

MD State Championships Hosted by Sportsplex Gymnastics



March 1, 2026

Sportsplex Gymnastics

8001 SHERIFF ROAD, LANDOVER MD 20785

Admission:

Adults age 14 and older - \$12.00

Children ages 6 to 13 - \$10.00

Children under 5 - no charge

Cash or Credit

Session Schedule

Session 1	Level 3, GD, SL, BR	Format: Mod Cap Cup	63 gymnasts
	Registration/Stretch		8:00 AM
	First Timed Warm-up.....		8:30AM
	Presentation of Teams.....		8:40 AM
	Awards		10:40 AM
Session 2	Level 4,5,6,6E	Format: Mod Cap Cup	68 gymnasts
	Registration/Stretch		11:00 AM
	First Timed Warm-up.....		11:30 AM
	Presentation of Teams.....		11:42 AM
	Awards		2:30 PM
Session 3	Level 7-10 & PT	Format: Mod Cap Cup	62 gymnasts
	Registration/Stretch		3:00 PM
	Senior Recognition		3:20PM
	First Timed Warm-up		3:30 PM
	Presentation of Teams.....		3:40 PM
	Awards		7:40 PM

