

# Sabattus Rec Lacrosse Kiddie Sticks Program Grades K - 2



*Registration Now Open* Oak Hill Lacrosse  
"Have Fun! Get Better."

## **Program Overview**

Come try out one of the fastest growing sports in the community! Our Kiddie Stick lacrosse program is open to kindergarten, first and second grade boys and girls and offers players the chance to try out the game of lacrosse in a fun and encouraging environment. Practices will be held at Carrie Ricker from 10:00 - 11:00 on Sunday mornings with the exception of one Saturday during Mother's Day weekend. The season will begin April 28th and run until June 16th. This is a no contact program where players will learn stick skills and how to play the game of lacrosse.

## **No Equipment Necessary**

Our program has lacrosse sticks available for players to use who do not already own a lacrosse stick. All you have to do is show up and we will have a stringing youth lacrosse stick ready for each player to use during the season.

## **Practice Structure: Stations & Games**

Our practices will be designed to work with players in small groups to keep kids moving and having fun. Players will learn the fundamentals of the game of lacrosse including passing, catching, scooping scoring and more before graduating to competitive league play in the third grade.

## **Registration**

Please register for the 2019 Kiddie Stick Program at [sabattusrec.com](http://sabattusrec.com) under the registration tab. Please select lacrosse and kiddie sticks when registering.

Any Questions contact [lacrosse@sabattusrec.com](mailto:lacrosse@sabattusrec.com)