

# How to Find Important Information on Our Website

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Website: [www.alphaomegagymteam.com](http://www.alphaomegagymteam.com)

## Homepage

- Find **contact information**
- See **updates** on any modifications to the **practice schedule**
- Get details on **upcoming meets**, including **dates, times and hotel links**

## Practice Schedule/Fees Tab

- View the **regular practice schedule** throughout the year
- Check the **team pricing and fees**

## Competition Schedule Tab

- Access a **monthly calendar** with all **meet details** (date, time, location)
- Find three downloadable **meet documents**: Click the one that applies to you.
  - **Intro Team Meets**
  - **Boys Team Meets**
  - **Traditional Girl Team Meets**

## Team Handbook Tab

- Access the **Team Handbook** at any time

For additional questions, visit our **Homepage** for our contact information!