



2020 COACHES MANUAL

CLUB - _____

TEAM - _____

COACH - _____



Northshore Youth Soccer Association

12810 NE 178th St. Suite 202
Woodinville, WA. 98072

Office Hours:

9:00am - 2:00pm
Monday - Friday

NYSA Office #

(425) 486-5106

<http://www.northshoresoccer.org>



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Welcome to Northshore Youth Soccer. Thank you for volunteering as coach of one of our youth soccer teams. Coaching young soccer players is a great experience, and no matter what your soccer background, you will find yourself learning along with them.

The purpose of this Coaches Manual is to provide you with information on team administration, NYSA rules and guidelines, NYSA Rules of Play for your age level, and where to find more information.

As you familiarize yourself with the NYSA Guidelines and Rules of Play, please give the following paragraph extra attention:

“The principles governing competition among teams of its members shall include: development of physical fitness, mental alertness, leadership and good sportsmanship; recognition that the manner of play outweighs a victory, and encouragement of courtesy, gentlemanly conduct and respect for authority by players, officials and spectators.”

An important part of your job as coach is to see that all members of your team, **players and spectators**, are aware of this philosophy and reflect it in their behavior at all NYSA events.

NYSA Organization

The Northshore Youth Soccer Association (NYSA) is divided into 7 clubs for administrative purposes. There are four clubs that are formed around the public high school boundaries. These clubs include: Bothell, Inglemoor, North Creek and Woodinville. Teams in these clubs play 3v3 at U6 and progress to 9v9 at U12. The United Club is for recreational teams above U13. The Northshore Select Club and Sound Football Club are made up of players that are selected onto teams.

Clubs - Your Club is your communication link with the NYSA. Clubs have monthly meetings to attend to administrative and league tasks (these could include finding coaches, allotting practice fields, lining and netting fields, etc.), but, most importantly, these meetings are the means of getting information to coaches. Club meetings are where you sign up for practice fields, get information on coach license and referee clinics, get equipment and much more. It is important that you, or a representative from your team, attend the club meetings. Check your club's page on the NYSA website (northshoresoccer.org) for meeting times and other information. The NYSA website and the NYSA Office can be convenient information resources, but the club meeting is where you get everything you need to run your team. It is also the forum to voice your team's opinions on issues coming before the association.

NYSA Website - The NYSA website is a great resource for coaches. Everything from schedules to rules to training information can be found there. When you are looking for information, this is a good place to start.

NYSA Office - NYSA maintains a part-time office. The office hours are 9:00am to 2:00pm, Monday through Friday. The NYSA Office number is (425) 486-5106.

NYSA Directory

NYSA Board

President	Bryan O'Donnell	bryano@northshoresoccer.org
Vice President	Clark Landguth	clark@northshoresoccer.org
Treasurer	Josh Heller	josh@northshoresoccer.org
Registrar	Jane Shumway	jane@northshoresoccer.org
Secretary	Bryan Smith	bryans@northshoresoccer.org
At Large Member	Josh Ladd	joshladd@northshoresoccer.org
At Large Member	Jessica Mohr	jessica@northshoresoccer.org
At Large Member	Anissa Wheeler	anissa@northshoresoccer.org

Club Presidents

Bothell	Mike Spring	mikes@northshoresoccer.org
Inglemoor	Steve Juzeler	steve@northshoresoccer.org
North Creek	Mike Perrigoue	mikep@northshoresoccer.org
Woodinville	JP Belieres	jp@northshoresoccer.org
United	Anthony Gonsalves	anthony@northshoresoccer.org
Northshore Select	Laura Nordyke	laura@northshoresoccer.org
Sound FC		

Appointed Personnel

Operations Manager	Carolina Pinzon	carolina@northshoresoccer.org
Bookkeeper	Carolyn Gross	carolyn@northshoresoccer.org
Director of Coaching	Michael Duncan	michael@northshoresoccer.org
4v4 Youth Director	Evan Spong	evan@northshoresoccer.org
7v7 Youth Director	David Hartshorn	david@northshoresoccer.org
9v9 Youth Director	Walt Antoniuk	walt@northshoresoccer.org
NSC Director	Richard Romain-Dika	richard@northshoresoccer.org
Sound FC Director	Jason Farrell	jfarrell@soundfc.org

NYSA Coaches

The Northshore Youth Soccer Association is a non-profit volunteer organization. Coaches are the most visible NYSA volunteers among the many it takes to put over 4500 children on soccer fields each week.

Coaches are agents of the Northshore Youth Soccer Association and execute the program as set out by the NYSA. NYSA programs have been developed in the best interests of all its young players. The NYSA administration is responsible for the decisions made relating to the players and the teams.

We encourage our coaches to take advantage of the coach training opportunities we offer and ask them to get their coaching license to allow our children access to the best soccer program we can provide.

Be aware that teams can stay together for several years. Other times teams need to be rearranged and players and parents have the opportunity to form friendships with new Northshore people. This 'community within a community' is one of the nice benefits of being involved in the NYSA.

Parent volunteers of Northshore Youth Soccer get involved to provide a league structure so the kids can play the game. It's about the kids.

Your children thank you for your participation!

Coach Registration

Please log on to the NYSA website, www.northshoresoccer.org, and indicate your coaching intentions for the fall season before the end of March. To do this please:

- Click on the green Coach button, then click on Registration on the left side. (You may be required to verify/confirm your profile first.)
- If you coach two teams, remember to click the folder icon to identify each team before you register.
- If you are not returning, type in the name of the person replacing you and their phone number.

If you do not know who will be replacing you, please type "unknown." Before exiting the page, be sure to click the 'Update' button at the bottom. Please do this for each team you coach.

Teams can stay together even if the coach is leaving! If you are not returning, then please make sure that your players know teams are not automatically disbanded when a coach does not return. New players combined with returning players can fulfill the minimum number of players needed and a new coach can be secured! If players think their team will be disbanded and ask for a different team, then the team may actually disband and the remaining players will be split up unnecessarily.

You can make changes to your team's staff on the website In Coach: Teams. Email office@northshoresoccer.org or registration@northshoresoccer.org if the person's name does not appear in the pulldown list.

Changes to your team's name can be made between June 1 and August 1. If you are unable to edit this yourself, please email registration@northshoresoccer.org or office@northshoresoccer.org.

Coach Ethics

Coaches are responsible for the behavior of their team and their spectators. (If a coach does not control the behavior of their sideline, the referee can caution or expel the coach). It is becoming increasingly clear that the coach's own behavior often sets the tone for the behavior of the team. It is for that reason that we as coaches need to lead by example and demonstrate the following conduct.

Responsibility to Players

- (1) The coach shall never place the value of winning over the safety and welfare of players.
- (2) Coaches shall instruct players within the laws of the game and within the spirit of the game at all times.
- (3) Coaches shall not seek unfair advantage by teaching deliberate unsportsmanlike behavior to players.
- (4) Coaches should not tolerate inappropriate behavior from players regardless of the situation.

Responsibilities to the Laws of the Game

- (1) Coaches should be thoroughly acquainted with and demonstrate a working knowledge of the Laws of the Game.
- (2) Coaches are responsible for their players' actions on the field and must not permit them to perform with intent of causing injury to opposing players.
- (3) The coach must constantly strive to teach good sporting behavior.

Responsibility to Officials

- (1) Officials must have the support of coaches, players and spectators. Coaches must always refrain from criticizing officials.
- (2) Professional respect, before, during and after the game, should be mutual. There should be no demeaning dialogue or gestures between official, coach or player.
- (3) Coaches must not incite players or spectators or attempt to disrupt the flow of the game.

Other Responsibilities

- (1) The attitude and conduct of the coach towards officials, players, spectators and coaches should be controlled and undemonstrative.
- (2) It is unacceptable for a coach to have any verbal altercation with an opposing coach or bench before, during or after the game.
- (3) Coaches must use their influence on his/her spectators to demonstrate that intimidating and/or unacceptable behavior towards officials, players and opposing team members is not tolerable.

Risk Management and Player Safety:

As a coach it is your responsibility to provide an inclusive, safe, and fair environment for your players at both games and practices. To meet this responsibility you should:

Complete all four risk management compliance items, as required by State or Federal Law, **prior** to taking the field with your players.

- a. Safe Sport Training
www.safesport.org
Access Code – YC3E-6P5G-YYIL-CS2M
Required Annually
- b. Concession Certification
www.headsup.cdc.gov
Required Annually
- c. Sudden Cardiac Arrest Training
www.nfhslearn.com/courses/61032/sudden-cardiac-arrest
Required Every Three Years
- d. Risk Management Approval
www.wys.affinitysoccer.com
Required Annually

All Training Certificates will be uploaded to your affinity profile.

- ◆ Explain to your team your responsibilities as a coach.
- ◆ Provide information and explain expected codes of conduct for players and parents.
- ◆ Maintain your control and composure at all times (don't lose your temper, no harassing or bullying of players, parents, or game officials, etc.).
- ◆ Balance competition with participation.
- ◆ Use appropriate coaching techniques and positive reinforcement to motivate players (do not use punishment or over training to improve performance).
- ◆ Take action when you suspect a child is in danger (harassment, bullying, or suspicions of harm against a child).
- ◆ Maintain appropriate boundaries with all your players and avoid being alone with a player. This includes avoiding one-on-one contact on the field, in changing rooms, and transportation.

- ◆ Maintain appropriate physical contact when demonstrating a skill to players.
- ◆ Ensure all electronic communication is strictly about team matters.

NYSA Officers and Coaching Staff are here to help if you have any questions or concerns. Our staff is also here to provide you educational sessions and trainings that will improve your skills and knowledge. These trainings will also ensure you have appropriate resources to provide high quality training sessions in a welcoming yet challenging environment.

For more information on RMA requirements please reference the US Youth Soccer KidSafe Program document located on the NYSA website under “**Coach**” and then “**Training**”.

NYSA Coaches Code of Ethics

The following Code of Ethics (from the Northshore Youth Soccer Organization) should be read, understood, and followed by all coaches:

- ♦ I will remember that I am a youth soccer coach and that the game is for children and not adults.
- ♦ I will place the emotional and physical well-being of my players ahead of my desire to win.
- ♦ I will be knowledgeable in the rules of soccer and I will teach these rules to my players.
- ♦ I will do my best to provide a safe playing situation for all players and teams.
- ♦ I will treat every player as an individual, remembering that each child's emotional and physical development is different.
- ♦ I will do my best to organize practices that are fun and challenging for all my players.
- ♦ I will lead by example in demonstrating fair play and sportsmanship to all players, whether it is my team or an opponent's team.
- ♦ I will take responsibility for the actions of my players, parents and extended families during all team events.
- ♦ I promise to review and know basic first aid principles needed to treat injuries of any player.
- ♦ I will not cheat or engage in any form of unethical behavior that would violate any and all league rules.
- ♦ I will provide a sports environment for my team that is free of drugs, tobacco and alcohol, and I will refrain from their use at all NYSA sports events.

Coaches Name

Coaches Signature

Date

Player Registration

Open Registration: For new and returning recreational players is April 1 to May 31 for the fall season. Players who register during this time period are guaranteed a spot on a team provided the team is viable and a volunteer coach can be secured. Player fees are discounted \$15 during this time. Returning Players return to their team from last year unless they request a Team Reassignment at the time of their registration.

NYSA mails a newsletter out to each returning player's family in late February/early March reminding them of registration. Signs are posted in neighborhoods, ads are placed in local newspapers, flyers are submitted to the Northshore and Monroe School Districts and email reminders are sent out by the NYSA Office. But, we also really rely on Coaches to help monitor their team's registration and make sure their players register by the end of Open Registration period. You should receive a Coach Letter by postal mail in March as a reminder to do your own Coach Registration on the NYSA website and this also includes reminding your players about player registration.

Continuing Registration: Players who register after May 31 are assigned to teams on a space available basis so players **may or may not** be able to be rostered back to their previous teams. Registration continues all summer and even after the season begins as long as space is available.

Disbanding Teams - Each year some teams need to be disbanded; the main reason is because not enough players registered by May 31 during Open Registration or because a large number of players moved on to a select/premier team. Your Club Registrar is trained to make the decision whether or not to disband and many factors affect whether a team is disbanded or not. Don't make any assumptions on a team disbanding. If you are concerned about not having enough of your returning players signed up during Open Registration, talk to your Club Registrar about it and keep reminding your players to register. Decisions on disbanding, or combining, teams will not be made until after Open Registration ends and must be approved by the NYSA Registrar or Office.

PLEASE NOTE: If you are not returning as coach, make sure the players all know they can stay together as a team. Teams do not need to disband just because the coach is not returning.

Transfers - Transfers and Team Reassignments are two different things. Team Reassignments are requested at the time the players register before teams are formed and there is no fee. A Transfer Request is submitted *after* the rosters are released. A player may request a transfer by sending a completed Transfer Request form (found on the NYSA website) to the NYSA Registrar. The requirements for a transfer is pretty simple: if the team the player is on will not be put below the minimum number of players and the team they want to transfer to has room, the transfer is granted. Transfer requests received after July 31st will require association approval. Once the season starts, the rosters will be frozen and players will not be allowed to transfer until after their team's season is over.

Notices:

- (1) Please do not tell players you have a place for them. Players are placed by a priority registration system. Because teams may merge and returning players may request team reassignments to your team, there may not actually be room on your team.
- (2) Players can request to play on your team, but you as a coach cannot request players. Whenever possible we place players on teams in their neighborhood and we will try to accommodate requests to play with friends.
- (3) If an Asst. Coach is identified for your team on the website prior to the end of Open Registration, the Asst. Coach's child will receive priority over all other Priority numbers as long as that player has registered by the last day of Open Registration. However, the player will only be added if space is available after all returning players are placed.
- (4) **NEVER** allow a player to practice or play with your team if they are not rostered onto your team. Allowing unregistered players onto a field places yourself and this association in a dangerous liability position. If a player is not listed on your roster on the NYSA website, then you must assume they are NOT registered! If a late registering player is added to your team, you will be notified via email or you can check the website. Per Washington Youth Soccer: **If a player is not registered, the player is not covered by insurance and neither is the coach who allows an unregistered player to play.**
- (5) A player cannot play for two different teams within WA Youth Soccer during the same season.

Team Organization

Official team rosters are released/published on the NYSA website to coaches and parents in early July. A notice will be posted in the “**What’s New**” section of the homepage at this time. Coaches should contact the players as soon as possible after the rosters are published, players and parents are anxiously waiting to hear about their team placement and some do not know yet how to check the website in the parent section. By each coach communicating to each team it will hopefully limit hundreds of phone calls to the NYSA Office in late July and early August because players haven't heard from their coach. Please call them as soon as possible, whether you have your practice assignments or not.

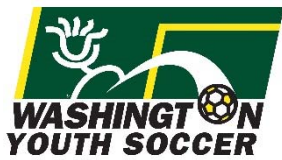
Parent Meeting - NYSA recommends having a parent meeting before the seasons starts to introduce yourself to the parents, explain your coaching philosophy and team objectives. A team meeting is also the ideal time to have parents fill out the Medical Release form and sign the US Soccer Parents Promise List which should be in the coach’s possession at every practice and game.

Secure a team manager, i.e. team parent, to handle the administrative side of the team. The manager should handle player registration in the Spring (to contact each player to remind them to register), and organize the other needed volunteer positions on the team. (Teams need volunteers to set up a phone tree, schedule treats, handle team pictures and end of season party.) Ideally, your energies should be focused on coaching and working with the players.

Uniforms - Up to U8 the NYSA provides a numbered t-shirt jersey for each player. U9 and above teams need to secure their own uniforms. Uniforms can be whatever the team decides on, from t-shirts with numbers to full uniforms. The first team meeting is a good time to discuss this with your parents. There are several soccer equipment stores in the area that can give you information on uniform costs and choices. Keep in mind that it can take several weeks for some uniform orders.

Sponsors are allowed for U9 and above teams. Sponsors need to make checks payable to: NYSA. Teams bring the funds to the NYSA Office for submittal to the NYSA Treasurer, who credits the amount to their team. When the team purchases uniforms, a Check Request needs to be completed and submitted to the NYSA Treasurer for payment. Check Requests forms are available at the NYSA Office or log onto the NYSA website and click on “**Member**”, “**Resources**” and then “**Documents**”.

Equipment - NYSA provides a game ball, cones and Pugg goals for U7 and U8.



WASHINGTON YOUTH SOCCER PARENT/GUARDIAN CONSENT AND PLAYER MEDICAL RELEASE FORM



Player's Name: _____ Date of Birth: _____ Date of Last Tetanus Booster: _____

Address: _____ City: _____ State: _____ Zip: _____

EMERGENCY INFORMATION

Parent/Guardian
Name: _____ Home Phone: _____ Work Phone: _____

Parent/Guardian
Name: _____ Home Phone: _____ Work Phone: _____

In an emergency, when Parent/Guardian cannot be reached, please contact:

Name: _____ Home Phone: _____ Work Phone: _____

Name: _____ Home Phone: _____ Work Phone: _____

(If necessary please use additional sheet and attach to form)

Have you ever been rendered unconscious or suffered a concussion? Yes / No How many times? _____ When? _____

Have you ever suffered a back injury? Yes / No If yes when? _____

Have you ever been diagnosed, by a Doctor, with any serious medical conditions or any condition that may impact your ability to participate in athletic competitions? Yes / No If yes what and when? _____

Allergies: _____

Player's Physician: _____ Home Phone: _____ Work Phone: _____

Medical and/or Hospital Insurance Company: _____ Phone: _____

Policy Holder: _____ Policy #: _____ Group #: _____

WASHINGTON YOUTH SOCCER PARENT/GUARDIAN CONSENT AND MEDICAL RELEASE

Recognizing the possibility of injury or illness, and in consideration for the Washington Youth Soccer and members of Washington Youth Soccer accepting my son/daughter as a player in the soccer programs and activities of Washington Youth Soccer and its members (the "Programs"), I consent to my son/daughter participating in the Programs. Further, I release, discharge, and otherwise indemnify Washington Youth Soccer, its member organizations and sponsors, their employees, associated personnel, and volunteers, including the owner of fields and facilities utilized for the Programs, against any claim by or on behalf of my player son/daughter as a result of my son's/daughter's participation in the Programs and/or being transported to or from the Programs, which transportation I authorize.

My player son/daughter has received a physical examination by a physician and has been found physically capable of participating in the Programs. I have provided written notice, which was submitted in conjunction with this release and attached hereto, setting forth any specific issue, condition, or ailment, in addition to what is specified above, that my child has or that may impact my child's participation in the Programs. I give my consent to have an athletic trainer and/or doctor of medicine or dentistry provide my son/daughter with medical assistance and/or treatment and agree to be responsible financially for the reasonable cost of each assistance and/or treatment.

Signature of Parent/Guardian

Date

PLEASE FILL OUT AND RETURN TO YOUR LOCAL ADMINISTRATION

US Soccer Parent Promise List

Don't

- ♦ I will not pressure my child to participate in soccer.
- ♦ I will never question the official's judgment in public.
- ♦ I will never criticize or yell at my child for performance or losing a competition.

Do

- ♦ I will remember that children learn best by modeling.
- ♦ I will teach my child that one's best is as important as winning so that my child will never feel defeated by the outcome of a game or event.
- ♦ I will recognize and reward good player's performance by both my child's team and the opponent.
- ♦ I will encourage my child to play in the spirit of the rules and to resolve conflicts without resorting to hostility or violence.
- ♦ I will remember that my child plays soccer for his or her enjoyment, not for mine.
- ♦ I will support all efforts to remove verbal and physical abuse from youth activities.
- ♦ I will respect and show appreciation for the coaches who give their time to provide sport activities for my child, understanding that I have a responsibility to be a part of my child's development.
- ♦ I will respect and show appreciation for the other parents who share these standards of behavior.
- ♦ I will support my child's in all circumstances by offering praise for competing fairly and for honest effort.

I Agree To Honor The Game

Parent Signature: _____ Date: _____

Parent Signature: _____ Date: _____

Practice/Game Information

Practice Fields/Times - Coaches sign up for practice fields/days/times at club meetings in July and August. Each club has assigned practice fields for their club's use. Do not change your practice field/day/time without checking with your club field scheduler. Field space is limited and so please practice at your assigned fields/days/times.

Do **not** practice on fields until the day you are authorized to do so. Also, do not practice on a field or area you are not assigned to. NYSA is dependent on the use of fields that NYSA does not own. We are guests at the fields and can lose field privileges by not following their field use rules.

Games - Game times will not be changed (weather closures being one of the only exceptions). Coaches may **not** make games adjustments, so if someone contacts you with a game change verify that it is the association game scheduler. If you have a conflict on a game day, please find a substitute coach for that day.

Please check your game schedule on the NYSA website each Wednesday night and encourage parents to do the same before each match. Any field changes NYSA receives by Wednesday noon will be posted on the website and it will be the home coach's responsibility to notify the opposing coach of the change. Any field changes NYSA receives after Wednesday noon will be communicated to the home coach by email. (NYSA will contact all club referee assignors who will make the necessary referee changes.)

Weather - Soccer is played in any weather, with the exception of thunder and lightning. Games can only be called by the referee and would be done at the field, if necessary. If there are general field closures due to weather, you will be notified, otherwise, the games go on. Go to the NYSA website and click on "**Coach**", "**FAQ**" and then "**Do games get cancelled for weather?**" for more information and for field closure telephone numbers.

Tournaments - NYSA hosts one recreational tournament a year in August. The Jamboree is a fun warm up to the season for U7 and older teams. Watch the "**What's New?**" section of the NYSA website in July and August for more information.

Recreational teams wishing to enter tournaments outside of NYSA will need approval from both the Association Director of Coaching and Registrar.

Rules – FIFA’s Laws of the Game govern all soccer matches. NYSA has modified rules for U6 to U12 teams. Those modified rules (in the Operating Procedures of the NYSA Bylaws) can be found in Appendix A of this publication. FIFA’s Laws of the Game can be found on their website at www.fifa.com.

For Judiciary rules, please consult the NYSA Bylaws and Operating Procedures, which can be found on the NYSA website under “**Member**”, “**Resources**” and then “**Documents**”.

Referees – All NYSA referees are properly certified and NYSA continues to train new referees each year. Referees are instructed to self-assign to the open matches that have the highest priority number. Meaning, a team that notifies the NYSA Office that they have a licensed referee associated with their team (i.e. sibling, parent) will get a higher priority number for their games as long as the referees associated with their team are actively refereeing games. This is what is referred to as having a “Referee in the Pool.” The more experienced the referee, the higher their individual referee ranking will be. In addition, each soccer match also has a ranking. The older age level teams have higher rankings than the younger level teams. This helps when referees are trying to self-assign themselves to a match. It will ensure the referee doesn’t assign him or her to a game with a ranking higher than their own referee ranking.

NYSA’s goal is to provide referees for all U9 and above matches. U6 to U8 games are officiated by volunteer parents from each team. If you do not have a referee for your match at U9 and above, please have a volunteer parent from each team ref a half of the game. (If you need more information or help with this, check with your club president.)

We need to keep our referees officiating so they can improve and be a resource for the association. It is imperative that we do not abuse our referees. Regardless of you or your parent’s feelings regarding their performance, please treat our referees with respect. Please do not drive them away with poor sideline behavior. Better yet, become a referee yourself and please encourage your parents to train and become a license referee.

Referees can be always be evaluated by logging onto the NYSA website and clicking on “**Member**”, and then “**Evaluate Referee**”. It is up to the NYSA’s VP Referees and mentors to work with the referees on any areas of concern. This is how we make our association better as well as our referees.

Injuries - NYSA has a mechanism on the NYSA website for parents to report any injuries that players may sustain during practices or games that they want NYSA to be aware of. To submit with a report, they can login and go to “**Parent**”, “**Players**” and then “**Injuries**”. This mechanism is not connected to the WA Youth Soccer Supplemental insurance reference referenced below.

Supplemental Medical Insurance - NYSA players receive supplemental medical insurance through Washington Youth Soccer. It is for players that get injured in games or practices. You can find more information and the forms at http://www.washingtonyouthsoccer.org/resources/parents/insurance_medical_claim_process/.

Match Play Roster Instructions

Before the Season Starts - Go to the “**Coach**” section on the NYSA website and make sure you have chosen the file folder of the team you want (if you coach more than one team).

Adding Jersey #'s (You should only need to do this one time before the season begins.)

- Click on “**Coach**” then “**Roster**”. You should see a list of your players.
- Click on the “**Key**” number in the far left column to enter the jersey number for each player. After entering the jersey number, click “**Update**”.
- Click on “**Coach**” then “**Roster**” again to see the full list again and click on the next player's “**Key**” number. Enter the jersey #, “**Update**”, then click on “**Roster**” to see the full list again to enter the next one...etc. until all players have a jersey number.

Before Each Match - You will need to print out a roster and give it to the referee before the game.

To print out the roster:

- Click on “**Coach**”, “**Roster**” and then “**Match Play**”
- Click the “**Key**” number for the match number to create the PDF file. (far left column)
- Print the file.



Maltby: Test Team (Match #44302)

Date: 9/7/2014 Time: 4:20 pm Field: Doug Allen #2
League: NYSA Age: BU09 Division: M3

Home: Test Team (210193000)

Away: Sharks (210194655)

This Player Roster identifies the Players registered by the NYSA to participate in Washington Youth Soccer Association sanctioned competitions with the Test Team (#210193000) as of Thursday, August 7th, 2014 at 10:44 am

#	Name	PlayingLevel	Jersey
1	Skelly, New	BU09	28
2	Skelly, Newer	BU09	12
3	Skelly, Newest	BU09	22
4	Skelly, newPage	BU09	11
5	Skelly, No Name	BU09	7
6	Skelly, ntest10	BU09	5
7	Skelly, nTest2	BU09	9

Team Staff

Coach: Geri Skelly
Assistant: Mick Wokich
Manager: New Skelly

Concussion Compliance

All parents have agreed to the NYSA Member and Parent Agreements and therefore have provided consent that they have been informed about the nature of the risk of concussion or head injury as required by the WA State House Bill 1824 (Zackery Lystedt Law).

Coaches Calendar

January

- ♦ U7-U12 Winter Development Academy
- ♦ Coach of the Year nominations are due to NSYA

February - March

- ♦ U7-U12 Winter Development Academy (continued)
- ♦ SFC and NSC Tryouts BU16-BU18
- ♦ College Scholarship Applications are due to NYSA

April

- ♦ **Player Registration starts**
- ♦ U7-U12 Spring Break Camp
- ♦ SFC Tryouts for U9 and U10
- ♦ NSC Tryouts for U10
- ♦ **Monitor your teams player registration**

May - June

- ♦ **Players must register by May 31st to guarantee a spot on last season's team.**
- ♦ U7-U12 Spring Development Academy
- ♦ Referee Entry Level Clinic (Grade 8)
- ♦ SFC and NSC Tryouts GU11-GU18 and BU11-BU15

July

- ♦ US Soccer Coaching Modules
- ♦ U13-U19 United Summer Camps
- ♦ U7-U12 NYSA Summer Camps
- ♦ **Rosters are available to Parents and Coaches (early to mid July)**
- ♦ **Sign up for practice fields through your club field coordinator.**

August

- ♦ Practice is allowed to start for U7 and above.
- ♦ U7-U12 NYSA Summer Camps
- ♦ US Soccer Coaching Modules
- ♦ U7 and U8 Coaches Certificates
- ♦ U9 and U10 Coaches Certificates
- ♦ U11 and U12 Coaches Certificates
- ♦ U6 Coaches Certificate
- ♦ NYSA Jamboree - Pre-season tournament held in late August.
- ♦ **Game Schedules are available (Late August)**

September

- ♦ NYSA U6/U7 Coaches Certificate
- ♦ **The Fall Season begins the first weekend after Labor Day**
- ♦ U7-U12 Fall Development Academy
- ♦ Recreational Cup entries are due (mid September)

October

- ♦ **The Fall Season (continued)**
- ♦ U7-U12 Fall Development Academy (continued)
- ♦ Referee Re-Certification Clinic and Testing

November - December

- ♦ U8-U10 Extended Fall Season
- ♦ NYSA Cranberry Cup - Thanksgiving Weekend
- ♦ Recreational Cup for U11 - U19
- ♦ Referee Re-Certification Clinic and Testing

Frequently Asked Questions

“Why was my team disbanded?”

Every year teams have to be combined, or disbanded, to make sure we have places to play for all the registering players. The following factors are taken into consideration when disbanding/combining teams:

- School makeup of team members.
- How many players are returning from the team.
- How long coaches have been coaching and what license they have.
- How long the team has been together.
- Team sportsmanship scores from previous season
- The history of complaints/praise regarding the team.

“Why can’t I get my roster before they are released on the website in early July? We have a tournament and I want the new players to go.”

This is because changes can be made to rosters right up until the time the rosters are released. If you are doing summer tournaments you need to use the players from your fall roster. If you are short players you can use any player (as long as they are the correct age and played in WA Youth Soccer the previous fall season) as a guest player.

“A player came to my practice and told me they had registered. Can I let them practice with my team?”

NO! Not unless you have seen that player’s name on your team roster on the NYSA website or you verify with the Club/Association Register or the NYSA office that they are registered. Per WA Youth Soccer: If a player is not registered, the player is not covered by insurance and neither is the coach who allows an unregistered player to play.

“I need a roster signed by the NYSA Association Registrar for a summer tournament. Where can I get that?”

Log onto the NYSA website. Go to “Coach”, click on “Roster” and then “Tournament”. Follow the directions there. Please allow 7 days to process the request.

“When I completed the Coach Registration I said I would be coaching, but now my circumstances have changed and I cannot coach. What should I do?”

The Coach Registration is the information we use to plan our teams. If your status changes, please let your Club Registrar or the NYSA office know as soon as possible.

“What is Risk Management?”

NYSA is a member of WA Youth Soccer. All WA Youth Soccer volunteers (coaches, referees, etc.) assigned to WA Youth Soccer sanctioned activities must have an approved national background check in the Affinity Sports system. Log onto the NYSA website, go to **“Member”** then click on **“Risk Management”**. When you get to the Affinity website, click on the black and white **“Registration”** tab in the upper right corner of the page. These Risk Management Application (RMA) must be renewed yearly.

“I need to reschedule one of my games.”

Games cannot be rescheduled. All games will be played as scheduled unless NYSA cancels due to weather closures. **Do NOT try to reschedule your own game.** Our field contracts are specific and field usage is handled only by the NYSA VP Competition. Coaches using unauthorized fields put all of our field contracts in jeopardy.

“Can my team do a fundraiser?”

All fund raisers need to be approved by the NYSA Board. Complete the NYSA “Request for Fundraising Approval” form and return it to the NYSA office. To find the form, log onto the NYSA website. Go to **“Member”** then click **“Resources”**. Type Fund into the title and click **“Show”**.

“Why can’t pets be brought to the fields?”

NYSA is dependent on the use of fields that NYSA does not own. We are guests at the fields and can lose field privileges by not following their field use rules. For both games and practices, NYSA uses several different fields from Northshore School District, City of Bothell, City of Woodinville, King County, Snohomish County, Monroe School District, East County Parks & Rec, and Washington State Parks. Losing field privileges from any one of these entities would significantly impact NYSA programs. So we abide by the field’s rules and regulations. Parents are expected to make sure that those individuals in their care, players and their siblings alike, follow the fields rules and regulations. For a complete list of field rules log onto the NYSA website, click on **“Information”** then **“FAQ”**.

“Why don’t I have a referee at my games?”

The U6 to U8 level of play do not have official referees; these matches are refereed by parent volunteers from each team. NYSA has a perpetual shortage of licensed referees for the older age groups. We spend a lot of energy and dollars training and qualifying individuals every year to participate in our referee program to help the youth program by officiating at matches. Consider who you might know that would be interested in becoming a referee. For more information log onto the NYSA website, click on **“Information”** then **FAQ**.

NYSA Operating Procedures

Development Playing Rules

Appendix A

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(As referred to in Article 8 of the NYSA By-Laws)

SECTION 1. Introduction

1.A Purpose

The purpose of the Association as set forth in its By-Laws shall be applied in all activities of the clubs and their affiliated teams as follows:

1. To teach good sportsmanship
2. To promote physical health
3. To develop, govern and promote the game of soccer among all youth within the area of jurisdiction of the Association.

In furtherance of that purpose, the Association shall sponsor, organize and govern regularly scheduled games for and among teams of its member clubs and shall become affiliated and subject to the rules and regulations of Washington Youth Soccer (WYS).

The principles governing competition among teams of its members shall include demonstrating integrity, respect and sportsmanship towards all opponents, officials and spectators.

1.B Association and Club Colors

The Association colors shall be green, white, and black.

Club colors shall be as follows unless otherwise defined in the club's by-laws or operating procedures.

Woodinville Club – Kelly Green and White with a Royal Blue Accent
North Creek Club – Purple / Black / White
Bothell Club – Royal Blue / Black / White
Inglesmoor Club – Black / Gold / White

SECTION 2. TEAMS

2.A U6-U12 Recreational Clubs Teams

Each club shall have a territory within the jurisdiction of the Association which shall be determined by assigning one or more public elementary school enrollment areas as established by the local school district (except as noted in 2.B and 2.D), which areas are hereinafter called school areas.

Once a school area is assigned to a club it can be removed from the club's territory only in accordance with paragraph 2.2 NYSA By-Laws, or provided that the extent of the territory shall be governed by changes in the boundaries of the various school areas as made from time to time by the school district.

If a new school area is created from an existing school area or areas all assigned to a club, the new school area shall automatically be assigned to that club. If a new school area is created from prior existing school areas assigned to two or more clubs, the new school area shall automatically be assigned to the club which had previously been assigned the school area from which the largest portion was taken to make the new school area.

If two or more existing school areas are consolidated into a single area, the new consolidated school area shall automatically be assigned to the club which had been previously assigned the largest part of the consolidated school area.

Until otherwise determined by amendment hereto with the consent required, the clubs shall be assigned the school areas as set forth in Addendum A.

2.B United Club Teams

This recreational club shall be formed with affiliated teams drawing players, ages U13 through U19 only, from anywhere within the territorial jurisdiction of the Association without regard to school attendance. Team formation shall be in accordance with 2. E, except that teams shall be formed by Junior High and/or High School boundaries rather than elementary school boundaries.

2.C Sound FC

This Premier Club is and operates under NYSA and is the sole provider for premier soccer for both NYSA and SSCYSA (Edmonds School District). This club shall permit the deliberate selection of players on any team affiliated with the Club on the basis of player ability and other criteria within the age groups of U9 through U19 without regard to school attendance. Team formation and other matters shall be governed by the Bylaws and Operating Procedures of both NYSA and Sound FC.

2.D Northshore Select Club Teams

This Select Club shall be formed with affiliated teams drawing players from anywhere within the territorial jurisdiction of King and Snohomish counties without regard to school attendance. This Club shall permit the deliberate selection of players on any team affiliated with the Club on the basis of player ability in keeping with defined player selection and team formation guidelines within the U10 to U19 age groups. A minimum of 90% of the players within this Select Club must reside within the territorial jurisdiction of NYSA.

2.E Team Formation

Each member club, other than the Sound FC Teams and Northshore Select Teams, shall draw players for its affiliated teams only from amateur youth residing in school areas or attending public schools in the school areas assigned to that club at the time of their initial registration. A player attending a private school at the time of initial registration shall be assigned to the club association with the public school area within which he/she resides or the club association for the private school they attend. Once a player is registered to a team, the player may continue as a member of that team regardless of his/her current residence or current school attendance if properly registered by the end of the open registration period.

Insofar as practical, recreational teams shall be formed initially in the following manner: 1) from players residing in a single school area or attending the public school in the same area or combination thereof, or 2) from players attending a private school in the area. Although this scheme of area distribution of players shall be preserved as far as possible by each club, teams may be organized, consolidated, and reorganized without regard to school attendance or current residence in the club's territory if there are insufficient players to organize or continue a team on the basis of those criteria. However, once a team is organized, its roster shall be maintained for as many consecutive seasons as possible without consolidation or reorganization.

All properly registered recreational players (as defined in the By-Laws Article 11, Section 11.1), shall return to the team on which the player was legally registered during the previous season. A player may request a team reassignment for the upcoming season in writing at registration in accordance with current registration policies adopted by the Board and upon Board of Directors and/or Club approval. Players requesting a team reassignment shall be placed in a player pool to be assigned to a team in accordance with Section 2.E. Once rosters are released, a player may request a transfer in writing to a different team. Transfers will be considered according to current registration policies. All members have the right of appeal to the Association Board. Players requesting such a transfer shall be placed in a player pool to be assigned to a team in accordance with Section 2.E. All transfer proceedings shall be in compliance with existing WYS guidelines.

No club, other than the Sound FC and Northshore Select Teams, shall permit the deliberate selection of players on any team affiliated with the club on the basis of player ability alone. Clubs allowing such selection, other than Sound FC Teams and Northshore Select Teams, shall be subject to disciplinary action by the Board of Directors of NYSA. Such teams so formed shall also be subject to disciplinary action by the Board of Directors of NYSA.

2.F Number

The number of players on teams aged U15 and below, other than modified developmental teams, shall be limited to 18. Teams aged U16 - U19 may roster 22 players for the season but can have no more than 18 players on a game day roster. Seven days prior to the first game of the season, player registration on individual teams with more than 16 players will be allowed only with the permission of the coach.

2.G Registration of Players

The Association may prescribe and the clubs shall use the forms to be used for registration of players. The Association shall determine registration dates and procedures.

2.H Registration of Teams

Each club shall register its teams with the Association by delivering to the Association Registrar the form adopted by the Association. Teams shall be accepted for registration by the Association when the form is presented to the Association Registrar.

2.I Recreational Team Practice

Teams may begin to practice at assigned locations, on or after August 1, as announced by NYSA VP of Competition and may continue through their last scheduled game.

1. Teams U7 through U19 will be scheduled by their club coordinator for at least one weekly slot of a one hour duration, not to exceed twice weekly or for more than 90 minutes duration per session.
2. Practices canceled *during soccer season* due to field closure will only be rescheduled according to individual club availability of slots.

2.J Recreational Tournament Participation

Rec. tournament approval (other than the NYSA Jamboree or any other NYSA Club Tournament) will be done by the NYSA Registrar and Director of Coaching. Once approved, the team may request two 90 minute practice slots per week for no more than 30 days prior to the tournament start and ending with the tournament closure; *field assignment subject to availability*.

2.K Sound FC Team and Northshore Select Team Practice

Sound FC and Northshore Select teams will practice as determined by WYS and Club By-laws and Operating Procedures.

2.L Team Property

All cash on deposit in a NYSA Team Account is specifically the property of the team until such time as the team ceases to exist, at which time all team money becomes club money.

SECTION 3. PLAYER ELIGIBILITY

3.A Player Age Definition

The age group that a player is assigned depends upon the player's age. Teams shall be divided into and shall compete in thirteen (13) age groups. Players shall not be eligible to compete on teams in the following age groups who have attained the age specified as determined by WYS. Players shall be assigned to their proper age group unless granted exception by the Board.

Under 6 *	Under 9	Under 12	Under 15	Under 18
Under 7	Under 10	Under 13	Under 16	Under 19
Under 8	Under 11	Under 14	Under 17	

3.B Player Participation in Senior Amateur Soccer

Requirements and procedures will at all times be in accord with current WYS By-Laws.

3.C Team Participation

No player shall be rostered in the Association on more than one (1) team during a league season.

SECTION 4. RULES OF COMPETITION FOR NYSA LEAGUE PLAY

4.A Rules of Competition

1. FIFA rules and interpretations, as set out in the current Laws of the Game will be followed except as modified in this section or as applies to modified developmental teams as set out in Addendum B, B.1, B.2, B.3, B.4, B.5, B.6 and B.7.

4.B Fields

1. The size of playing fields may be less than required by FIFA, provided that these fields are used for the younger teams where practical.
2. In case of game scheduling conflicts, the oldest team in chronological age has priority. In the event of equal aged teams, a flip of a coin shall decide which game is played.

4.C Game Day Roster

All teams starting at U7 will submit to the referee a match roster form at the beginning of each game. This can be printed off of the NYSA website. No player that is not registered to said team may participate in the game without written approval of the registrar.

4.D Coaching

1. Coaching shall be limited to the technical area.
2. Coaches are permitted to direct their team provided:
 - a) No mechanical devices are used;
 - b) Instruction is not given in an abusive or derisive tone of voice;
 - c) Remarks made are not derogatory or abusive to officials, players, other coaches or spectators;
 - d) Remarks are not profane;
 - e) Direction given does not incite, in any manner, disruptive behavior.

The penalty for violation of the above shall be "ejection from the game"; and disciplinary action will be taken by the Association Judiciary Committee.

It shall be the responsibility of each team to maintain proper spectator conduct. Each coach shall be held primarily accountable for the conduct of the spectators for or from their respective teams. At no time shall foul or abusive language be permitted at any field. Spectators shall remain 5 yards behind the touchline between the 18 yard lines.

3. Coaches' conduct before or after a game which, in any way, brings disrepute on the Association or the game of soccer will be subject to disciplinary action by the Judiciary Committee.
4. Any coach found guilty of playing players not assigned to that team by an Association Registrar will be subject to disciplinary action by the Judiciary Committee.
5. Coaches and players shall reside on the same side of the field. Spectators from both teams will observe the game from the opposite side of the two teams.

4.E Players Equipment

1. All players on the field must be attired in matching uniforms to the satisfaction of the referee. A proper uniform consists of shorts, jersey, socks, shin guards and legal soccer shoes. In case of a color clash, the designated home team will change jerseys.
2. All or any member(s) of any team are permitted to wear extra protective clothing, including gloves without dangerous, protruding or hard objects, provided that:
 - a) The proper team uniform is worn outermost.
 - b) Any hat should be without peak, bill or dangling or protruding object of any kind; however, the goalkeeper may wear a soft-billed hat.
 - c) Referee discretion may be used to determine if any item of protective clothing provides an unfair advantage.
3. No player shall be allowed to play in any regularly scheduled game with an injury which can be aggravated by playing or which constitutes a danger to others.
4. Shin Guards. All players shall be required to wear shin guards during games and practices.

4.F Player Substitutions

1. Unlimited substitutions may be made, with the consent of the Referee.
 - a) After a goal, by either team;
 - b) At half-time;
 - c) After an injury, when the referee stops play, with the consent of the Referee
2. Unlimited substitutions may be made, with the consent of the Referee.
 - a) Prior to a goal kick, by either team;
 - b) Any stop of play.
3. When the referee stops play to caution a player, only the cautioned player may be substituted, prior to the restart of the game.
4. A change of goalkeepers requires specific notification to, and consent from the Referee.
5. Players not on the field-of-play must remain two yards behind the touchline and within the technical area.

4.G Playing Time

Any player regularly attending practice and complying with team rules, shall play at least one-half (1/2), or 50% of the games scheduled during the season. Regular attendance of practice shall be defined as attending at least 75% of the practices over the course of the last 30 days, unless defined differently by the club.

4.H Charging the Goalkeeper

1. In all U12 and below games, no player shall make physical contact with the goalkeeper or attempt to play the ball once the goalkeeper has control of the ball in any manner and to any degree whatsoever.
2. For infringement of this rule, an indirect free kick shall be awarded. NOTE: Also included in "having control of the ball" is, if the goalkeeper holds the ball on the ground with one or both hands.

4.I Officiating

1. A referee shall be appointed to officiate each game with the authority assigned to him as specified in the Laws of the Game (FIFA). Officiating of all games will be governed by the Rules of Play as are specified herein.
2. Failure of a scheduled referee to show up will not be cause for canceling the match. A substitute official must be chosen upon agreement by both coaches and his/her decisions will be final.
3. The referee shall not be a coach or part of the coaching staff of the teams involved in the competition, except by prior agreement of both coaches. All other options should be exhausted prior to choosing a referee from either coaching staff.
4. The qualification of the referee shall not be subject to protest.
5. The referee is responsible for submitting misconduct reports to either the Administrative Assistant or the Chair of the Judiciary Committee within 48 hours of the conclusion of the game on a form to be provided by NYSA.

4.J Scheduled Games

1. All games shall be played as scheduled unless the Referee and/or Scheduler cancel or postpone the game. Teams failing to appear at a scheduled game, unless canceled as herein provided, shall forfeit the game by a score of 1-0, except that with the consent of both team coaches and the Scheduler the game may be rescheduled.
2. All games will be played at the scheduled times if each team can field a minimum of seven (7) players, except modified developmental teams. Any team delaying the start of a game more than fifteen (15) minutes shall forfeit the game by a score of 1-0.
3. The only reason for game cancellation is safety of the participants or the field of play not being in suitable condition. The referee has the right to cancel a game because the field of play is not in a suitable condition or for concern over the safety of the participants.
4. During approved competition, team(s) must have a coach or a responsible adult present. Failure to have a coach or responsible adult present during the entire match will result in the forfeiture of the game by a score of 1-0 unless otherwise dictated by applicable league rules.

4.K Game Score Reporting

1. Scores shall be reported by both coaches on the NYSA website before 8:00 pm on the day the game is played.

SECTION 5. FIELD AND FACILITIES

5.A Home Club Responsibilities

1. For each game scheduled by the Association, not canceled as herein provided, it shall be the responsibility of the club which has been assigned as the home team to:
 - a) properly mark the designated field, including field lining and goal posts;
 - b) provide a properly inflated game ball;
 - c) provide a referee*

*Unless already provided by the Association.

SECTION 6. DISCIPLINARY

6.A Form

1. Protests are to be in written form and submitted to the chairman of the Disciplinary Committee within three (3) days following the date of the game giving rise to the protest. Sundays and holidays are excluded when determining the three days. A fee of twenty dollars (\$20.00) must accompany the protest. This fee will be refunded if the protest is upheld, otherwise it will be forfeited to the Association treasury.
2. The Disciplinary Committee will also review all written reports of transgression received from Referees, players, coaches and spectators concerning conduct of Referees, players, coaches and spectators for possible disciplinary action.
3. The Disciplinary Committee shall apply the Penalty Code as adopted by the WYS.
4. Any report of a sendoff filed against a coach will be sent to the NYSA Disciplinary Committee for review.

6.B Procedure

1. Protests will be considered only if they are based on violations of the By-Laws or Operating Procedures or misapplication of the Laws of the Game.
2. Protests involving conditions of the field, equipment or facilities shall be denied unless the Referee is notified prior to the initial kick-off of the game being protested.
3. The Disciplinary Committee shall determine if the protest or complaint is valid, and if so, will schedule a meeting of the parties involved. The parties involved will be notified of the time and place the Judiciary Committee will meet and be invited to attend.

6.C Decisions

1. The Disciplinary Committee shall render a final decision within seven (7) days of receiving the report and a written decision as soon as possible. A copy will be furnished each principal involved, as well as each of the concerned Club Presidents. Each decision shall be recorded and may be used as a precedent in future decisions.
2. Decisions must be a clear simple majority of the committee present. Three (3) committee members shall constitute a quorum.

6.D Appeal

1. Appeals of the Disciplinary Committee decisions may be petitioned in writing, accompanied by the appropriate fee, to the Board of Directors of the Association. Action must be taken by the Board of Directors at the next monthly meeting following the appeal. The results of the appeal shall be filed with the Association Secretary and Disciplinary Committee.

6.E Assault on Referees

1. In the event of an assault, the President of the Association shall refer the case to the appropriate Disciplinary Board.

SECTION 7. AMENDMENTS

These Operating Procedures may be amended as provided by Article 5, Section 5.3, 5.3.1 of the By-Laws of the Association.

ADDENDUM A: NYSA SOCCER CLUBS

NORTH CREEK CLUB

Crystal Springs
Canyon Creek
Fernwood
Kokanee
Maltby

BOTHELL CLUB

Westhill
Maywood
Frank Love
Lockwood
Shelton View
Heritage Christian
St. Brendan

WOODINVILLE CLUB

Hollywood Hill
Wellington
Bear Creek
Woodin
Sunrise
Cottage Lake
East Ridge
Mack

INGLEMOOR CLUB

Moorlands
Arrowhead
Woodmoor
Kenmore
Cedar Park Christian

UNITED CLUB

U13 and above recreational teams.

Northshore Select

U10 and above select teams.

SOUND FC

U9 and above premier teams.

ADDENDUM B: MOD DEVELOPMENTAL PLAYING RULES

RULES OF PLAY AN INTRODUCTION TO THE SPIRIT OF OUR PROGRAM FOR THOSE INVOLVED

COACHES:

In most cases, you will be the new player's first "teacher". Your role is critical to the future development of each player's skills and their attitudes towards sportsmanship in the game. Northshore Youth Soccer Association (NYSA) requires that every coach attend their level of play Coaching Certificate or License. All required coaching certificates, lectures and licenses are 100% refunded by NYSA. In addition to coaching, it is your responsibility to control your sideline during games, and to stress sportsmanship to your parents and players. Your coaching will follow the Laws of MODIFIED Developmental soccer attached, and most important, remember that "This game is for the children, let them learn and play, but above all...let them have fun!"

List of Coaching Certificates and Licenses Required

"How to Manage Your Team" Classroom Lecture – For all U7 and older coaches coaching within NYSA.

U6 Coaches Certificate – For all coaches coaching 3 a-side soccer.

U7 & U8 Coaches Certificate – For all coaches coaching 4 a-side soccer.

U9 & U10 Coaches Certificate – For all coaches coaching 7 a-side soccer.

U11 & U12 Coaches Certificate – For all coaches coaching 9 a-side soccer.

11v11 Grassroots Coaching Module or equivalent coach education* – For all coaches coaching 11 a-side soccer.

* Must be approved by the NYSA Technical Committee.

PLAYERS

As a soccer player, you will be taught the basic skills of soccer; basic rules of the game; sportsmanship toward your teammates, opponent, and the referees. Your coach will stress fun and allow you to be creative while you play the game.

PARENTS:

In many cases this will be your first exposure to the game of soccer. Please take time to assist your team's coach in the many aspects of team management so that the coach can work with your child as they grow in the game. It is your responsibility to remember that this game is for the kids, and that only positive encouragement is welcome from the sideline. All decisions by the referee are final and are not to be questioned before, during or after the games. We do not publish the scores or standings at this level of play, so we can stress learning skills, sportsmanship, and most of all, the fun and creativity of soccer. It is our intent that after every practice and game your child will leave with a positive attitude about themselves and the game.

REFEREES:

It is important that you read over the MODIFIED developmental Soccer Laws attached, as there are several changes from FIFA Laws of the Game. As much as possible, we have tried to follow FIFA Laws to help these young players develop within the normal rules. It shall be your responsibility to give a brief verbal instruction to any offending player as outlined in the attached. You may ask for linesmen if you feel the size of the field warrants their assistance. We appreciate your efforts.

NYSA U6 PROGRAM

The U6 program's goal is to give the beginning player an introduction to basic soccer skills and a good understanding of the rules of the game. This program is designed to expose these new young players to the world of Soccer.

Volunteer parent coaches with the direction of the NYSA Coaching Director and the Master Coaches will run the program. The NYSA Coaching Director will appoint the Master Coaches. The parent coaches will be required to attend the NYSA U6 Coaches Certificate.

Once players are registered with NYSA, they will be placed on teams with a roster of 6 players. All U6 teams will meet once a week for eight weeks for a one-hour session (30-minute practice/30-minute game). There will be two teams sharing one 30 by 20-yard field. The NYSA Coaching Director will give the parent coaches their weekly practice sessions prior to practice and then the Master Coaches will observe the parent coaches during their practice in order to give them feedback on their coaching. For the first 30 minutes of the practice, the parent coach will run their team through the practice session. For the second 30 minutes, the two teams sharing the field would play a small game. The game will be divided into two equal 10-minute halves with a five-minute break in between. A parent referee from each team will officiate one half of the game.

This program should encourage all coaches and parents to ensure that playing soccer is a positive and enjoyable experience for these young players. This program is non-competitive and no score will be kept. All coaches and parents need to be positive elements in the player's participation.

MODIFIED DEVELOPMENTAL PLAYING RULES FOR U6 (3 A SIDE)

A. Field Size: 30 by 20 yards

B. Markings: Wos Markers are to be used to mark out the playing field.

C. Goals: 3' x 5' Bownet Goals

D. The Ball: Size 3

E. Number of Players:

U6: maximum number of players on the field at any time is three (3). Team roster size shall be five (5) to six (6) players (if possible).

- **Substitution:** Either team can make substitutions during a kickoff, goal kick, corner kick, throw-in or injury.
- **Playing time:** Every player must participate a minimum of 50% of each game.
- **Sex:** Teams should be divided by gender.

F. Players Equipment:

- NYSA issued shirt.
- Socks
- Footwear
- Shorts
- Shin guards required

A player shall not wear anything which is dangerous to another player or themselves (including any kind of jewelry, splint or cast).

G. Referees:

A parent referee from each team will be used to officiate one half of the game.

H. Duration of Game:

The game shall be divided into 2 – 10-minute halves, with a 5 minute break at halftime.

I. The Start of Play:

- Each opponent must be on their half of the field
- Opponents must be five yards from the ball before the kickoff is taken.
- The ball is in play when it is kicked and clearly moves. The kicker shall not play the ball a second time until it has been touched or played by another player.

J. Ball in and out of Play:

- The ball is not considered out until the entire ball passes across the goal line into the goal. It is still in play if it is touching the goal line.

K. Heading

- Players at U6 shall not engage in heading, either in practices or in games.

L. Fouls and Misconduct:

- All fouls (tripping, kicking, pushing, holding, jumping, charging or handball) will result in an indirect free kick. An indirect free kick must be touched by another teammate or opponent before a goal can be scored. Opponents must be 5 yards from the ball when the indirect free kick is taken.
- There are no direct free kicks awarded at U6.
- A handball should not be used to the player's advantage but is allowed for protection of the face and chest.
- Slide tackling will not be allowed.

M. Method of Scoring:

A goal is scored when the entire ball crosses over the goal line.

N. Offside:

The offside rule does not apply at U6.

O. Penalty Kick:

There are no penalty kicks awarded at U6.

P. Throw In:

When the ball passes completely out of the field of play along the touchline, the result is a throw-in. The ball will be thrown using two hands, overhead with both feet on the ground. In the event the player does not throw successfully, the player should be given another opportunity and guidance as to how to throw the ball in.

Q. Goal Kick:

In the event the attacking team kicks the ball across the goal line, but not into the goal, the result is a goal kick. The defending team restarts with a kick 3 yards in front of their goal. The opponents must be 5 yards from the goal kick.

R. Corner Kick:

In the event the defending team kicks the ball out of play across the goal line in their end, the result is a corner kick. The attacking team places the ball in the corner on the side the ball left the field and kicks it into the field of play. The opponents must be 5 yards from the corner kick.

S. Goalkeeper:

There are no goalkeepers or the use of the hands during the game.

T. Sportsmanship:

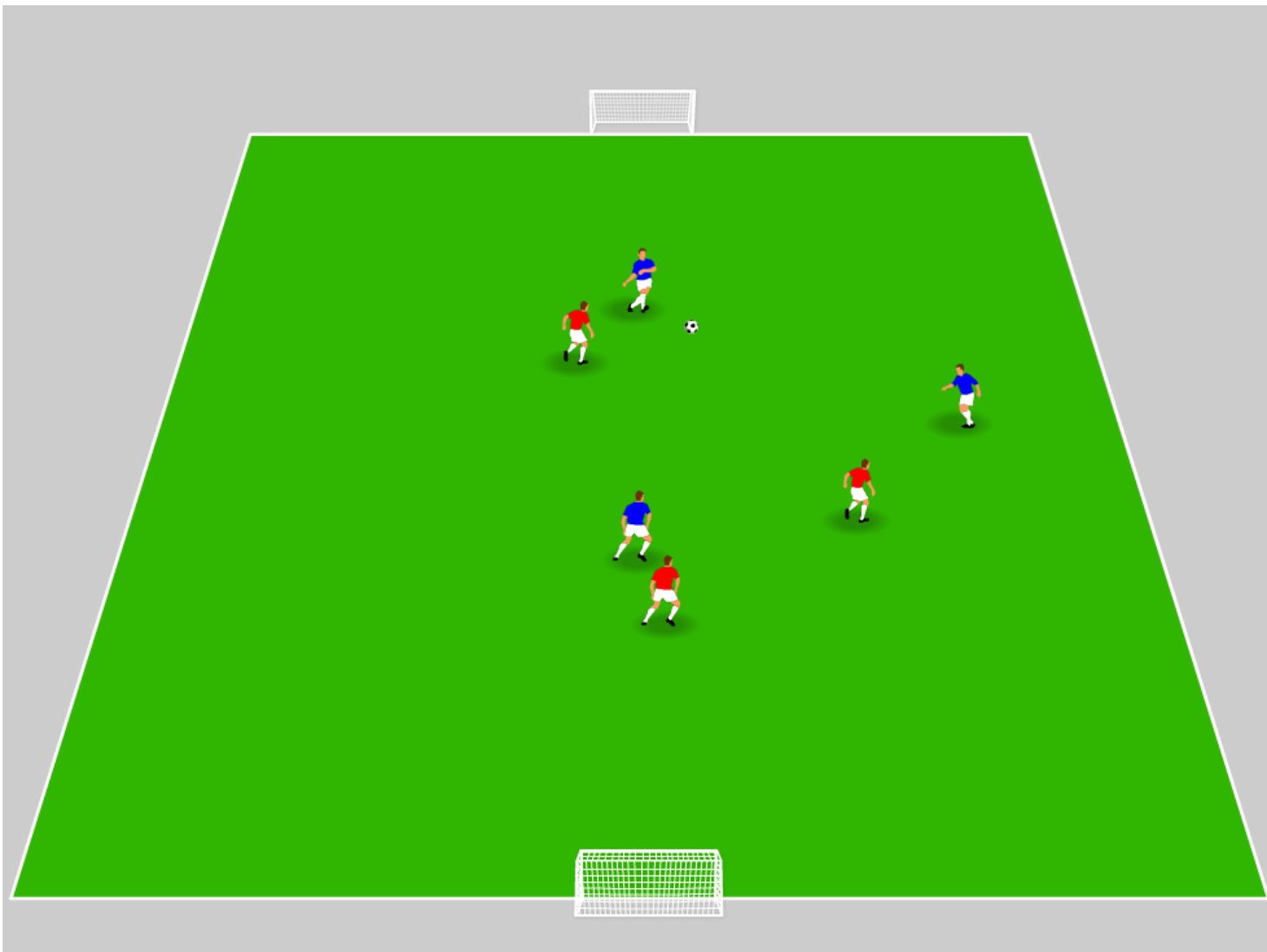
- Team coaches and players shall shake hands with opponent and referee after each game.
- Coaches, managers, team officials and parents shall not criticize game officials at any time and shall encourage the same attitude among all players and supporters.
- No league standings or scores shall be published.
- Publicity of game results is not permitted.
- Teams and spectators should be on opposite sides of the field if possible.

U. Sponsor:

NO SPONSORSHIP OF A TEAM SHALL BE ALLOWED

U6 3v3 SOCCER FIELD

30x20 yards



MODIFIED DEVELOPMENTAL PLAYING RULES FOR U7 AND U8 (4 A SIDE)

A. Field Size: 36 by 25 yards

B: Markings:

- Wos Markers are to be used to mark out the playing field if painted lines are not provided.
- A build out line shall be marked across the field 12 yards out from each goal line.

C. Goals: 6' Pugg Goals

D. The Ball: Size 3

E. Number of Players:

U7 and U8: maximum number of players on the field at any time is four (4). Team roster size shall be six (6) to eight (8) players (if possible).

- **Substitution:** Coaches may decide prior to the game the number of rotations they wish to perform per quarter (two rotations are recommended per quarter). Substitutions are unlimited and can occur at any stoppage.
- **Playing time:** Every player should play a minimum of 50% of the time in each game.
- **Sex:** Teams should be divided by gender.

F. Players Equipment:

- NYSA issued shirt.
- Socks
- Footwear
- Shorts
- Shin guards required

A player shall not wear anything which is dangerous to another player or themselves (including any kind of jewelry, splint or cast).

G. Referees:

A parent referee from each team will be used to officiate one half of the game.

H. Duration of Game:

The game shall be divided into 4 – 10-minute quarters, with a 2-minute break between quarters, except for halftime when a 5-minute break should be taken.

I. The Start of Play:

- Each opponent must be on their half of the field.
- Opponents must be five yards from the ball before the kickoff is taken.
- The ball is in play when it is kicked and clearly moves. The kicker shall not play the ball a second time until it has been touched or played by another player.

J. Ball in and out of Play:

- The ball is not considered out until the entire ball passes across the line. It is in play if it is touching the line. Likewise, a goal is scored when the entire ball passes across the goal line into the goal. It is still in play if it is touching the goal line.

K. Heading

- Players at U7 and U8 shall not engage in heading, either in practices or in games. If a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the offense.

L. Fouls and Misconduct:

- All fouls (tripping, kicking, pushing, holding, jumping, charging or handball) will result in an indirect free kick. An indirect free kick must be touched by another teammate or opponent before a goal can be scored. Opponents must be 5 yards from the ball when the indirect free kick is taken.
- There are no direct free kicks awarded at U7 or U8.
- A handball should not be used to the player's advantage but is allowed for protection of the face and chest.
- Slide tackling will not be allowed.

M. Method of Scoring:

Goal scored when the entire ball crosses over the goal line (the black strap) of the Pugg goal.

N. Offside:

The offside rule does not apply at U7 or U8.

O. Penalty Kick:

There are no penalty kicks awarded at U7 or U8.

P. Throw In:

- One re-throw must be allowed if a foul throw occurs.
- When the ball passes completely out of the field of play along the touchline, the result is a throw-in. The ball will be thrown using two hands, overhead with both feet on the ground. In the event the player does not throw successfully, the player should be given another opportunity and guidance as to how to throw the ball in.

Q. Goal Kick:

In the event the attacking team kicks the ball across the goal line, but not into the goal, the result is a goal kick. The defending team restarts with a kick 3 yards in front of their Pugg goal.

R. Build Out Lines

- When a goal kick is taken, the opposing team must move behind the build out line. Once the ball is received by a teammate, the opposing team can cross the build out line and play resumes as normal.

R. Corner Kick:

In the event the defending team kicks the ball out of play across the goal line in their end, the result is a corner kick. The attacking team places the ball in the corner on the side the ball left the field and kicks it into the field of play. The opponents must be 5 yards from the corner kick.

S. Goalkeeper:

- There are no goalkeepers or use of the hands during the game.

T. Sportsmanship:

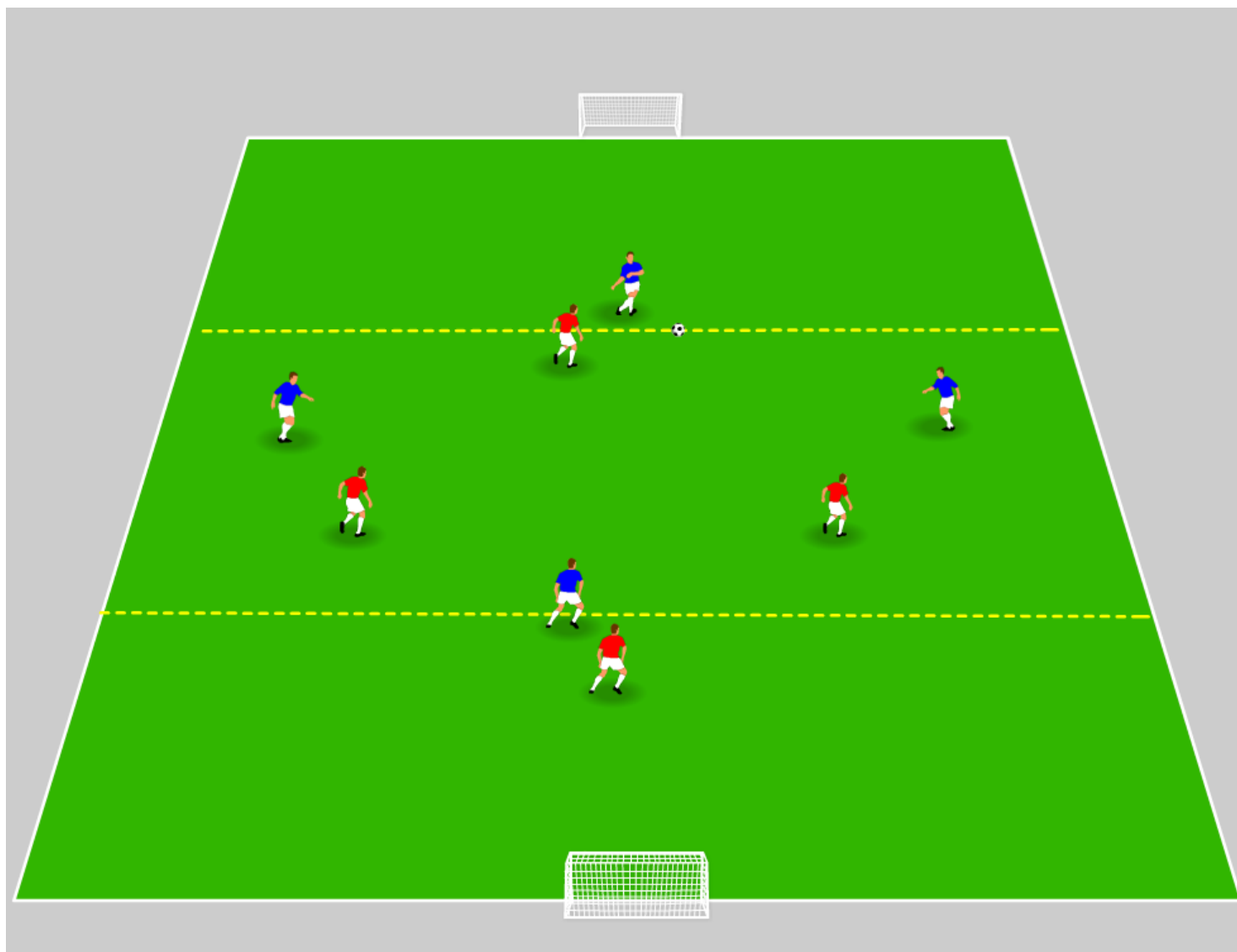
- Coaches and players shall reside on the same side of the field. Spectators from both teams will observe the game from the opposite side of the two teams.
- Team coaches and players shall shake hands with opponent and referee after each game.
- Coaches, managers, team officials and parents shall not criticize game officials at any time and shall encourage the same attitude among all players and supporters.
- No league standings or scores shall be published. Scores shall be reported by both coaches to NYSA after every game, regardless if the game had a referee.

U. Sponsor:

NO SPONSORSHIP OF A TEAM SHALL BE ALLOWED

U7 & U8 4v4 SOCCER FIELD

36x25 yard field with build out lines 12 yards out from each goal line.



MODIFIED DEVELOPMENTAL PLAYING RULES FOR U9 AND U10 (7 A SIDE)

A. Field Size: 55 by 35 yards minimum / 65 by 45 yards maximum

B: Markings: (Guidelines to be followed as closely as practical)

- Distinctive lines at least 2 inches wide
- A halfway line shall be marked out across the field
- A center circle with 8-yard radius
- A build out line shall be marked in between the halfway line and the top of each penalty box.
- Four corner arcs with 1-yard radius
- Goal area – 4 by 8 yards.
- Penalty area – 12 by 24 yards.
- The Technical Area for coaches and players starts at the top of the Penalty area and ends at the halfway line. All participants must be at least two yards off the touch line. Coach and or spectators may not enter the field of play during the match without the referee's permission.

C. Goals: Desired goal size - 6' x 12'

D. The Ball: Size 4

E. Number of Players:

U9 and U10: maximum number of players on the field at any time, including the goalkeeper is seven (7). Team roster size shall be ten (10) to twelve (12) players (if possible).

- **Substitutions:** Are unlimited and can occur at any stoppage.
- **Playing time:** Every player should play a minimum of 50% of the time in each game.
- **Sex:** Teams should be divided by gender.

F. Players Equipment:

- Jersey or shirt (with number)
- Socks
- Footwear
- Shorts
- Shin guards required

A player shall not wear anything which is dangerous to another player or themselves (including any kind of jewelry, splint or cast).

G. Referees:

- Official referees should be used. Older age group player is highly recommended.
- Their decisions on points of fact connected with the game shall be final.
- Referees shall verbally explain the infraction called on the offending player.
- Each team shall provide linesman upon referee request.

H. Duration of Game:

- The game shall be divided into equal halves of 25 minutes each.
- Half time break shall be five minutes.

I. The Start of Play:

- Opponent must be ten yards from the center mark when place kick (kick off) is in process.
- The ball is in play when it is kicked and clearly moves. The kicker shall not play the ball a second time until it has been touched or played by another player.

J. Ball in and out of Play:

- Conform to FIFA Laws of the Game.
- The ball is out of play only when it has entirely crossed the goal or touch lines.

K. Method of Scoring:

- The goal is scored when the whole ball has crossed the entire goal line on the ground or in the air.

L. Offside:

- The Build Out Line will also be used as an Offside Line.
- The referee will impose the FIFA offside law and award an indirect free kick to the opposing team.
- The referee must explain the infraction to the offending player.

M. Heading:

- Players at U9 and U10 shall not engage in heading, either in practices or in games. If a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

N. Fouls and Misconduct:

- A Direct Kick shall be awarded for the following nine (9) intentionally committed offenses:
 - Kicking an opponent
 - Tripping an opponent
 - Jumping at an opponent
 - Charging an opponent in a violent or dangerous manner
 - Charging an opponent from behind
 - Striking an opponent
 - Holding an opponent
 - Pushing an opponent
 - Handling the ball, with the exception of the goalkeeper in the designated area.
- An Indirect Kick shall be awarded for the following offenses:
 - Dangerous play (high kicking)
 - Charging fairly (shoulder to shoulder) when the ball is not within the playing distance of the players involved.
 - Impeding the progress of an opponent.
 - Obstructing the goalkeeper in the "penalty area" (there will be no intentional physical contact with the goalkeeper in the "penalty area").
 - Preventing the goalkeeper from releasing the ball from his or her hands.
 - Laying on the ball and not allowing others to play it.
 - Unsporting behavior
- A goal may not be scored on an indirect free kick until the ball has been played or touched by a second player from either team.
- Slide tackling will not be allowed.

O. Penalty Kick:

- There are no penalty kicks awarded at U9 or U10.

P. Throw In:

- Conform to FIFA Laws of the Game.
- A foul throw-in shall not be retaken
- When taking the throw-in, the player must face the field of play and keep both feet on the ground while releasing the ball. When releasing the ball, both hands must be on both sides of the ball and the ball must start from behind the head.
- A goal shall not be scored directly from a throw-in.

Q. Goal Kick:

- Conform to FIFA Laws of the Game.
- Goal kicks may be taken from any point inside the goal area: six-yard area.
- The ball is in play once it is kicked and clearly moves; it does not have to leave the penalty area. The team taking the goal kick can receive the ball inside the penalty area.

R. Build Out Lines

- When the goalkeeper has the ball, either during play (from the opponent) or from a goal kick, the opposing team must move behind the build out line. Once the opposing team is behind the build out line, the goalkeeper can pass or roll the ball to a teammate (**no punting**). After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal.
- On goal kicks the opposition can enter the build out area as soon as the ball is kicked.

S. Corner Kick:

- Conform to FIFA Laws of the Game.
- May be taken from any point inside corner area.

T. Goalkeeper:

- The ball is to be considered in the goalkeeper's possession whenever the goalkeeper is touching the ball in the goal box.
- Upon possession of the ball, the goalkeeper has six seconds to release the ball back into play.
- There is no punting, dropkicking or throwing the ball up the field.
- If a teammate passes the ball back to the goalkeeper inside the penalty area, the goalkeeper cannot pick up the ball with his or her hands.
- FIFA Laws of the Game shall apply outside the goal box.

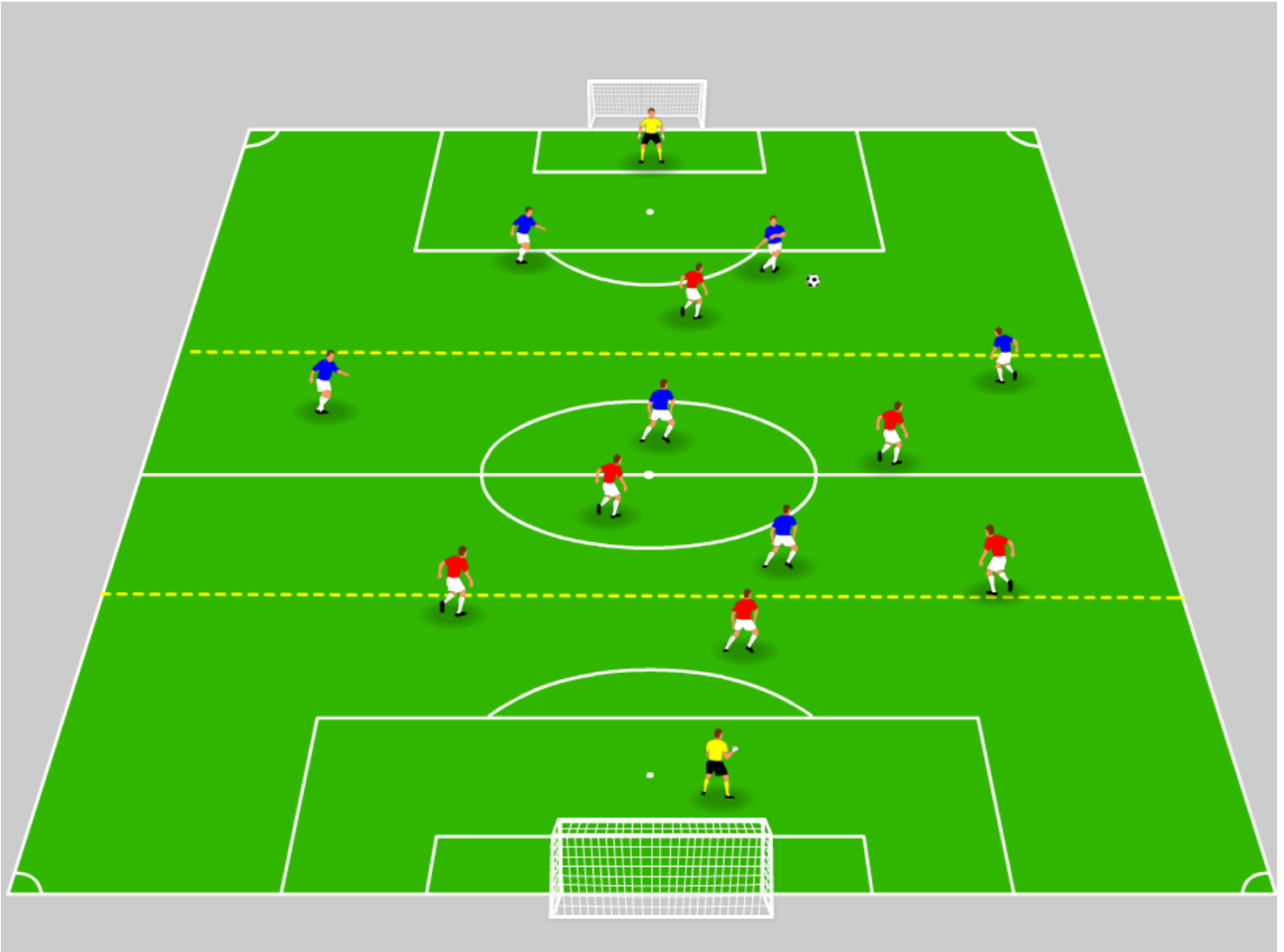
U. Sportsmanship:

- Coaches and players shall reside on the same side of the field. Spectators from both teams will observe the game from the opposite side of the two teams.
- Team coaches and players shall shake hands with opponent and referee after each game.
- Coaches, managers, team officials and parents shall not criticize game officials at any time and shall encourage the same attitude among all players and supporters.
- No league standings or scores shall be published. Scores shall be reported by both coaches to NYSA after every game, regardless if the game had a referee.

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U9 & U10 7v7 SOCCER FIELD

55x35 to 65x45 yard field with build out lines in between the halfway line and the top of the penalty box.



MODIFIED DEVELOPMENTAL PLAYING RULES FOR U11 (9 A SIDE)

A. Field Size: 70 x 45 yards minimum / 80 x 55 yards maximum

B: Markings: (Guidelines to be followed as closely as practical)

- Distinctive lines at least 2 inches wide
- A halfway line shall be marked out across the field
- A build out line shall be marked in between the halfway line and the top of each penalty box.
- A center circle with 8-yard radius
- Four corner arcs with one-yard radius
- Goal area size is 5 by 16 yards
- Penalty mark is 10 yards from the goal line
- Penalty area size is 14 by 36 yards
- The Technical Area for coaches and players starts at the top of the Penalty area and ends at the halfway line. All participants must be at least two yards off the touch line. Coaches and or spectators may not enter the field of play during the match without the referee's permission.

C. Goals: Desired goal size - 6'x18'

D. The Ball: Size 4

E. Number of Players:

U11: maximum number of players on the field at any time, including the goalkeeper is nine (9). Team roster size shall be twelve (12) to fifteen (15) players (if possible).

- **Substitutions:** Are unlimited and can occur at any stoppage.
- **Playing time:** Every player should play a minimum of 50% of the time in each game.
- **Sex:** Teams should be divided by gender.

F. Player Equipment:

- Jersey or shirt (with number)
- Socks
- Footwear
- Shorts
- Shin guards required

A player shall not wear anything which is dangerous to another player or themselves (including any kind of jewelry, splint or cast).

G. Referees:

- Official referees should be used. Older age group player is highly recommended.
- Their decisions on points of fact connected with the game shall be final.
- Referees shall verbally explain the infraction called on the offending player.
- Each team shall provide linesman upon referee request.

H. Duration of Game:

- The game shall be divided into equal halves of 30 minutes each.
- Half time break shall be five minutes.

I. The Start of Play:

- Opponents must be ten yards from the center mark when place kick (kick off) is in process.
- The ball is in play when it is kicked and clearly moves. The kicker shall not play the ball a second time until it has been touched or played by another player.

J. Ball in and out of Play:

- Conform to FIFA Laws of the Game.
- The ball is out of play only when it has wholly crossed the goal or touch lines.

K. Method of Scoring:

- A goal is scored when the whole ball has crossed the entire goal line on the ground or in the air.

L. Offside:

- The Build Out Line will also be used as an Offside Line.
- The referee will impose the FIFA offside laws and award an indirect free kick to the opposing team.
- Referee shall explain infraction to offending player.

M. Heading:

- U11 players shall not engage in heading, either in practices or in games. If a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

N. Fouls and Misconduct:

- The referee must explain all infractions to the offending player.
- A Direct Kick shall be awarded for the following nine (9) intentionally committed offenses:
 - Kicking an opponent
 - Tripping an opponent
 - Jumping at an opponent
 - Charging an opponent in a violent or dangerous manner
 - Charging an opponent from behind
 - Striking an opponent
 - Holding an opponent
 - Pushing an opponent
 - Handling the ball, with the exception of the goalkeeper in the designated area.
- An Indirect Kick shall be awarded for the following offenses:
 - Dangerous play (high kicking)
 - Charging fairly (shoulder to shoulder) when the ball is not within the playing distance of the players involved
 - Impeding the progress of an opponent
 - Obstructing the goalkeeper in the "penalty area" (there will be no intentional physical contact with the goalkeeper in the "penalty area")
 - Preventing the goalkeeper from releasing the ball from his or her hands
 - Lying on the ball and not allowing others to play it
 - Unsporting behavior
- A goal may not be scored on an indirect free kick until the ball has been played or touched by a second player from either team.
- SLIDE TACKLING WILL BE ALLOWED

O. Penalty Kick:

- Penalty kicks will be granted at U11. They will be taken at ten (10) yards from the goal.

P. Throw In:

- Conform to FIFA Laws of the Game.
- A foul throw-in shall not be retaken.
- When taking the throw-in, the player must face the field of play and keep both feet on the ground while releasing the ball. When releasing the ball, both hands must be on both sides of the ball and the ball must start from behind the head.
- A goal shall not be scored directly from a throw-in.

Q. Goal Kicks:

- Conform to FIFA Laws of the Game.
- A goal kick may be taken from any point inside the goal area.
- The ball is in play once it is kicked and clearly moves; it does not have to leave the penalty area. The team taking the goal kick can receive the ball inside the penalty area.

R. Build Out Lines

- At U11 when the goalkeeper has the ball, either during play (from the opponent) or from a goal kick, the opposing team must move behind the build out line. Once the opposing team is behind the build out line, the goalkeeper can pass or roll the ball to a teammate (**no punting**). After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal.
- On goal kicks the opposition can enter the build out area as soon as the ball is kicked.

S. Corner Kick:

- Conform to FIFA Laws of the Game.
- May be taken from any point inside corner area.

T. Goalkeeper:

- Upon possession of the ball, the goalkeeper has six seconds to release the ball back into play.
- At U11 there is no punting, dropkicking or throwing the ball up the field.
- If a teammate passes the ball back to the goalkeeper inside the penalty area, the goalkeeper cannot pick up the ball with his or her hands.
- FIFA Laws of the Game shall apply outside the goal box.

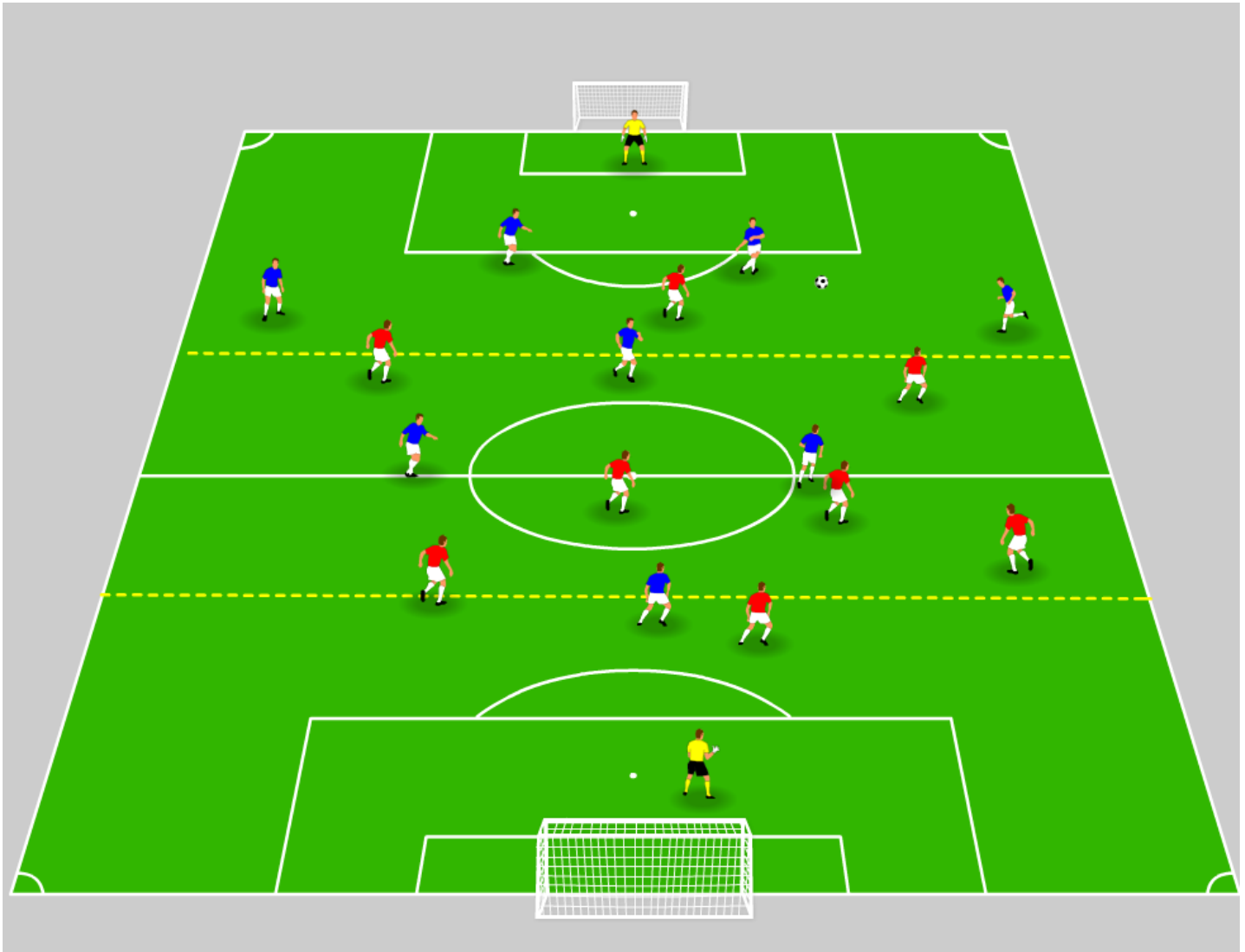
U. Sportsmanship:

- Coaches and players shall reside on the same side of the field. Spectators from both teams will observe the game from the opposite side of the two teams.
- Team coaches and players shall shake hands with opponent and referee after each game.
- Coaches, managers, team officials and parents shall not criticize game officials at any time and shall encourage the same attitude among all players and supporters.
- No league standings or scores shall be published. Scores shall be reported by both coaches to NYSA after every game, regardless if the game had a referee.

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U11 9v9 SOCCER FIELD

A 70x45 to 80x55 yard field with build out lines in between the halfway line and the top of the penalty box.



MODIFIED DEVELOPMENTAL PLAYING RULES FOR U12 (9 A SIDE)

A. Field Size: 70 x 45 yards minimum / 80 x 55 yards maximum

B. Markings: (Guidelines to be followed as closely as practical)

- Distinctive lines at least 2 inches wide
- A halfway line shall be marked out across the field
-
- A center circle with 8-yard radius
- Four corner arcs with one-yard radius
- Goal area size is 5 by 16 yards
- Penalty mark is 10 yards from the goal line
- Penalty area size is 14 by 36 yards
- The Technical Area for coaches and players starts at the top of the Penalty area and ends at the halfway line. All participants must be at least two yards off the touch line. Coaches and or spectators may not enter the field of play during the match without the referee's permission.

C. Goals: Desired goal size - 6'x18'

D. The Ball: Size 4

E. Number of Players:

U12: maximum number of players on the field at any time, including the goalkeeper is nine (9). Team roster size shall be twelve (12) to fifteen (15) players (if possible).

- **Substitutions:** Are unlimited and can occur at any stoppage.
- **Playing time:** Every player should play a minimum of 50% of the time in each game.
- **Sex:** Teams should be divided by gender.

F. Player Equipment:

- Jersey or shirt (with number)
- Socks
- Footwear
- Shorts
- Shin guards required

A player shall not wear anything which is dangerous to another player or themselves (including any kind of jewelry, splint or cast).

G. Referees:

- Official referees should be used. Older age group player is highly recommended.
- Their decisions on points of fact connected with the game shall be final.
- Referees shall verbally explain the infraction called on the offending player.
- Each team shall provide linesman upon referee request.

H. Duration of Game:

- The game shall be divided into equal halves of 30 minutes each.
- Half time break shall be five minutes.

I. The Start of Play:

- Opponents must be ten yards from the center mark when place kick (kick off) is in process.
- The ball is in play when it is kicked and clearly moves. The kicker shall not play the ball a second time until it has been touched or played by another player.

J. Ball in and out of Play:

- Conform to FIFA Laws of the Game.
- The ball is out of play only when it has wholly crossed the goal or touch lines.

K. Method of Scoring:

- A goal is scored when the whole ball has crossed the entire goal line on the ground or in the air.

L. Offside:

-
- The referee will impose the FIFA offside laws and award an indirect free kick to the opposing team.
- Referee shall explain infraction to offending player.

M. Heading:

-
- Players at U12 are limited to a maximum of 30 minutes per week with no more than 15 to 20 headers per player. There is no restrictions on heading during games.

N. Fouls and Misconduct:

- The referee must explain all infractions to the offending player.
- A Direct Kick shall be awarded for the following nine (9) intentionally committed offenses:
 - Kicking an opponent
 - Tripping an opponent
 - Jumping at an opponent
 - Charging an opponent in a violent or dangerous manner
 - Charging an opponent from behind
 - Striking an opponent
 - Holding an opponent
 - Pushing an opponent
 - Handling the ball, with the exception of the goalkeeper in the designated area.
- An Indirect Kick shall be awarded for the following offenses:
 - Dangerous play (high kicking)
 - Charging fairly (shoulder to shoulder) when the ball is not within the playing distance of the players involved
 - Impeding the progress of an opponent
 - Obstructing the goalkeeper in the "penalty area" (there will be no intentional physical contact with the goalkeeper in the "penalty area")
 - Preventing the goalkeeper from releasing the ball from his or her hands
 - Lying on the ball and not allowing others to play it
 - Unsporting behavior
- A goal may not be scored on an indirect free kick until the ball has been played or touched by a second player from either team.
- SLIDE TACKLING WILL BE ALLOWED

O. Penalty Kick:

- Penalty kicks will be granted at U12. They will be taken at ten (10) yards from the goal.

P. Throw In:

- Conform to FIFA Laws of the Game.
- A foul throw-in shall not be retaken.
- When taking the throw-in, the player must face the field of play and keep both feet on the ground while releasing the ball. When releasing the ball, both hands must be on both sides of the ball and the ball must start from behind the head.
- A goal shall not be scored directly from a throw-in.

Q. Goal Kicks:

- Conform to FIFA Laws of the Game.
- A goal kick may be taken from any point inside the goal area.

- The ball is in play once it is kicked and clearly moves; it does not have to leave the penalty area. The team taking the goal kick can receive the ball inside the penalty area.

-

R. Corner Kick:

- Conform to FIFA Laws of the Game.
- May be taken from any point inside corner area.

S. Goalkeeper:

- Upon possession of the ball, the goalkeeper has six seconds to release the ball back into play.
-
- If a teammate passes the ball back to the goalkeeper inside the penalty area, the goalkeeper cannot pick up the ball with his or her hands.
- FIFA Laws of the Game shall apply outside the goal box.

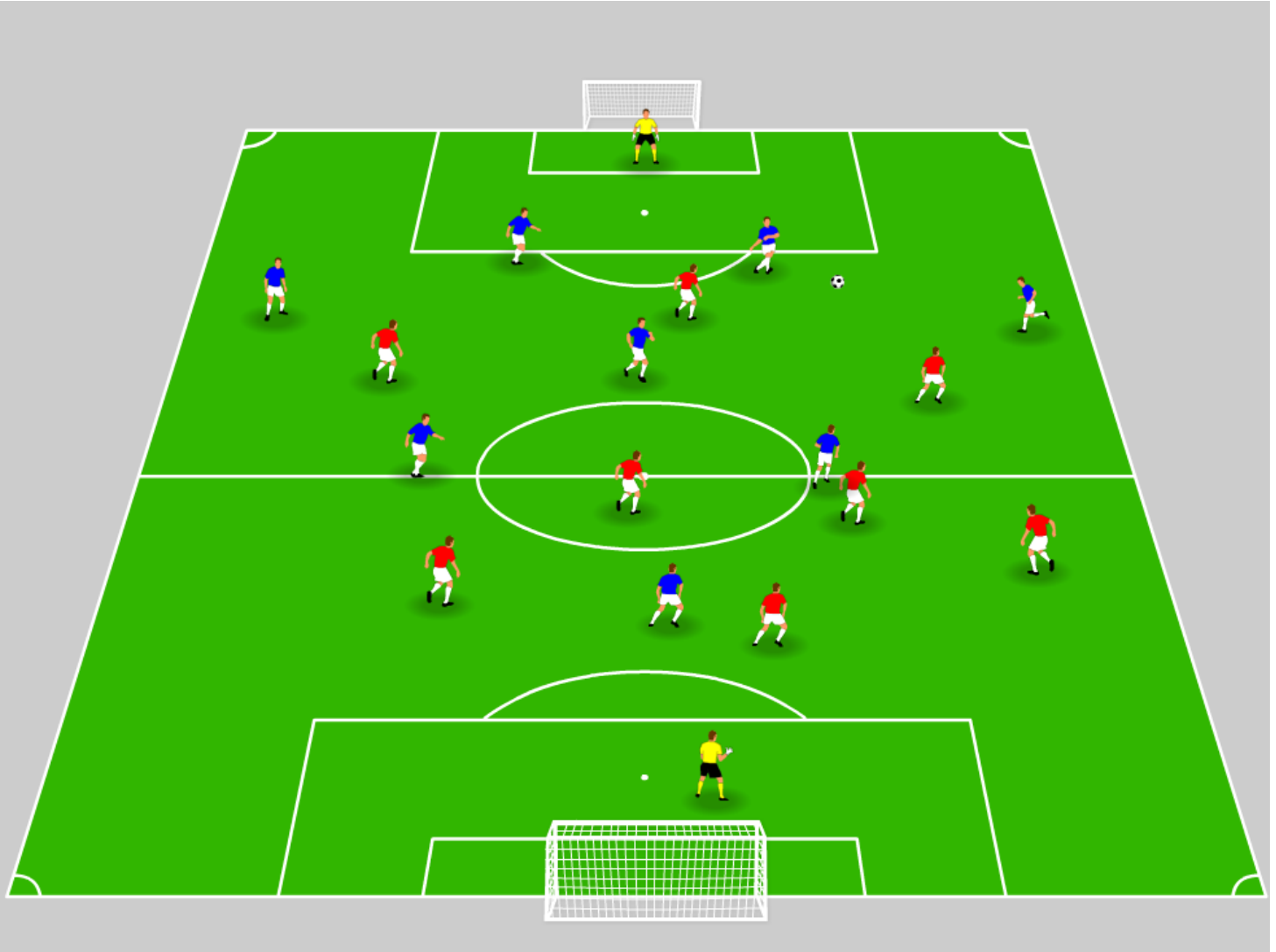
T. Sportsmanship:

- Coaches and players shall reside on the same side of the field. Spectators from both teams will observe the game from the opposite side of the two teams.
- Team coaches and players shall shake hands with opponent and referee after each game.
- Coaches, managers, team officials and parents shall not criticize game officials at any time and shall encourage the same attitude among all players and supporters.
- No league standings or scores shall be published. Scores shall be reported by both coaches to NYSA after every game, regardless if the game had a referee.

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U12 9v9 SOCCER FIELD

70x45 to 80x55 yards



DEVELOPMENTAL PROGRAM

Age	Program	Minimum Players	Maximum Players	Ball Size	Field Size	Goal Size	Duration (1/2)	Season # Games	Goalkeepers	Offside	Referee
U6*	3-a side	5	6	#3	30x20	3'x5' Bownets	10 min halves	8	No	No	Parent
U7*	4-a-side	6	8	#3	36x25	6' Pugg	10 min quarters	8	No	No	Parent
U8*	4-a-side	6	8	#3	35x25	6' Pugg	10 min quarters	8	No	No	Parent
U9*	7-a-side	10	12	#4	55x35 65x45	6'x12'	25 mins	8	Yes	Yes	Yes
U10*	7-a-side	10	12	#4	55x35 65x45	6'x12'	25 mins	10	Yes	Yes	Yes
U11*	9-a-side	12	15	#4	70x45 80x55	6'x18'	30 mins	10**	Yes	Yes	Yes
U12*	9-a-side	12	15	#4	70x45 80x55	6'x18'	30 mins	10**	Yes	Yes	Yes
U13	11-a-side	15	18	#5	110x65 120x75	8'x24'	35 mins	10**	Yes	Yes	Yes
U14	11-a-side	15	18	#5	110x65 120x75	8'x24'	35 mins	10**	Yes	Yes	Yes
U15	11-a-side	15	18	#5	110x65 120x75	8'x24'	40 mins	10**	Yes	Yes	Yes
U16	11-a-side	15	22	#5	110x65 120x75	8'x24'	40 mins	10**	Yes	Yes	Yes
U17-U19	11-a-side	15	22	#5	110x65 120x75	8'x24'	45 mins	10**	Yes	Yes	Yes

*No scores or team standing will be published.

**Number of regular season games is listed. Teams may play more games if they participate in the NYSA Jamboree or WYS Recreational Cup.