

USA SOFTBALL™
of Sacramento

2023

Recreational League Meeting



Welcome & Introductions



Staff Introductions

Jeff Morrow

Commissioner

Cassi Ponzo

Junior Olympic Commissioner

Tracey Levea

Select Coordinator

Sheri Jenkins

Player Rep

Brandi Bustos

Tournament Director

Allison Pinkham

Youth League Coordinator

Chuck Brabec

Umpire-In-Chief

Kristi Allen

Southern California JO Commissioner

Welcome from Jeff

League Introductions

- **President Introductions of League Members**
- **Thank you to all volunteers**

About USA Softball



Overview of Program

- **USA Softball – National**
- **USA Softball – Pacific Coast Region**
- **USA Softball of Sacramento**
 - **NorCal Girls Softball**
- **Your League**

USA Softball:

National Office

- **National Governing Body of Softball in the United States**
- **Part of the United States Olympic Committee**
- **Responsible for selection of National / Olympic Team**
- **67 Local Associations**
- **Governed by a General Council and Board of Directors**

USA Softball: Pacific Coast Region

- **Collaboration of 8 Associations across California, Hawaii, Nevada & Arizona**
- **Regulated competition and rules**
- **Managed by Association Commissioners & JO Commissioners**

USA Softball: Sacramento

- **Oversight and Development of Local Program**
- **Greater Sacramento Area Footprint**
- **Dedicated Staff to serve your needs**
- **Managed by Board of Directors & Appointed Staff**

NorCal Girls Softball

- **Optional League Membership Organization within USA Softball of Sacramento**
- **Oversight of Member Leagues**
- **Managed by Board of Directors elected by Membership**
- **Manages robust Fall Ball Interleague Program**
- **Serves the best interests of local league programs.**

Your League

- **Responsible for the promotion of softball in your community.**
- **Develop league policies and procedures to operate your local program.**
- **Operation of your program**

Why are we here?

- **Provide an opportunity to network with other leagues**
- **Educate new Board Members about the USA Softball Program**
- **Provide tools to help in facilitation of program**

Ice Breaker



Special Recognition



USA Softball 2022



Western National Champions

Basic Rec League Guidelines



Eligibility

- **Organized recreational league with defined boundaries**
- **Participation is open to any interested youth**
- **Tryouts or demonstration of skills is not required for participation**
- **Draft, draw or other method to distribute talent among all recreational league teams.**
- **Age groups are 6u, 8u, 10u, 12u, 14u, 16u, 18u**

Registration

- **All teams MUST be approved by your Board of Directors**
- **All players MUST be registered and insured with USA Softball**
- **All team staff, board members and umpires MUST be USA Softball Background Checked & Safesport Certified**

THIS PROTECTS YOUR LEAGUE



Seasons of Play

The Registration Period for USA Softball is Sept 1 – Aug 31

1st Season – FALL

2nd Season – SPRING

3rd Season – ALL-STARS



Participation

- **Recreational league teams shall play against only other USA Softball approved recreational league teams.**
- **No participation with Little League, Pony, Babe Ruth, Etc.**
- **Interleague with other USA Softball Recreational Leagues OK even if outside of our footprint.**

More Eligibility

- **Sacramento Yellow Book – Rules & Regulations (Breakout)**
- **NorCal Girls Softball Operating Policy**

2023 Updates



2023 Spring Changes

- **No Price Changes for Registration/Insurance**
- **No Code Changes Effecting the Recreational League Program**
- **No Rule Changes Effecting the Recreational League Program**

2023-2024 Updates



Age Divisions

A player's age as of August 31st determines the age in which the player is eligible to play the following year.

- 8u - A player whose 9th birthday is prior to September 1, 2023, is INELIGIBLE.**
- 10u - A player whose 11th birthday is prior to September 1, 2023, is INELIGIBLE.**
- 12u - A player whose 13th birthday is prior to September 1, 2023, is INELIGIBLE.**
- 14u - A player whose 15th birthday is prior to September 1, 2023, is INELIGIBLE.**
- 16u - A player whose 17th birthday is prior to September 1, 2023, is INELIGIBLE.**
- 18u - A player whose 19th birthday is prior to September 1, 2023, is INELIGIBLE.**

Price

The registration/insurance price will increase for the first time in 3 years. Final pricing TBD based on National Office increases and will be announced prior to registration opening for Fall Ball season. (June)

Coaches Resources For You



SoftBOK

- **FREE to all coaches in your league (We cover cost)**
- **Ultimate education resource for recreational softball**
- **Videos, Tutorials, Practice Plans & More**

Password: usasoftball23

USA Softball Resource Center

- **FREE to all coaches in your league**
- **Skills/Drills and Fundamental Videos**
- **Umpire Development**
- **Health & Safety Tips & Insights**
- **How to Coach Your Child**

League Coach/Player Clinics

- **Darin Delgado – Local Coaches Coordinator**
- **Junior College Softball Programs**
- **Connect with amazing local softball instructors**
- **Coach Mentors within your league**

2023 Tournaments



Select Spring Series

- **Feb 25 – 26** **Spring Series I**
- **March 5** **Spring Series II (Pool Play)**
- **March 12** **Spring Series II (Bracket Play)**
- **March 25 – 26** **Spring Series III**
- **April 15 - 16** **Spring Series IV**
- **April 30** **Spring Series V (Pool Play)**
- **May 7** **Spring Series V (Bracket Play)**

Local Summer Tournaments

June 3 – 4	Stars of Cordova Piece of the Rock *	8u 10u-16u
June 10 - 11	Piece of the Rock Stars of Cordova	8u 10u-16u
June 24 - 25	Association Championship *	All
July 8 – 9	NorCal Tournament	All

WANT TO HOST A TOURNAMENT ON AN OPEN WEEKEND?

Out of Area Tournaments

- **Must play in only USA Softball Sanctioned Events**
 - **Bay Area Tournaments**
 - **Reno/Tahoe Tournaments**
 - **Central/Southern California Tournaments**

Championship Play

CA STATE GAMES – Class C

July 13 – 16

San Diego, CA

8u, 10u, 12u

WESTERN NATIONALS – Class B

July 24 – 30

Moorpark, CA

10u

July 24 – 30

Roseville, CA

12u, 14u, 16u, 18u

Break Out Sessions



Instructions for Day

- **Visit vendors**
- **Network with other leagues**
- **Spread out for Break Out Sessions**
- **Location of Break Out Sessions**

Questions & Answers



Important Resources

USA Softball of Sacramento

www.usasoftballsacramento.org

Tournament USA Softball

www.tournamentusasoftball.com

National Program

www.usasoftball.com