

Beaver Dam Hockey Association

“Spring 2019 Developmental Programs”

“Grow your game...”

- **Hockey 1 & 2:** For beginners, Hockey 1 & 2 introduces hockey skating skills in a progressive and sequential manner for girls and boys, ages 3 and up. Taught by skilled instructors, this 7-week session will be held on Thursdays from 5:10-6 pm starting March 21. **FREE!**
- **Hockey 3 & 4:** This “intermediate” program will continue to build and develop skating technique, hockey skills, and game play and is perfect for those who have gained experience through Hockey 1 & 2 (and are ready to advance), 6U Atoms, 8U Girls, Mites, 10U Girls, and Squirts. Led by experienced coaching staff, gain the edge with this solid skills-focused program to be held on Thursdays from 5:10-6 pm starting March 21. **Fee of \$35.**
- **Girls Developmental 1:** Designed for beginners, this free program is for girls of all ages (3 and up) to simply experience and learn more about the exciting game of hockey in a fun and relaxed atmosphere. No prior skating or hockey experience is necessary. Participants are welcome to also enroll in Hockey 1 & 2 (described above) to benefit from all skating instruction. Led by the Girls Varsity Hockey Coach and other highly experienced coaches, this 7-week program will held on Fridays from 5:10-6 pm starting March 22. See what girl’s hockey is all about! **FREE!**
- **Girls Developmental 2:** For more advanced skaters, Girls Developmental 2 will continue to develop and advance participants’ skating techniques, game knowledge, and hockey skills. Led by the Girls Varsity Hockey Coach and other experienced coaches, including varsity players, this 7-week program is sure to grow your game. Held on Fridays from 6:00-6:50 pm starting March 23. **FREE!**
- **Bud Simon’s Impact Hockey Camp:** As a leader in functional skating and hockey development, the innovative Impact Hockey program uses “cutting-edge” training techniques in which players are pushed outside their “comfort zone” and in return reach an efficient level of skating and overall hockey development. This 5-week camp is for youth ages 7-14 (Mites-Bantam) and will be held on Sundays from 10-11 am for ages 7-14. Camp dates are March 17, March 24, April 14, April 28, and May 12. **Fee of \$75.**
- **Goalie Training:** Specialized instruction for goalies at all age levels U8–U18. Including those that want to try goalie position and learn more about this. Taught by Justin De Maa and other experienced goalie players, this 5-week session will run 12:30-1:30 pm on March 17 & 24, April 14 & 28, and May 12. **Fee of \$75.**
- **Hound Dogs Hockey Teams:** Spring league play for birth years 2005-2010.

Register online at www.beaverdamhockey.com
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