



KNIGHTS LADIES INVITATIONAL
WRESTLING TOURNAMENT
January 19, 2019

Location: Spotsylvania High School
6975 Courthouse Road
Spotsylvania, VA 22551

Tournament Director: Bill Swink
Contact Number: 540-907-5176
Email: wswink@spotsylvania.k12.va.us

Awards: Individual medals for the top 3 in each weight class

Entry Deadline: January 18, 2019 by 6:00 pm. Please email your wrestler's information to the tournament director. Payment can be made on site before the event begins. **Registration** you can also register and pay online at trackwrestling. You can register online and pay onsite as well.

<http://www.trackwrestling.com/registration/BasicPreReg1.jsp?tournamentGroupId=85441132>

Format: Double elimination or round robin depending on the number of entrants in a weight class. Will place to top 3 wrestlers and the champion will get a commemorative t-shirt. This is a **VHSL** sanctioned women's only tournament and was established to give women's wrestling a chance to grow. Each team will be allowed unlimited entries per team for each weight class. Brackets will be capped at 16 wrestlers per weight.

Entry Fee: \$40 per entry to a max of \$350 per school. Please make checks payable to Spotsylvania High School. Payments will be accepted at the tournament, however all payments **must** be made in full before the start of the tournament.

Weigh-ins: All wrestlers will be weighed in at 8:00 am. Coaches need to bring weigh-in sheets for their wrestlers as this is a VHSL sanctioned event. We will be using the **NEW** VHSL women's weight classes.

Weight Classes: 100, 106, 112, 118, 127, 136, 146, 156, 170, 185, 225

Schedule: Doors Open at 7:00 am
Scale Open for weight checks at 7:15 am
Weigh-ins at 8:00 am
Coaches Meeting at 9:30 am
Wrestling starts at 10:00 am

Breaks may be held in between rounds to accommodate the 45 minute rule between matches depending on bracket size.

Concessions: The Spotsylvania Athletic Boosters will offer a wide variety of concessions. **NO** coolers will be allowed in the gym. Teams cannot cook food on site.

Hospitality Room: There will be a hospitality room for coaches, school officials, tournament officials, and press. **NO WRESTLERS, MANAGERS, AND/OR PARENTS IN THE HOSPILITY ROOM**