



## Sports Physicals at OMC FastCare®!

Olmsted Medical Center's FastCare® Clinic offers no-appointment sports physicals at FastCare®. (However, we do not offer adaptive athletic physicals at these locations.)

### FastCare® Hours

Monday through Friday, 8:30 AM to 8:00 PM

Saturday, 9:00 AM to 5:00 PM

Sunday, 9:00 AM to 5:00 PM

Closed on Holidays

### Appointments

No appointment necessary - service is on a walk-in basis. Come on a day and at a time that is convenient for you.

### Location

**FastCare® South**

90 14<sup>th</sup> St SW (near Walgreens)

Rochester, MN 55902

If visiting FastCare® for a sports physical, please bring the following three items with you:

1. **Fully completed and signed** MSHSL Sports Qualifying Physical Examination Clearance Form. *Your parent/guardian must come with you in order for us to complete the physical.* (We have the MSHSL forms at FastCare® —parents/guardians can complete and sign the forms on-site.)
2. Glasses or contacts if you wear them.
3. Your current immunization record. FastCare® does not provide immunizations. If you need immunizations, we will refer you to your primary healthcare provider.

### Cost:

\$55.00, which must be paid at the time of the physical.