

PACER WRESTLING NEWS – WEEK OF DECEMBER 10, 2018 THROUGH CHRISTMAS BREAK

Note that there are several time and schedule changes, so check carefully.

Week of 12/10: Schedule:

Monday: 3:15-5:25 practice

Tuesday: 3:15-5:20 practice

Wednesday: 3:15-4:30 practice

Thursday: Away dual meet at Christian Life - **Time Change - No study hall** wear wrestling warmups
4:35 - Load bus 5:00 - Weigh in **6:00 - wrestle**

Friday: **No Practice** The band and choir will be set up on the stage on Friday afternoon for Friday night's Christmas concert, so our scheduled practice will be cancelled

Away Dual Meet - Christian Life - Thursday, December

Load Bus: 4:25 -- Weigh-in: 5:00 -- Wrestle: 6:00 (time moved up one hour)

Address: 10700 75th St, Kenosha, WI 53142

No Study Hall

I (Pastor Brug) have appointments at St. Luke's in Milwaukee on Thursday, so I will probably not be able to be there for the meet. Coach Patterson and Coach Robinson will be there.

Week of 12/17: Schedule:

Note: my family and I are thankful to have the opportunity to see my daughter Amanda play a basketball tournament in St. Petersburg, FL. The downside is that I will be away from the 17th until about the new year. Coach Patterson will be running things quite capably - if you have any questions while I am gone, his cell number is 262-822-0085. You can also email him at paul.patterson@wlsracine.org. You may still contact me if need be.

Monday: 3:15-5:25 practice

Tuesday: Home dual meet vs. Big Foot - set up 5:15, weigh in 6:00, wrestle 7:00

Wednesday - no practice

Thursday - 3:15-5:25

Friday - no practice

Home Dual Meet - Big Foot - Tuesday, December 18

Set up gym: 5:15 -- Weigh-in: 6:00 -- Wrestle: 7:00

Vacation Workouts

Until we return to practice toward the end of vacation, wrestlers should do whatever they can to keep their conditioning levels up since we will be returning to competition before we get back to class. Coach Patterson is exploring to have practice on another morning or two. He will keep you posted.

With competition coming on Saturday, January 5, it will be important for wrestlers to be at practice on January 3-4:

Thursday, January 3: 2-4 PM practice

Friday, January 4: 3:15-5:00 PM practice

Saturday, January 5: **Competition: Varsity at Milwaukee Lutheran, JV at Racine Park**

Monday, January 7: Classes resume, practice 3:15-5:25

God's blessings on your Christmas break! May he fill you with joy and wonder over the love he showed in sending his Son for us!