

SOUTHSIDE CHECKING CLINIC

AUGUST 2021

The Southside Checking Clinic is designed to ease the transition into U14 Bantam hockey. It is critical for players to be able to give and receive checks without worrying about the potential for injury.

This camp will increase player confidence in tight, physical situations while also reducing the likelihood of injury.

- 4.5 hours of on-ice professional instruction.
- Focus on developing key skills including angling, positioning, technique, awareness and many more.

Instructors: **Travis Richards:** Defenseman Grand Rapids Griffins, U.S. Olympian
Mike Slobodnik: Head Coach, GR Catholic Central Hockey
Dave VanDrunen: Defenseman Grand Rapids Griffins for 4yrs
Kory Karlander: Forward Grand Rapids Griffins, Kalamazoo Wings,
1000 + professional games

August 10, 11 & 12

6:00 to 7:30 pm - Tues. & Wed. (On-Ice)

6:00 to 8:30 pm - Thurs. (On & Off-Ice)

**Thursday Schedule: 6:00—7:30 on ice, 7:30—8:00 Player Video;*

*8:00-8:30 parent meeting with question and answer**

\$200 per player
For players 2008 and Older

Register online at www.southsidearena.com/summercamp

SOUTHSIDE ★ ICE ★ ARENA