



Alexandria Youth Basketball Club

Rules and Regulations

29AUG2025

Mission Statement

The Alexandria Youth Basketball Club (AYBC) is a community-based organization for kids 4th through 8th grade to enjoy competitive basketball, learn fundamentals, and have fun while learning the value of teamwork and good sportsmanship.

General Information

Player Eligibility:

Registration is limited to boys and girls in 4th through 8th grade who reside in or attend Alexandria School District.

Season:

The official AYBC season starts on October 27th and runs through the conclusion of the MYAS Grade State tournament. All team activities will follow AYBC rules and regulations.

Registration:

Registration will open in August and conclude prior to the first tryout date. Registration information and link for registration will be online at alexbball.com.

Late Registration:

Late registration is subject to Board approval.

Team Selection:

The Board shall determine, by number of registrants, how many teams can be formed. The teams will be formed based on skill level. The minimum number on a team will be seven players.

4th and 5th grade players that are trying out for a traveling team will be placed on teams based on abilities evaluated during the required extended tryouts and all players will be placed on a team.

6th grade players that are trying out for a traveling team will be placed on teams based on abilities evaluated during the required 1 day tryout and all players will be placed on a team.



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7th and 8th grade players that are trying out for a traveling team will participate in a 1 day tryout. We can not guarantee all 7th and 8th grade players will be placed on a team.

Tryout evaluations are not performed by Board members. Board members may only be present to check players in and hand out practice jerseys.

Players prevented from trying out due to injury will be handled by the Board on a case-by-case basis. Skill level from prior year and coach feedback may be used to determine placement.

Tournaments:

Teams will be registered for six tournaments that are selected by the club. 6th through 8th grades will be registered for one additional tournament by the club, for a total of seven tournaments. Participation in additional tournaments beyond those registered by the club will be at the discretion and shared cost of the team.

Coaching:

Coaching applications must be completed by interested parties and emailed to aybc.mail@gmail.com. All coaches will be selected by the AYBC Board after review of qualifications and experience. It is preferred to have parent coaches for 4th-6th grade and qualified non-parent coaches for 7th and 8th grade. This is subject to availability. **ONLY** the head coach and assistant coach will be allowed on the bench during games and tournaments.

All head coaches and assistant coaches are required to undergo a mandatory background check, complete a concussion and first aid training, and participate in the “Trusted Coaches” certification. Coaches will also need to sign a “Coaches of Conduct” each season. The Board reserves the right to refuse an applicant if he/she does not pass the background check or hold said certifications.

All coaches are required to attend the AYBC Coaching Clinic for each season of coaching. All head coaches are required to have a meeting with parents of team members at the start of the season.

Playing Time:

4-6th grades: Playing time will be distributed evenly amongst player with exceptions being made for: practice attendance, player behavior, and tournament attendance.

7th-8th grade: Playing time is not even. It is earned based on: skill, player effort, player behavior, practice attendance and tournament attendance.



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Fees:

Participation fees are to be paid at the time of registration. There will be no refund of player registration unless the player is not placed on a team. Fees will be determined by the Board and posted on the registration page.

Volunteer Time:

Parents are expected to volunteer during the club's home tournaments. A \$100 check will be required at the time of the first tryout session. The check will be destroyed after all volunteer requirements are filled. More information on how to sign up for a volunteer job will be provided prior to the tournament.

Grievance Procedure:

Any grievance should be addressed accordingly:

- First to the coach, after a recommended 24 hour 'cooling off' period
- Second to the AYBC Board, contacted initially through the AYBC email account at aybc.mail@gmail.com

Exceptions:

Any exceptions to these rules and regulations will be at the sole discretion of the Board.