

## LVBC Pitch Count Rules (proposed 2/13/23)

A pitcher shall not deliver more than 85 pitches in the same game or on the same day.

- If a pitcher delivers 1-40 pitches in a game or on the same day, no rest is required.
- If a pitcher delivers between 41-65 pitches in a game or day, 1 day rest is required.
- If a pitcher delivers 66 or more pitches in a game or day, 2 days rest is required.

\*Days rest are counted by the number of consecutive days that a pitcher does not pitch in a contest immediately following a game in which a player pitches.

\*Pitchers playing 13U and up, or in Babe Ruth may throw up to 95 pitches.

\*If a pitcher reaches it's pitch limit mid-batter (85 or 95 pitches), they will be permitted to finish the batter, but must be removed immediately after.

Examples:

- If a pitcher delivers less than 41 pitches, they are permitted to throw their full allotment of pitches on the following day.
- If a pitcher delivers 41 pitches on Monday, they require one day rest and cannot pitch in a contest until Wednesday
- If a pitcher delivers 66 pitches on Monday, they require two days rest and cannot pitch in a contest until Thursday.

Tournament Expectations:

- Pitchers should abide by the pitch count rules of any given tournament, however pitches thrown in a tournament should also count towards travel league or rec league play for the week.