



Orange Group Spring Session 2019

Please fill out and return the registration form before March 1st 2019 to enroll in the Spring 2019 Orange group session if you are NOT registering online through the TERRAPINS WEBSITE.

Swimmers should have completed ADVANCED swim lessons and be proficient with freestyle and backstroke technique. Swimmers must be able to make 25 yds of freestyle with side breathing.

Turn registration form into coaches on deck with payment or mail to:

Terrapins Swim Team
PO Box 21127
Concord, CA 94521

Questions—email swimbronc@gmail.com

Spring Session 2019- Schedules & Cost

April 1st through May 23rd
Concord Community Pool 5:15-6:00pm

<u>GROUP</u>	<u>DAYS</u>	<u>Cost</u>
Orange	M,T,W,TH	\$450

* checks payable to Terrapins If using a credit card please register online at terrapinsswim.com under “seasonal programs” or “online registration”

If wishing to use a credit card, please register online at terrapinsswim.com

----- **Fill Out & Turn In Form below** -----

Terrapins Spring Session 2019 Program Registration Card (ALL INFORMATION MUST BE FILLED IN COMPLETELY)

Swimmer's First Name _____ Last Name _____ MI _____ Birth Date _____ Age _____ Gender _____

Address _____ City _____ Zip _____ Phone # _____

E-mail address (most of team communication is done via e-mail. Include all addresses you wish to receive team communication) _____

2018 SPRING SESSION

Orange Group \$450

T-Shirt Size (circle one)

Adult Sizes:

S M L

Child sizes:

M L XL

Swim Fee: _____



Orange Group Spring Session 2019

Welcome Swimmers and Parents!!!

The Terrapins Swim Team wishes to welcome you to the 2019 Spring Session for our Orange Group. We look forward to working with you over the next few months and know that you will find our program educational, challenging and loads of fun!

The staff has once again planned a terrific season and are well prepared to advance your skills to the next level! Our staff works very hard to provide you with the best learning environment possible. We know you will find the program beneficial as so many participants previously have.

The Terrapin Age Group Philosophy

The Terrapins take a unique approach with the young developing age group swimmer. The focus is on the **long-term development** of each athlete realizing that all athletes are different and will progress at their own rate. With this approach, **attention is given to detail** and the swimmers can take a more relaxed approach to their participation in the sport of swimming. We encourage our younger swimmers to participate in other activities away from the pool. This is done through the use of:

- Extensive stroke drill progressions.
- Informational meetings.
- Terrapin educational program handouts.

Group Descriptions

Orange Group: (6& up)

This group is for the beginning level swimmer with previous swim lesson who have graduated from swim lessons and are interested in trying out the swim team experience. Swimmers must be able to do 25 yards of freestyle or backstroke without assistance.

This is not a learn to swim program. Swimmers in this group will be focusing on developing the necessary skills needed to set a foundation for the development of the four competitive strokes.

_Questions—Contact Coach Cindy at swimbronc@gmail.com

Swimmers should have completed advanced swim lessons before enrolling in the Orange group program. Please contact Coach Cindy for an in water evaluation if you are a first time Orange group applicant.

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To register; Go Online to the Terrapins Website- WWW.TERRAPINSWIM.COM

- Click on “Online Registration”
- Select the Orange Spring Session 2019

***Online registration will open in late February 2019
For questions please email Cindy at Swimbronc@gmail.com***