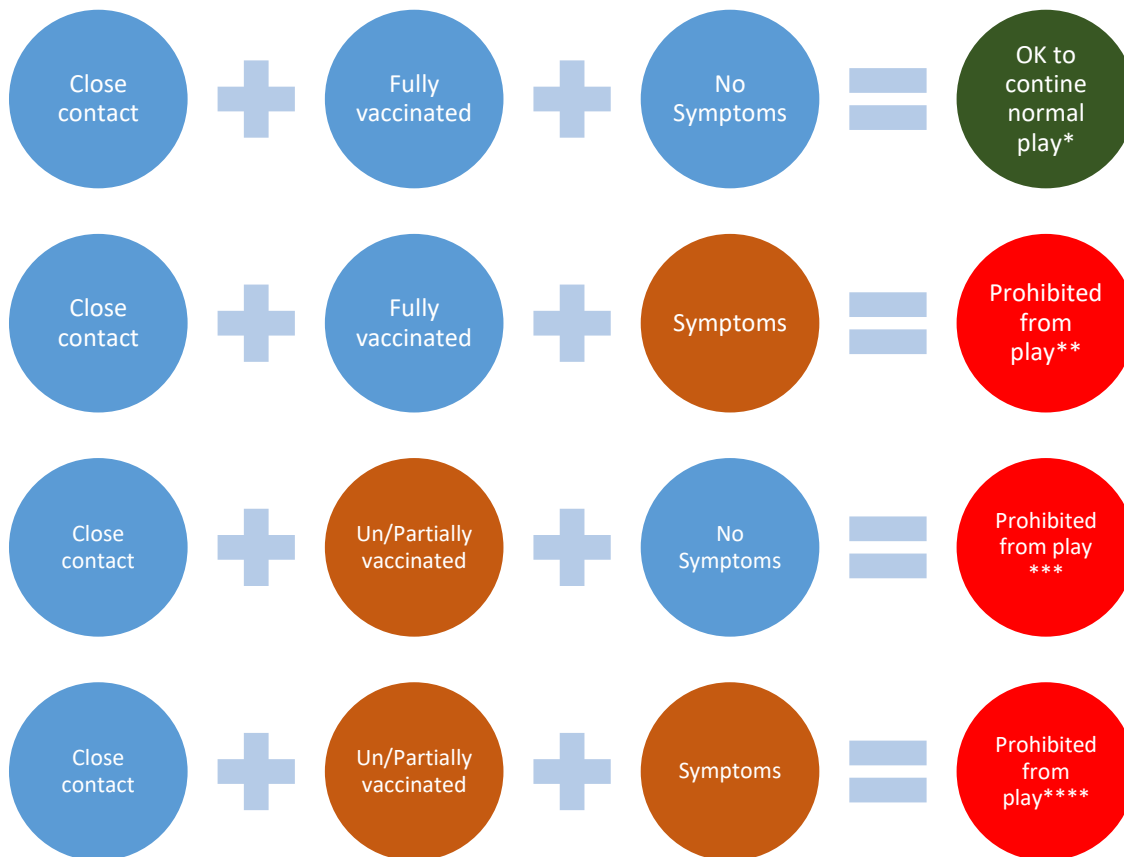


# ADMIRALS HOCKEY CLUB COVID FLOW CHART

As stated in item number one of the Admirals COVID-19 Rules and Regulations, parents of their player(s) will conduct a symptom self-check prior to heading to the rink. If your player has any symptoms, please do not come to the rink and email [rulesandethics@admiralshockeyclub.com](mailto:rulesandethics@admiralshockeyclub.com). With the ever changing guidance on exposure and quarantine, please see the chart below for guidance.



\* Vaccinated players with a known close contact with a known COVID-19 positive individual may choose to get tested five days after the exposure to ensure that they are COVID-19 free.

\*\* Vaccinated players with symptoms can return to play after a negative COVID-19 test 3-5 days after the exposure to ensure that they are COVID-19 free.

\*\*\* Players who are not fully vaccinated can return to play after a negative COVID-19 test five days after the exposure to ensure that they are COVID-19 free.

\*\*\*\* Players who are not fully vaccinated can return to play after a negative COVID-19 five days after exposure and a review of the symptoms by Rules and Ethics is completed.

Any player who wishes to not get tested may return after ten days and have no symptoms.