



## Return to Baseball Guidelines

- Do not go to ball diamonds unless scheduled as we become very busy with all the schedules.
- During practice use small groups of 10 and less, split up if needed and maintain social distancing.
- Dugouts are off limits and will remain closed. During games kids will be asked to go to their parents while their team is batting.
- Parents/Coaches will need to maintain social distancing guidelines at practice or while watching games. We ask people to be on one side (first or third) and spaced out during the games.
- Practice/Game schedules will be spaced out allowing for breaks, please do your part to help to avoid gatherings in the parking lot and outside the field areas.
- Masks may be worn by players, coaches or umpires if social distancing can't be maintained.
- Bathrooms will be open and sanitized once a day (weekends will be more).
- Please bring your own drink. Sharing drinks and team drink jugs are not allowed.
- Please no sharing of one's personal equipment including bats, gloves, helmets or any other equipment that can be avoided and use your own whenever possible.
- **We will have equipment for use but highly recommend all players purchase their own batting helmet.** If using batting helmets be sure to have the player wear their ball cap under the helmet.
- Staff will sanitize all equipment before and after practice and as needed during practice. During games all equipment and baseballs will be sanitized every half inning. Balls will not be shared between teams.
- Umpires will stand behind the mound during games.
- Please show up ready to play and eliminate as much prep time as possible including bags and personal items.
- NO high fives/handshakes/fist bumps/team huddles/sunflower seeds and snacks.
- Kids and coaches are asked to stay home if they are sick or are experiencing COVID-19 symptoms. If a player has a temperature within the last 24 hours of over 100.4 we suggest minimal 48 hours away from play.
- Kids and coaches are asked to avoid close contact with individuals who are sick and to practice "Safe at Home Practices."
- Hand sanitizer will be available at all ball diamonds and is encouraged before and after play.

*These guidelines have been put in place with assistance from CDC and IDPH to help offer recreational opportunities in a positive, safe, fun and cooperative environment while adhering to any state, local or national health guidelines. Participants should not attend programs if they or someone in their household are at higher risk for severe illness.*

*At any point this information could change and we reserve the right to change any of the above items. We will continue to update the Washington Park District website as well as Facebook page as changes occur.*

***Washington Park District***