



PAL of Hallandale Beach Soccer Cheat Sheet

	Under 6	Under 8	Under 10	Under 12	Under 14	Under 14 Girls	Under 17
In-house/Travel?	In-house	In-house	In-house	Travel	Travel	Travel	Travel
Players	4v4, No GK	7v7 w/GK	7v7 w/GK	9v9 w/GK	11v11 w/GK	5v5 w/GK	11v11 w/GK
Ball Size	3	3	4	4	5	5	5
Game Duration	4 x 8	4 x 10	2 x 25	2 x 30	2 x 35	2 x 15	2 x 40
Free Kicks	Ind (kick-ins)	Ind (throw-in)	Dir & Ind	Dir & Ind	Dir & Ind	Ind (kick-ins)	Dir & Ind
Offsides	No	No	Yes @ build-out line	Yes	Yes	No	Yes
Build-out Line	At half line	Yes	Yes	No	No	No	No
Punting/Dropkick	N/A	Not Allowed	Not Allowed	Yes but cannot reach other goalie area	Yes	Ball must touch own teams half	Yes
Heading	Not Allowed	Not Allowed	Not Allowed	Not Allowed	Yes	Yes	Yes
Goal Size	4x6ft	8x10ft	8x10ft	6.5x18.5ft	8x24ft	8x10ft	8x24ft