

COVID-19 READINESS PLAN

A Guide to Operating
Bob Suter's Capitol Ice Arena



1. General Statement

On behalf of the Madison Capitols AAA Organization and Capitol Ice Arena, the practices identified below represent practical best efforts to proactively invest and keep our community safe when attending practices and training sessions at Capitol Ice Arena, in preparation for the 2020-2021 season. The outlined steps and initiatives are intended to preserve the safety of staff, players, parents, and guests.

The Capitols will continue to follow the guidance of national, state and local agencies to develop these policies and to determine the appropriate time for hosting events of various scopes at Capitol Ice. The input of local and regional medical and health professionals will also play a significant role in informing the below policies. We will be closely monitoring the city, county, and state orders regarding COVID-19.

2. Arena Sanitation

- A. Increased regularity and scope of washdowns and cleanings; including but not limited to floors, counters, barriers, benches, locker rooms, bathrooms, and any handles or doorknobs; after each group, team, or session finishes and leaves the rink.
- B. The Capitols to consider disinfectant-spraying for no-wipe cleaning of rink surfaces as accessible by the rink.
- C. Added hand sanitizing stations for public and employee use around arena, especially in high traffic areas.
- D. Maximum number of doors will be open at all times to limit the amount of touches on common surfaces and limit the spread of germs.

3. Seating

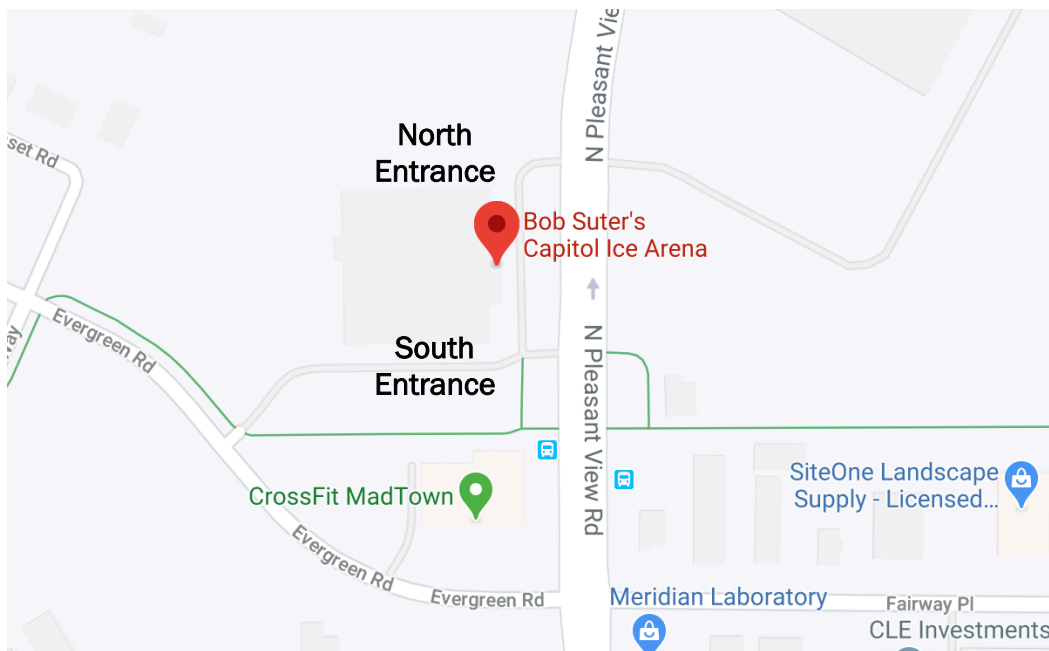
The Capitols will not allow for viewing by any family member or guest(s) at this time until further notice.

4. Staffing Policies

- A. Staff will be instructed to make the following changes to interactions:
 - A. Prohibit handshaking and physical contact with players, parents, and other employees.
- B. Employees will be asked by Capitol Ice Management about any new exposures or if any symptoms have developed from the previous day; the first day when reporting to work for the first-time employees will be asked the following questions which must be answered “no” to be able to enter work:
 - A. Have you or any person you’ve been in close contact with (e.g. family members) been diagnosed with COVID-19 in the past 14 days?
 - B. Have you experienced any cold or flu like symptoms (e.g. fever, chills, cough, sore throat, headache, stuffy or runny nose, vomiting or diarrhea) in the past 72 hours?
- C. Ongoing training to educate staff on new, updated guidelines and procedures.

5. Arena & On Ice

- A. In order to ensure all players are placed in the safest conditions, the Capitols will work with federal, state, and local guidelines to implement the following standards:
 - A. Increased cleanliness throughout the rink, on the ice, in locker rooms, player benches and other offices.
 - B. Additional restrictions on rink access to keep players to a specific pathway/flow.
- B. Specific entrances will be used until further notice:
 - A. If your schedule says locker room 1 & 2, please use the entrance on the south side of the building.
 - B. If your schedule says locker room 7 & 8, please use the entrance on the north side of the building.
 - C. See map.



- C. Stanchions and curtains will be up to block off certain parts of the arena.
 - D. The lobby will be closed at all times.
 - E. Only use your assigned locker room.
 - F. Showers are not available for use.
 - G. There will be “Stop the Spread” and “COVID-19” signage in each locker room and throughout the arena.
 - H. Restrooms
 - A. Doors will be propped open to encourage touchless entry/exit.
 - B. Restrooms will be sanitized frequently (in between each session) with disinfectant along all surfaces and applied additionally at the conclusion of the day.
6. Protocols for Players
- A. We recommend you have your player dressed prior to entering the arena.

- B. Tying player skates is permitted but parents must exit the building upon completion.
 - A. There will be no viewing and parents will not be allowed in the building during any on-ice sessions.
 - C. Players can arrive no earlier than 15 minutes prior to their scheduled ice time and must depart the arena 15 minutes or less after ice time.
 - D. Players MUST bring their own water bottle.
7. Testing & Precautions
- A. Free testing for COVID-19
 - i. All information can be found here:
<https://publichealthmdc.com/coronavirus/testing>
 - B. Health Precautions
 - i. Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
 - ii. Avoid touching your eyes, nose, and mouth with unwashed hands.
 - iii. Stay home when you are sick.
 - iv. Avoid close contact with people who are sick.
 - v. Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
 - vi. Clean and disinfect frequently touched objects and surfaces.
 - vii. <https://publichealthmdc.com/news/public-health-issues-order-moving-dane-county-to-reopening-phase-1>

For any questions or concerns, please reach out to Meredith at meredith@madcapshockey.com or at (608)821-1230.