



1. Parents are required to monitor their own, as well as their children's health prior to entering the arena utilizing the State of Minnesota Health Screening Checklist. If you answer yes to any question, stay home and follow the MDH guidelines and recommendations.

MDH COVID webpage can be found here

<https://www.health.state.mn.us/diseases/coronavirus/index.html>

Minnesota Health Screening Checklist link can be found here.

<https://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf>

The MDH decision tree link is here as well to help answer questions you may have.

<https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>

2. Symptoms include fever of 100.4 or higher, chills, new cough, shortness of breath, new sore throat, new muscle aches, new headache, new loss of smell or taste.
3. Social distancing guidelines need to be adhered to while in the arena.
4. Everyone in the building is required to wear a mask per the State of Minnesota mandate. Players must wear a mask until the moment just before they put their helmet on for on-ice activity and immediately following removal of their helmet.
5. Coaches will wear masks while on the ice coaching, except for when they are demonstrating high energy consuming drills, per MN Hockey instruction.
6. Players are not allowed in the rink MORE THAN 15 Minutes before start of on-ice activity. If you arrive earlier, please wait outside.
7. Players should arrive fully dressed with the exception of skates and helmet. (coming into the arena with skate guards on is ideal) Exceptions may be made for goalies.
8. Locker room space will be very limited, so coming mostly dressed a must. Locker rooms will be used for tying skates, once done, players should exit the locker room area and wait for their ice session. Coaches will help get players into designated areas prior to practice.
9. Players must bring their own water bottle filled at home. Please make sure it is clearly marked with the player's name on it. Anything left over after the ice session will be thrown away. Water fountains are turned off inside the arena per MDH.
10. We are limited by State of Minnesota participation guidelines to 50 people on the ice. We will be utilizing station-based practices which are acceptable for social distancing standards.
11. Aside from accessing water bottles, player benches must be avoided
12. Players should not leave the ice during practice unless absolutely necessary. If players are feeling ill, they need to inform a coach immediately so precautions can be taken.
13. No on or off ice interaction (socializing, team meetings, dryland activities) should occur following the conclusion of practice. Players should remove skates and helmets and leave the premises as soon as possible at the end of practice. This should take no more than 10 minutes.

Spectators:

For the fall hockey program, the following spectator rules will be in place:

1. Mini-Mite/Mite/8U group is allowed 1 parent per player/s.
 - a. Siblings of players will be allowed with the 1 parent. We ask that they stay near the parent and when possible, we ask families to make other arrangements.
2. Squirt/10U group is allowed 1 parent to accompany their player/s in the arena to help tie skates and then they must leave the building.
3. Pee wee/12U & Bantam/15U Groups – No spectators allowed.
4. All parents/guardians at the rink, need to be socially distanced from others when providing assistance to the player if needed throughout the practice time if asked by the coach for assistance.

BAHA has established a committee to deal specifically with COVID protocols and follow up in the event we are informed of a positive case in our program.

We will follow all guidelines set forth by the county and state health agencies should we be informed of a positive case. MN Hockey has established the guidelines for a positive case as outlined here:

[https://cdn4.sportngin.com/attachments/document/0629-2210441/Minnesota Hockey Positive Test Guidelines final.pdf#_ga=2.175461218.155297941.1599764780-558511250.1591021168](https://cdn4.sportngin.com/attachments/document/0629-2210441/Minnesota_Hockey_Positive_Test_Guidelines_final.pdf#_ga=2.175461218.155297941.1599764780-558511250.1591021168)

Should other guidelines be updated or implemented, we will update our protocols.

The Essentia Health Sports Center will be routinely cleaning and disinfecting high traffic and high touch areas. Entrance into and exiting from the arena will be marked and needs to be followed. Any other arena guidelines and procedures will be enforced by arena staff. Skate sharpening is available at the arena still and is best to utilize the drop off and pick up next day option. Ask arena manager for details.

The Essentia Health Sports Center will work directly with the Brainerd Amateur Hockey Association to update and circulate any additional information as it changes. Furthermore, these procedures listed are specifically for the Fall Ice dated September 14th through October 8th. BAHA will be responsible for educating the coaches regarding their responsibilities during this time frame.

[These procedures are consistent with Minnesota Hockey Return To Play Guidelines: Phase 3](#)