

Addendum: ZARS 2020 Season COVID-19 Special Procedures
June 2020

After analysis of two events at DCTC and one at Road America, we believe we can make some minor adjustments to our COVID-19 face covering requirement that adds some pragmatic convenience, and still allows riders to respect the health and safety of their fellow riders.

We have access to the latest information provided by the CDC with regard to parks, beaches and athletic events and have consolidated those recommendations into the following new guidelines. We have also included some background information that helps you understand the rationale and science behind these guidelines. Please read carefully.

- If you are in your pit area, trailer, vehicle or RV, and only with members of your household, then face coverings shall be optional.
- If you leave your pit area or vehicle, you must have a face covering with you. It must be worn whenever you encounter people not from your household.
- If you are in any form of gathering involving multiple people or talking to someone not from your household, physical distancing must be practiced, and you must wear a face covering.
- If you are indoors, in a public rest room, or in any enclosure or confined outdoor area that is not your own, you must wear a face covering.
- You should not wear a face covering when you have a helmet on, but you must realize that helmets do not contain droplet dispersion, and therefore you need to be careful to maintain adequate physical distance. Helmets do not count as face coverings.

Background information:

COVID-19 spreads mainly from person to person through **respiratory droplets** produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. [Studies and evidence](#) on infection control report that these droplets usually travel around 6 feet (about two arms lengths).

[CDC recommends](#) wearing cloth face coverings in public settings **where other social distancing measures are difficult to maintain.**

Some tips for when you're wearing a covering:

- Don't put the covering around your neck or up on your forehead.
- Don't touch the face covering, and, if you do, wash your hands.
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.

Face coverings should be worn by staff, riders and guests as feasible, and are **most essential in times when physical distancing is difficult.** Information should be provided to staff and campers on [proper use, removal, and washing of cloth face coverings.](#)

- Stay at least six feet from others at all times. This might make some open areas, trails, and paths better to use than others. **Do not go into a crowded area.**
- Avoid gathering with others outside of your household.
- Wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.
- Bring hand sanitizer with at least 60% alcohol to use if soap and water are not available.