

Hello FMLA Families,

We hope that everyone enjoyed the 2019 Spring lacrosse season and that you're now enjoying your Summer vacation. The purpose of this letter is to both recap the 2019 Spring season, as well as provide everyone with a look forward to this Summer, with an eye on the start of the Fall season.

First and foremost, the Board would like to remind all of our families that FMLA is a volunteer-based organization that relies on the support and participation of all our parents and families to help keep this program operating successfully. We depend on fundraising and those who are willing to donate their time, energy and money for the continued benefit of all of the boys' and girls' programs. Looking forward to the balance of 2019, and the 2020 Spring Season, there will be opportunities for volunteers to serve as chairs to the Board of Directors for the following areas:

- Finance/Accounting
- Field Operations/Maintenance
- Community Outreach
- Fundraising
- Recruiting
- Social Media (i.e. Facebook, etc.)

I know that we touched on this in our last memo to the FMLA families, but we cannot stress enough the importance of the need for additional volunteers to help FMLA continue to grow and be successful, but most importantly, to ensure that all of our players and families have a positive lacrosse experience. For those who are willing to volunteer or have a particular interest in any of the areas of need listed above, or would like to help out in another capacity, please reach out to the [Board](#) directly. We will take all volunteers and form committees to work together to address the needs of the organization. No one will be asked to carry the load by themselves, so please help us grow your child's lacrosse organization. Your time and efforts are greatly appreciated.

### **Spring 2019 Recap:**

#### Youth Girls

In the 2018-2019 season, the Flower Mound Youth Girls Lacrosse Program continued their history of producing top North Dallas teams at every level. All three of our teams made it to the semi-finals of the Youth Girls Lacrosse Tournament and look forward to returning to the championships next Spring.

Other highlights of this past season include the addition of our FM Girls Lacrosse Program bonding events connecting us to the FM Girls High School teams, Varsity and JV games with halftime youth inter-squad scrimmages, Varsity Senior night youth activities we hope to make traditions, and adding over 19 youth girls combined to our rosters from the fall to Spring season.

We want to thank all of the returning parents and players for their continued support of our program. Not only have you all established the foundation for our program's success, you have helped in the continued recruitment of new players!

The 3/4 team expanded from 11 to 19 players and the 5/6 team welcomed 7 new players to the Flower Mound Youth Girls Lacrosse family from fall to spring season. The following new players and their families joined the FMLA family:

- Abby Schaefer - 4th grade
- Alina Jindal - 1st grade
- Allison Breen - 4th grade
- Ashley Hart - 3rd grade,
- Brett Whitmore - 4th grade
- Elyse Stock - 1st grade
- Isabella Harbour - 4th grade
- Jovie Brown - 3rd grade
- Katie Morey - 4th grade
- Natalie Nidler - 3rd grade
- Paityn Davis - 4th grade
- Viviana Cannone - 4th grade
- Gabby Espitia - 6th grade
- Rachel Gallant - 6th grade
- Avery Jackson - 6th grade
- Trinity Morgeson - 6th grade
- Maria Olaya Juarez - 5th grade
- Avery Schroeder - 6th grade
- Marin Young - 6th grade

Special thanks to our FMLA youth girls coaches and youth girls team contacts for leading these teams through transitions, additions, and changes to both the structure and organization; and to our 2019 North Texas Girls Lacrosse Coach of the Year, FM Varsity Head Coach Gabby Sinmaz, the FM girls high school coaches; and last, but not least, the FM girls high school players for their leadership and guidance in creating program events and opportunities for team bonding and relationship-building to improve youth and high school social connections as well as to provide a foundation for continued success at every level of our FMLA Girls program.

### High School Girls

With the first entrance into the D1 State Championship Tournament in program history, the High School girls had a very successful 2019 season. The girls finished the 2019 Spring season with a 10-4 record compared to a 5-7 record in 2018, beating teams like Highland Park, Allen, and Greenhill this Spring and ending the season ranked #6 in the state of Texas. Their only losses of the season/post-season came to ESD (*who eventually won the state championship*) and Hockaday, who finished the season ranked #3 in the state.

Taylor Ambrosio was named to the All-State Team; and Lauren Tousignant, Mackenzie Smith, and Kenzie McCormick were all named to the TGHSL D1 All District Team. We also had six young ladies that were selected to represent North Texas at U.S. Lacrosse's National Tournament this summer. Lauren Tousignant, Anna Day, Taylor Ambrosio, Kenzie McCormick, Brynn Belmont, and Hailey Zutec all made Team North Texas.

And it doesn't stop there, we had three girls make the Southwest Regional Team for the Under Armour Tournament. Taylor Ambrosio made the 2021 team, with Brynn Belmont and Hailey Zutek making the 2022 team. Mackenzie Smith and Bailey McQuillen were both asked to play in the Uncommitted Game at the Under Armour tournament for their respective age groups (2021 and 2022).

Last, but not least, as highlighted above, Gabby Sinmaz was named the 2019 North Texas Girls Lacrosse Coach of the Year. Congratulations Coach Gabby! The Board also wants to congratulate our other High School coaches for their contributions to the success of our 2019 HS girls lacrosse team. Our thanks and congratulations go to both Coach JoJo Chadwick and Charlie Ambrosio.

### Youth Boys

All youth boy's teams displayed significant development over this past season, as evidenced by strong divisional records and high seeds in the end of year tournaments. Like most springs, the season started off cold and rainy, while the temperatures warmed up, the rain continued for what seemed like the entire season. The flexibility shown by the players, coaches, and parents to handle numerous rain-outs and rescheduled games, showed true dedication to this program.

Head coach Brandon Wilk lead the 7/8 D1 boys to a strong 10-2 regular season record. They finished second in the Hopkins division at 2-1-0, based on counter games. This lead to a 4th seed in the DFWYLL end of season tournament. The team beat McKinney 12-5 in the opening round game, and then they beat top-seeded Southlake 12-10 in the semi-finals, before dropping the championship game to a very strong Highland Park team. Three players were selected to play in the DFWYLL All-Star game – Cooper Mailand, Jaxson Ryan, and Carter Peterson!

The 7/8 D3 boys finished the regular season at 4-8, however the 4 wins all came in counter games, which helped them finish in second place in the Salisbury division, and secured them a 5th seed in the end of season tournament. After winning their first round game 9-5 over Frisco, the boys lost a hard fought second round game to Denton 6-5.

First year coach, Jacob Recoon, lead the 5/6 boys to a successful 11-5 regular season record. The boys finished second in the North Carolina division with a 3-1-0 record based on counter games. Seeded 5th in the DFWYLL end of season tournament, the boys made it to the second round by defeating GAP 4-2, however their season came to an end with a hard fought 7-4 loss to Allen.

The third and fourth grade boys team displayed significant growth over the spring season. The boys ended up playing 18 games over the course of the season! The team had a solid mix of third and fourth grade boys, with varying skill levels, however they always made sure to play as a team. Virtually every game this team played was competitive, even against some of the strongest programs in the area. By the end of the season, the crisp passing, strong defense, and team mentality was on full display at the Keller Play Day!

The 1/2 Boys were coached by Bryan Budd, Luis Sanchez, and Jeff Wickham. This group of kids always made it to practice. They always practiced hard (even against the 3/4 team), and this group of boys has a ton of potential. Despite a rain shortened season, the boys were able to get in 10 games, and really played some strong lacrosse. Coach Budd did a great job getting this group of boys to work together as a team!

## High School Boys

After a playoff berth last season, in addition to graduating 12 seniors, there was a huge opportunity for our HS boys to step up and fill the void, and they did just that. There were many exciting games and memorable moments on the field, however the leadership displayed by our senior players stood out the most. Thank you to the following seniors for displaying exceptional sportsmanship, for putting the team first, and for making the entire experience fun for the players and parents:

- Max Wilkison
- Trent Overton
- Christian Smith
- Andrew Hetrick
- Reed Bennett
- Jack Mont
- Griffin DeFreitas
- Preston Cole
- Brady King

The H.S Boys program had solid performance in several tournaments including the Woodlands, Jesuit, and the inaugural Red River Rivalry in Oklahoma. They boys had many close games and narrowly missed another playoff berth. Also, congratulations to Andrew Hetrick for being named Honorable Mention in the state awards. We look forward to a large and experienced Freshman class coming into next year, along with the opportunity to bring back our entire coaching staff. Our High School boys program is well-positioned for great season in 2019/2020.

### **Financial Overview:**

FMLA is a 501 3-C tax-exempt organization. Our tax returns are available on our website and all members have access to this information. As always, detailed information is available to be reviewed by contacting our [Director of Finance](#).

Our Spring financial update is as follows: Our Spring 2019 dues were down 5% compared to 2018. We had approximately 235 players register for the Spring (2019) season.

FMLA had two successful fundraisers this Spring, the car raffle and the golf tournament. The Car Raffle raised \$5,600 and the Golf Tournament netted just over \$20,000.

As of June 2019, the associations bank balance was \$57,859.43. Current monthly recurring expenses include field leases, coaches' compensation, and fixed expenses (website, banking fees and insurance) of ~\$15,000. Upcoming operational expenses include tax preparation, fall field preparation and equipment purchases (i.e. goals, backstop netting, balls, etc). We are continuing to investigate ways to reduce costs for our children to participate in lacrosse, but until we can find better quality, less costly fields to utilize for our practices, we are going to continue to incur these costs. We would invite any help/assistance that our families can give us with respect to our practice facilities.

### **Looking Ahead to 2019/2020:**

With us now being in the middle of summer, we hope that everyone is enjoying their time away from school, lacrosse, etc. and enjoying their time off with their families. Please keep an eye out for announcements regarding our summer camps. Registration is scheduled to open for the fall season starting on Sunday, July 27th and will close on Saturday, September 7th.

For the Fall 2019 season, FMLA will hold the following fundraisers:

- Cowboy's Ticket Raffle
- T-shirt Fundraiser
- Working the Concession Stands at FM HS Football Games

The T-shirt Fundraiser will be handled the same way that it has in the past with order forms showing the design and color selections being handed out to all FMLA players at one of their team practices. An email will also be sent out to all families showing the design and color options as well as kicking off the fundraiser.

Just to set everyone's expectations regarding the number of fundraisers that we will be holding during the Spring 2020 season, our primary fundraisers during the spring season will be our Golf Tournament, T-shirt sales and the Car Raffle. The Golf Tournament is FMLA's major fundraiser for the Spring and we need additional parent volunteers to help plan, setup and run this tournament, so please let the [Board](#) know if you are willing to assist in this endeavor.

In summary, we are all working together to ensure that every family has a fun and positive experience with FMLA. As mentioned previously, we do have some challenges to overcome, specifically, finding and securing adequate practice fields for each of our teams. The FMLA Board is continuously working to address any issues and potential problems and we welcome any input and help from any parent that is willing to step up and help the organization thrive and grow. We can't do it without your help. We are looking forward to a great 2019 fall season at FMLA and thank everyone for their continued participation and support!

Enjoy the rest of your summer! We're looking forward to seeing everyone again in the Fall!

Regards,

The FMLA Board  
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