----|-----|-----------------------|-------|---------|--------|-----------|---------|--------|---------|
| 24 Bryn Wegener | 8 | 419 | Blaine | - | 18:54.4 | 1:22.1 | 6:04.7 | 3:46.9 | 5:49.9 | 12:00.0 |
| 25 Eva Jain | FR | 413 | Edina | - | 18:55.6 | 1:23.3 | 6:05.1 | 3:47.1 | 5:52.3 | 12:01.7 |
| 26 Julia Link | SR | 524 | Wayzata (5) | 15 | 18:56.5 | 1:24.2 | 6:05.4 | 3:47.3 | 5:51.3 | 11:59.1 |
| 27 Jacki Johnson | SR | 427 | Moorhead | - | 18:59.3 | 1:27.0 | 6:06.3 | 3:47.9 | 5:57.5 | 12:17.6 |
| 28 Briony Jubert | 8 | 514 | Roseville Area (1) | 16 | 19:02.5 | 1:30.2 | 6:07.3 | 3:48.5 | 5:56.1 | 12:10.6 |
| 29 Logan Bailey | FR | 484 | White Bear Lake Ar | 17 | 19:03.9 | 1:31.6 | 6:07.8 | 3:48.8 | 5:51.3 | 12:08.9 |
| 30 Kienna Loberg | SO | 477 | Eastview (1) | 18 | 19:05.7 | 1:33.4 | 6:08.4 | 3:49.1 | 6:01.7 | 12:12.7 |
| 31 Isabelle Reinders | JR | 455 | Prior Lake (2) | 19 | 19:05.7 | 1:33.4 | 6:08.4 | 3:49.1 | 5:52.7 | 12:12.5 |
| 32 Abigail Hibbs | SR | 406 | Champlin Park | - | 19:06.6 | 1:34.3 | 6:08.7 | 3:49.3 | 5:50.4 | 12:09.3 |
| 33 April Watson | JR | 409 | Maple Grove | - | 19:06.8 | 1:34.5 | 6:08.7 | 3:49.4 | 5:50.8 | 12:05.2 |
| 34 Sara Gastony | JR | 450 | Prior Lake (3) | 20 | 19:07.1 | 1:34.8 | 6:08.8 | 3:49.4 | 5:51.9 | 12:04.7 |
| 35 Nora Prekker | 8 | 534 | Minneapolis Southw | 21 | 19:11.2 | 1:38.9 | 6:10.1 | 3:50.2 | 6:08.6 | 12:18.7 |
| 36 Naomi Dybvig | FR | 416 | Robbinsdale Armstr | - | 19:12.5 | 1:40.2 | 6:10.6 | 3:50.5 | 5:53.0 | 12:12.9 |
| 37 Laura McClary | SR | 495 | St. Paul Central (1) | 22 | 19:14.2 | 1:41.9 | 6:11.1 | 3:50.8 | 5:54.2 | 12:12.0 |
| 38 Alyson Kleyman | SR | 523 | Wayzata (6) | (23) | 19:17.3 | 1:45.0 | 6:12.1 | 3:51.4 | 5:49.4 | 12:00.2 |
| 39 Linnea Ronning | SO | 399 | Hastings | - | 19:18.8 | 1:46.5 | 6:12.6 | 3:51.7 | 5:54.9 | 12:20.2 |
| 40 Sophia Agan | SR | 402 | Two Rivers | - | 19:19.0 | 1:45.7 | 6:12.7 | 3:51.8 | 6:03.7 | 12:26.6 |
| 41 Abigail Urriola | SO | 510 | Mounds View (2) | 24 | 19:19.5 | 1:47.2 | 6:12.8 | 3:51.9 | 5:52.4 | 12:12.5 |
| 42 Brooke Wenz | SR | 572 | Brainerd (1) | 25 | 19:19.6 | 1:47.3 | 6:12.8 | 3:51.9 | 6:02.0 | 12:15.7 |
| 43 Avery Hess | FR | 392 | Waconia | - | 19:21.8 | 1:49.5 | 6:13.6 | 3:52.4 | 6:00.4 | 12:21.6 |
| 44 Molly McCarthy | SO | 541 | Forest Lake (4) | 26 | 19:21.9 | 1:49.6 | 6:13.6 | 3:52.4 | 5:51.6 | 12:05.5 |
| 45 Lauren Lansing | SO | 433 | Farmington (1) | 27 | 19:23.8 | 1:51.5 | 6:14.2 | 3:52.8 | 5:54.4 | 12:12.7 |
| 46 Jaidee Goehring | SO | 391 | Waconia | - | 19:24.6 | 1:52.3 | 6:14.4 | 3:52.9 | 6:01.1 | 12:21.6 |
| 47 Mackenzie Myran | 7 | 561 | St. Michael-Albertvil | 28 | 19:24.7 | 1:52.4 | 6:14.5 | 3:52.9 | 5:54.6 | 12:24.2 |
| 48 Jazzlyn Hanenberger | SR | 386 | Rochester Century | - | 19:25.0 | 1:51.7 | 6:14.6 | 3:53.0 | 5:51.5 | 12:17.1 |
| 49 Sophia Johnson | FR | 428 | Moorhead | - | 19:25.2 | 1:52.9 | 6:14.6 | 3:53.0 | 5:59.6 | 12:22.2 |
| 50 Hannah Stuckey | SO | 383 | Lakeville North | - | 19:25.2 | 1:52.9 | 6:14.7 | 3:53.0 | 5:59.1 | 12:18.2 |
| 51 Chloe Voyen | 8 | 414 | Hopkins | - | 19:26.4 | 1:54.1 | 6:15.0 | 3:53.3 | 5:47.7 | 12:08.0 |
| 52 Avery Wisniewski | 7 | 573 | Brainerd (2) | 29 | 19:27.5 | 1:55.2 | 6:15.4 | 3:53.5 | 6:03.3 | 12:17.6 |
| 53 Sophia Comfere | SR | 385 | Rochester Century | - | 19:29.5 | 1:57.2 | 6:16.0 | 3:53.9 | 5:47.3 | 12:01.1 |
| 54 Aubrey Smith | SO | 527 | Wayzata (7) | (30) | 19:33.5 | 2:01.2 | 6:17.3 | 3:54.7 | 6:02.3 | 12:24.9 |
| 55 Greta Shockey | JR | 401 | Stillwater Area | - | 19:33.6 | 2:01.3 | 6:17.3 | 3:54.7 | 6:10.8 | 12:42.3 |
| 56 Elyse Stachewicz | JR | 382 | Lakeville North | - | 19:34.7 | 2:02.4 | 6:17.7 | 3:54.9 | 5:59.8 | 12:27.1 |
| 57 Brooke Marquardt | SR | 452 | Prior Lake (4) | 31 | 19:35.5 | 2:03.2 | 6:17.9 | 3:55.1 | 5:58.8 | 12:23.2 |
| 58 Danica Kendrick | JR | 393 | Waconia | - | 19:37.1 | 2:04.8 | 6:18.5 | 3:55.4 | 6:03.6 | 12:27.7 |
| 59 Keira Bell | 8 | 529 | Minneapolis Southw | 32 | 19:37.5 | 2:05.2 | 6:18.6 | 3:55.5 | 6:09.7 | 12:31.2 |
| 60 Gracie Puit | SR | 479 | Eastview (2) | 33 | 19:38.9 | 2:06.6 | 6:19.0 | 3:55.8 | 6:04.5 | 12:28.4 |
| 61 Ruby Demmer | SO | 423 | Coon Rapids | - | 19:39.4 | 2:07.1 | 6:19.2 | 3:55.9 | 6:06.0 | 12:32.3 |
| 62 Kelsey Young | SR | 410 | Maple Grove | - | 19:39.6 | 2:07.3 | 6:19.3 | 3:55.9 | 6:01.3 | 12:30.3 |
| 63 Amelia Borgen | JR | 394 | Bloomington Jeffers | - | 19:41.1 | 2:08.8 | 6:19.8 | 3:56.2 | 6:05.9 | 12:34.0 |
| 64 Aaliyah Rogers | JR | 542 | Forest Lake (5) | 34 | 19:41.5 | 2:09.2 | 6:19.9 | 3:56.3 | 6:05.0 | 12:34.3 |
| 65 Maggie Hoen | SR | 451 | Prior Lake (5) | 35 | 19:41.5 | 2:09.2 | 6:19.9 | 3:56.3 | 6:06.9 | 12:35.0 |
| 66 Sidney Fuhr | SR | 388 | Chaska | - | 19:41.7 | 2:09.4 | 6:20.0 | 3:56.3 | 5:56.9 | 12:24.7 |
| 67 Samantha Mermelstein | SR | 515 | Roseville Area (2) | 36 | 19:41.9 | 2:09.6 | 6:20.0 | 3:56.4 | 6:01.3 | 12:30.8 |
| 68 Avery Rich | JR | 396 | Bloomington Jeffers | - | 19:42.5 | 2:10.2 | 6:20.2 | 3:56.5 | 6:05.8 | 12:33.9 |
| 69 Halina Tompkins | SR | 499 | St. Paul Central (2) | 37 | 19:42.8 | 2:10.5 | 6:20.3 | 3:56.6 | 5:54.1 | 12:20.8 |

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Race #3
Girls Class AAA 5000M

Final Results

INDIVIDUAL RESULTS (cont'd)

| athlete | YR | # | Team (Team Place) | Score | Time | Gap | Avg. Mile | Avg. KM | 1 Mile | 2 Mile |
|-------------------------|----|-----|-----------------------|-------|---------|--------|-----------|---------|--------|---------|
| 70 Josie Miller | FR | 404 | Two Rivers | - | 19:43.1 | 2:10.8 | 6:20.4 | 3:56.6 | 6:04.0 | 12:27.4 |
| 71 Carolina Arvold | JR | 547 | Duluth East (2) | 38 | 19:43.7 | 2:11.4 | 6:20.6 | 3:56.7 | 6:05.9 | 12:32.9 |
| 72 Cady Macheel | FR | 426 | Buffalo | - | 19:43.8 | 2:11.5 | 6:20.6 | 3:56.8 | 6:02.5 | 12:32.8 |
| 73 Annabelle Vossen | 8 | 564 | St. Michael-Albertvil | 39 | 19:45.0 | 2:11.7 | 6:21.0 | 3:57.0 | 5:59.5 | 12:29.0 |
| 74 Hazel Hushagen | 7 | 538 | Forest Lake (6) | (40) | 19:47.2 | 2:14.9 | 6:21.7 | 3:57.4 | 6:05.6 | 12:34.7 |
| 75 Annabel Schendel | JR | 536 | Minneapolis Southw | 41 | 19:51.4 | 2:19.1 | 6:23.1 | 3:58.3 | 6:08.7 | 12:30.2 |
| 76 Charlotte Chandler | JR | 403 | Two Rivers | - | 19:52.5 | 2:20.2 | 6:23.4 | 3:58.5 | 6:03.5 | 12:27.2 |
| 77 Anatalya Graham | JR | 531 | Minneapolis Southw | 42 | 19:53.4 | 2:21.1 | 6:23.7 | 3:58.7 | 6:12.2 | 12:40.4 |
| 78 Katrina Metzger | JR | 390 | Eden Prairie | - | 19:54.7 | 2:22.4 | 6:24.1 | 3:58.9 | 5:59.9 | 12:32.8 |
| 79 Eleanor Lindeman | SR | 417 | St. Louis Park | - | 19:54.8 | 2:22.5 | 6:24.2 | 3:59.0 | 5:58.8 | 12:32.5 |
| 80 Chloe Thoennes | SO | 384 | Lakeville South | - | 19:55.4 | 2:23.1 | 6:24.3 | 3:59.1 | 6:00.9 | 12:30.7 |
| 81 Delanie Brand | FR | 556 | St. Michael-Albertvil | 43 | 19:57.4 | 2:25.1 | 6:25.0 | 3:59.5 | 6:00.0 | 12:39.0 |
| 82 Norah Sjerven | SR | 472 | Eagan (2) | 44 | 19:57.8 | 2:25.5 | 6:25.1 | 3:59.5 | 6:07.8 | 12:47.4 |
| 83 Meredith Gilles | SR | 458 | Minnetonka (3) | 45 | 19:58.5 | 2:26.2 | 6:25.3 | 3:59.7 | 6:14.4 | 12:51.9 |
| 84 Taylor Wood | JR | 555 | Duluth East (3) | 46 | 20:01.9 | 2:29.6 | 6:26.4 | 4:00.4 | 6:07.0 | 12:34.1 |
| 85 Sophia Venning | JR | 437 | Farmington (2) | 47 | 20:03.4 | 2:31.1 | 6:26.9 | 4:00.7 | 6:10.0 | 12:44.2 |
| 86 Abigayle Vossen | SO | 563 | St. Michael-Albertvil | 48 | 20:03.4 | 2:31.1 | 6:26.9 | 4:00.7 | 5:59.4 | 12:37.0 |
| 87 Makenna Sjoberg | JR | 420 | Cambridge-Isanti | - | 20:05.8 | 2:33.5 | 6:27.7 | 4:01.2 | 6:08.7 | 12:43.8 |
| 88 Maeta Williams | SO | 546 | Forest Lake (7) | (49) | 20:07.1 | 2:34.8 | 6:28.1 | 4:01.4 | 6:05.2 | 12:34.5 |
| 89 Eleanor Patterson | JR | 478 | Eastview (3) | 50 | 20:07.7 | 2:35.4 | 6:28.3 | 4:01.5 | 6:13.8 | 12:53.0 |
| 90 Ady Hannon | SO | 558 | St. Michael-Albertvil | 51 | 20:07.7 | 2:35.4 | 6:28.3 | 4:01.5 | 6:01.4 | 12:49.8 |
| 91 Isla Bloomquist | 7 | 485 | White Bear Lake Ar | 52 | 20:08.4 | 2:36.1 | 6:28.6 | 4:01.7 | 6:03.4 | 12:42.4 |
| 92 Miranda Sawvel | SR | 422 | Centennial | - | 20:08.8 | 2:36.5 | 6:28.7 | 4:01.8 | 6:05.3 | 12:51.2 |
| 93 Genevieve Rajkowski | 8 | 411 | Spring Lake Park | - | 20:09.6 | 2:37.3 | 6:28.9 | 4:01.9 | 6:05.0 | 12:39.6 |
| 94 Emelia Brodin | 8 | 502 | Mounds View (3) | 53 | 20:10.5 | 2:38.2 | 6:29.2 | 4:02.1 | 6:11.6 | 12:48.7 |
| 95 Zoe Sumner | SR | 537 | Minneapolis Southw | (54) | 20:10.7 | 2:38.4 | 6:29.3 | 4:02.1 | 6:11.1 | 12:44.4 |
| 96 McKenzie Benedict | JR | 448 | Prior Lake (6) | (55) | 20:12.7 | 2:40.4 | 6:29.9 | 4:02.5 | 6:09.0 | 12:45.3 |
| 97 Madi Miller | SR | 568 | Brainerd (3) | 56 | 20:14.5 | 2:42.2 | 6:30.5 | 4:02.9 | 6:03.1 | 12:43.1 |
| 98 Leah Leckner | FR | 441 | Owatonna (1) | 57 | 20:14.7 | 2:42.4 | 6:30.6 | 4:02.9 | 6:00.8 | 12:46.2 |
| 99 Maya Francisco | SR | 504 | Mounds View (4) | 58 | 20:17.1 | 2:44.8 | 6:31.3 | 4:03.4 | 5:55.6 | 12:36.1 |
| 100 Olivia Muehlstedt | JR | 462 | Minnetonka (4) | 59 | 20:18.7 | 2:46.4 | 6:31.9 | 4:03.7 | 6:21.8 | 13:03.6 |
| 101 Brylee Cavanaugh | SR | 432 | Farmington (3) | 60 | 20:19.1 | 2:46.8 | 6:32.0 | 4:03.8 | 6:18.1 | 12:59.6 |
| 102 Lindsey Woestehoff | SR | 438 | Farmington (4) | 61 | 20:19.1 | 2:46.8 | 6:32.0 | 4:03.8 | 6:18.5 | 12:55.5 |
| 103 Adela Peterson | JR | 508 | Mounds View (5) | 62 | 20:19.4 | 2:47.1 | 6:32.1 | 4:03.9 | 6:01.6 | 12:45.8 |
| 104 Sophie Consie | JR | 549 | Duluth East (4) | 63 | 20:20.2 | 2:47.9 | 6:32.3 | 4:04.0 | 6:20.5 | 12:59.8 |
| 105 Jordyn Nevin | SO | 454 | Prior Lake (7) | (64) | 20:20.4 | 2:48.1 | 6:32.4 | 4:04.1 | 6:13.7 | 12:58.3 |
| 106 Gabriella Broadhead | 8 | 425 | Buffalo | - | 20:20.7 | 2:48.4 | 6:32.5 | 4:04.1 | 6:07.2 | 12:56.6 |
| 107 Francesca Geffre | SR | 512 | Roseville Area (3) | 65 | 20:21.9 | 2:49.6 | 6:32.9 | 4:04.4 | 6:14.1 | 13:01.0 |
| 108 Lillian Freeman | FR | 511 | Roseville Area (4) | 66 | 20:23.0 | 2:49.7 | 6:33.2 | 4:04.6 | 6:06.5 | 12:49.4 |
| 109 Kendra Melby | JR | 443 | Owatonna (2) | 67 | 20:23.3 | 2:51.0 | 6:33.3 | 4:04.7 | 5:57.0 | 12:44.7 |
| 110 Alison Kreminski | SR | 552 | Duluth East (5) | 68 | 20:24.2 | 2:51.9 | 6:33.6 | 4:04.8 | 6:18.9 | 12:53.7 |
| 111 Abby Davidson | JR | 469 | Eagan (3) | 69 | 20:26.4 | 2:54.1 | 6:34.3 | 4:05.3 | 6:05.4 | 12:45.2 |
| 112 Margaret Nielsen | FR | 464 | Minnetonka (5) | 70 | 20:27.3 | 2:55.0 | 6:34.6 | 4:05.5 | 6:23.7 | 13:08.7 |
| 113 Mara Brock | 8 | 430 | Farmington (5) | 71 | 20:27.5 | 2:55.2 | 6:34.7 | 4:05.5 | 6:13.6 | 12:55.2 |
| 114 Kelsey Olson | SR | 408 | Maple Grove | - | 20:27.9 | 2:55.6 | 6:34.8 | 4:05.6 | 6:08.2 | 13:01.7 |
| 115 Amelia Nachtsheim | SR | 491 | White Bear Lake Ar | 72 | 20:32.0 | 2:58.7 | 6:36.1 | 4:06.4 | 6:10.3 | 13:03.1 |

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| athlete | YR | # | Team (Team Place) | Score | Time | Gap | Avg. Mile | Avg. KM | 1 Mile | 2 Mile |
|-----------------------------|----|-----|-----------------------|-------|---------|--------|-----------|---------|--------|---------|
| 16 Sarah Vaske | SR | 405 | Woodbury | - | 20:33.8 | 3:01.5 | 6:36.7 | 4:06.7 | 5:56.7 | 12:47.2 |
| 17 Chloe Steinkraus | SO | 465 | Minnetonka (6) | (73) | 20:34.6 | 3:02.3 | 6:37.0 | 4:06.9 | 6:21.0 | 13:03.1 |
| 18 Megan Schrooten | SR | 397 | Bloomington Jeffers | - | 20:35.0 | 3:01.7 | 6:37.1 | 4:07.0 | 6:20.6 | 13:08.9 |
| 19 Sasha Wahman | SO | 554 | Duluth East (6) | (74) | 20:35.0 | 3:02.7 | 6:37.1 | 4:07.0 | 6:19.5 | 13:01.3 |
| 20 Whitney Olsen | FR | 506 | Mounds View (6) | (75) | 20:35.5 | 3:03.2 | 6:37.3 | 4:07.1 | 6:11.4 | 12:59.9 |
| 21 Clara Kolstad | SO | 488 | White Bear Lake Ar | 76 | 20:36.5 | 3:04.2 | 6:37.6 | 4:07.3 | 6:19.5 | 13:10.5 |
| 22 Freya Olson | 8 | 517 | Roseville Area (5) | 77 | 20:36.9 | 3:04.6 | 6:37.7 | 4:07.4 | 6:11.6 | 12:59.1 |
| 23 Elinor Rogers | SO | 518 | Roseville Area (6) | (78) | 20:37.6 | 3:05.3 | 6:37.9 | 4:07.5 | 6:14.5 | 13:03.5 |
| 24 Chloe Derby | FR | 424 | Bemidji | - | 20:39.9 | 3:07.6 | 6:38.7 | 4:08.0 | 6:02.7 | 13:02.9 |
| 25 Karena Gallagher | JR | 530 | Minneapolis Southw | (79) | 20:40.3 | 3:08.0 | 6:38.8 | 4:08.1 | 6:16.8 | 12:59.4 |
| 26 Cora Gentry | FR | 505 | Mounds View (7) | (80) | 20:40.6 | 3:08.3 | 6:38.9 | 4:08.1 | 6:12.9 | 13:00.1 |
| 27 Clara Meier | FR | 442 | Owatonna (3) | 81 | 20:40.7 | 3:08.4 | 6:38.9 | 4:08.1 | 6:02.4 | 12:59.8 |
| 28 Reese Cleveland | FR | 557 | St. Michael-Albertvil | (82) | 20:40.9 | 3:08.6 | 6:39.0 | 4:08.2 | 6:05.3 | 12:57.7 |
| 29 Vivian Krhin | JR | 395 | Bloomington Jeffers | - | 20:41.5 | 3:09.2 | 6:39.2 | 4:08.3 | 6:21.1 | 13:10.3 |
| 30 Annelise Baird | JR | 565 | Brainerd (4) | 83 | 20:42.7 | 3:10.4 | 6:39.6 | 4:08.5 | 6:11.7 | 12:58.9 |
| 31 Nora Murphy | SO | 496 | St. Paul Central (3) | 84 | 20:43.3 | 3:11.0 | 6:39.8 | 4:08.7 | 6:17.4 | 13:02.8 |
| 32 Stella Powell | JR | 553 | Duluth East (7) | (85) | 20:46.3 | 3:14.0 | 6:40.7 | 4:09.3 | 6:20.5 | 13:07.2 |
| 33 Hadley Knight | JR | 476 | Eastview (4) | 86 | 20:49.3 | 3:17.0 | 6:41.7 | 4:09.9 | 6:13.5 | 13:08.3 |
| 34 Erika Milhofer | SO | 490 | White Bear Lake Ar | 87 | 20:50.2 | 3:17.9 | 6:42.0 | 4:10.0 | 6:22.6 | 13:17.9 |
| 35 Siri Nelson | 7 | 516 | Roseville Area (7) | (88) | 20:52.9 | 3:20.6 | 6:42.9 | 4:10.6 | 6:14.0 | 13:06.0 |
| 36 Samantha Shibata | JR | 481 | Eastview (5) | 89 | 20:54.5 | 3:22.2 | 6:43.4 | 4:10.9 | 6:18.5 | 13:14.3 |
| 37 Dakota Laux | 8 | 407 | Maple Grove | - | 20:55.5 | 3:23.2 | 6:43.7 | 4:11.1 | 6:09.1 | 13:03.5 |
| 38 Shelby Carroll | 7 | 431 | Farmington (6) | (90) | 20:56.9 | 3:24.6 | 6:44.1 | 4:11.4 | 6:23.9 | 13:17.8 |
| 39 Briana Blasing | FR | 566 | Brainerd (5) | 91 | 21:01.1 | 3:28.8 | 6:45.5 | 4:12.2 | 6:23.0 | 13:11.7 |
| 40 Elsa Lindfors | SO | 494 | St. Paul Central (4) | 92 | 21:06.5 | 3:34.2 | 6:47.2 | 4:13.3 | 6:17.8 | 13:15.9 |
| 41 Marah Klein | SO | 459 | Minnetonka (7) | (93) | 21:06.8 | 3:34.5 | 6:47.3 | 4:13.3 | 6:31.5 | 13:25.7 |
| 42 Ava Cox | SO | 439 | Owatonna (4) | 94 | 21:12.2 | 3:39.9 | 6:49.1 | 4:14.4 | 6:11.1 | 13:21.8 |
| 43 Lilian Schauer | JR | 498 | St. Paul Central (5) | 95 | 21:16.5 | 3:44.2 | 6:50.4 | 4:15.3 | 6:23.1 | 13:24.4 |
| 44 Ella Walters | SO | 474 | Eagan (4) | 96 | 21:17.3 | 3:45.0 | 6:50.7 | 4:15.4 | 6:20.2 | 13:32.8 |
| 45 Emily Ward | SR | 483 | Eastview (6) | (97) | 21:21.4 | 3:49.1 | 6:52.0 | 4:16.3 | 6:25.3 | 13:30.8 |
| 46 Katie Norton-Bower | JR | 497 | St. Paul Central (6) | (98) | 21:25.2 | 3:52.9 | 6:53.2 | 4:17.0 | 6:30.9 | 13:39.8 |
| 47 Hailey Steffensmeier | JR | 562 | St. Michael-Albertvil | (99) | 21:27.4 | 3:55.1 | 6:54.0 | 4:17.5 | 6:13.2 | 13:29.5 |
| 48 Clara Sennott | FR | 446 | Owatonna (5) | 100 | 21:27.5 | 3:55.2 | 6:54.0 | 4:17.5 | 6:18.6 | 13:40.8 |
| 49 Lillian Reuss | SO | 435 | Farmington (7) | (101) | 21:31.0 | 3:57.7 | 6:55.1 | 4:18.2 | 6:24.6 | 13:41.9 |
| 50 Lucy Schoen | SO | 471 | Eagan (5) | 102 | 21:40.6 | 4:08.3 | 6:58.2 | 4:20.1 | 6:21.7 | 13:36.3 |
| 51 Brynn Heinsohn | JR | 486 | White Bear Lake Ar | (103) | 21:44.7 | 4:12.4 | 6:59.5 | 4:20.9 | 6:28.6 | 13:45.7 |
| 52 Anna Rogers | 7 | 492 | White Bear Lake Ar | (104) | 21:47.5 | 4:15.2 | 7:00.4 | 4:21.5 | 6:31.8 | 13:43.9 |
| 53 Danika Ramler | JR | 570 | Brainerd (6) | (105) | 22:03.2 | 4:30.9 | 7:05.4 | 4:24.6 | 6:43.5 | 13:58.4 |
| 54 Maya Roth | SO | 470 | Eagan (6) | (106) | 22:06.3 | 4:34.0 | 7:06.5 | 4:25.3 | 6:23.2 | 13:42.7 |
| 55 Sophia Qualley | SO | 445 | Owatonna (6) | (107) | 22:19.0 | 4:46.7 | 7:10.5 | 4:27.8 | 6:22.6 | 13:54.8 |
| 56 Jaycie Smith | 8 | 447 | Owatonna (7) | (108) | 22:30.9 | 4:58.6 | 7:14.4 | 4:30.2 | 6:33.9 | 14:00.7 |
| 57 Rosemarie (Rosie) Veeder | FR | 501 | St. Paul Central (7) | (109) | 22:44.1 | 5:11.8 | 7:18.6 | 4:32.8 | 6:34.4 | 14:08.7 |
| 58 Amelia M Rademacher | SO | 569 | Brainerd (7) | (110) | 22:52.5 | 5:20.2 | 7:21.3 | 4:34.5 | 6:42.5 | 14:12.9 |
| 59 Abby Ward | SR | 482 | Eastview (7) | (111) | 23:34.3 | 6:02.0 | 7:34.7 | 4:42.9 | 6:49.2 | 14:35.0 |
| 60 Lucy Turfler | SR | 473 | Eagan (7) | (112) | 26:16.8 | 8:44.5 | 8:27.0 | 5:15.3 | 6:20.3 | 13:57.5 |