

Osseo Sideline Cheerleading

2021-2022 Activity Information

Description: Fall cheerleaders cheer at Varsity Football and Soccer games from August to November, in addition to pep-fests and other events. During the summer they attend practice, camp, parades and other events as assigned. Winter sideline cheerleaders cheer at Varsity boys and girls basketball games November through March. Cheerleaders are seen as leaders in their school and community and are expected to balance their commitment to school and cheerleading while maintaining their position as a role model to their peers and community.

Practice and Game schedule: Fall Sideline cheerleaders will practice a minimum of twice a week during the school year, and two to three times a week for summer training. Football games are held most Friday evenings beginning in August, and Soccer games are Tues/Thurs evenings intermittently. Other events such as fundraisers or special performances also occur. All summer and in-season events are mandatory.

Experience and athletic requirements: There is no experience required to try out for cheerleading; we look at your potential to grow as an athlete. However, cheerleading is an athletic sport that requires a high level of commitment in order to be successful. All skills and material can be achieved; however, you will need to work hard to learn all the material. This means attending all required practices and practicing at home. All cheerleaders are expected to go to weight room and highly encouraged to go to open gyms as available.

Competitive team: Our competitive cheerleading team performs at school pep-fests, and competes at a number of local competitions from October to January. Being on the competition team is an additional time and monetary commitment above the sideline squad. Competition team practices twice a week during the school year, in addition to summer training, choreography, and competitions. The competitive team will be made up of 8-16 athletes and a few alternates. Alternates can move into an athlete's spot at any time due to injury, absence, ability to perform, or attitude. Just like any other sport, hard work and commitment will determine your amount of "playing" time. Competition roster and alternates will be determined after summer camp. In order to be considered for and placed on our competition team you must meet the following team member requirements: commit to the sideline squad, attend UCA camp, attend weight training, maintain good attendance and overall good standing within the cheer program (not late, helpful, hard-working, etc.)

Cost: All cheerleaders will need to pay the following fees. Payment plans are available through our booster club.

Activity Fee (due in August): \$190 (Free or reduced lunch fees are lower)

New cheerleaders will be required to purchase all necessary attire and equipment; returners will only need the new items and anything in need of being replaced. Cost for first year athletes is approximately \$550(payment plans available)

