



# APPLETON NORTH GIRLS BASKETBALL CLUB SEASON POLICY

(Revised August 2024)

## ● PARTICIPATION REQUIREMENTS

- The Appleton North Girls Basketball Club (ANGBC) Program is open to any 3rd through 8th-grade student who:
  - Resides in the Appleton North High attendance area, or
  - Attends a parochial school within the Appleton North High attendance area, or
  - Attends a charter school in the Appleton Area School District (AASD), or
  - Intends to attend Appleton North High School
- All players, coaches, and parents must read and sign the ANGBC Code of Conduct, Liability Waiver, and Medical Consent Form.
- All players will wear ANGBC jerseys when competing during the season.

## ● PROGRAM EXPECTATIONS

- Teach the game of basketball
- Advance team play in accordance with the high school system
- Fine tune individual skills and develop each player for the next level
- Develop competitive spirit and Appleton North identity
- Foster a love and passion for the game
- Build sportsmanship and character

## ● TOURNAMENT MULTIPLIER

- The minimum number of paid tournaments per player, per grade level:
  - 3rd grade: 4 tournaments
    - Plus Heart of the Valley League
    - Plus home tournament
  - 4th grade: 4 tournaments
    - Plus Heart of the Valley League
    - Plus home tournament
  - 5th grade: 5 tournaments
    - Plus Heart of the Valley League
    - Plus home tournament
    - Plus State Tournament (1 team)
  - 6th Grade: 6 tournaments
    - Plus Heart of the Valley League
    - Plus home tournament
    - Plus State Tournament (1 team)
  - 7th Grade: 7 tournaments
    - Plus home tournament
    - Plus State Tournament (1 team)

(Adopted July 25, 2008 – Revised August 2024)

- 8th grade: 8 tournaments
      - Plus home tournament
      - Plus State Tournament (1 team)
    - (Free tournaments are not included in the tournament multiplier)
- Number of tournaments are determined by Tournament Multiplier
  - The “ideal” team size per event is 9 - 10 players
  - The number of tournaments per group = number of participants on the team, divided by 9, multiplied by the number of tournaments paid for (excludes Appleton North tournament) in each particular grade.
    - Appleton North Tournament is in addition to the sponsored tournaments
- **PLAYING TIME**
  - Our club policies on specific grade-level playing time are intended to be used as a guide.
    - Exact playing time will be determined by the Head Coach for each grade level.
    - ANGBC will not dictate playing minutes as coaches must be given the flexibility to teach.
    - Specific questions about playing time should be directed to the Head Coach at your grade level.
      - A 24-hour waiting period should be observed if playing time is to be questioned.
  - 3rd & 4th Grade
    - Playing time will be as close to equal as possible.
      - However, practice attendance, attitude, teamwork, and effort will be considered.
  - 5th & 6th Grade
    - Playing time may not be equal
      - However, practice skill, attendance, attitude, teamwork, effort, and work ethic will be considered.
    - Each player should play in each contest that they attend
  - 7th & 8th Grade
    - Playing time may not be equal
      - However, practice skill, attendance, attitude, teamwork, effort, and work ethic will be considered.
- **PRACTICE SCHEDULE**
  - Teams will practice up to three times per week based on gym availability and grade level.
  - Split teams at a grade level will practice together a minimum of once per week
- **GAME SCHEDULE**
  - 3rd & 4th Grade
    - The season runs from, approximately, October through February.
      - The exact beginning and end dates depend on each team's schedule
    - Teams will submit a list of tournament requests to the Board in the fall.
    - Travel is intended to be limited to the Fox Valley and Northeastern Wisconsin but will be up to the coaches and parents if further travel is necessary.
  - 5th & 6th Grade
    - The season runs from, approximately, October through March.
      - The exact beginning and end dates depend on each team's schedule.
      - For tournaments outside of this timeframe, the team must get board approval.
    - Teams will submit a list of tournament requests to the Board in the fall.
    - Travel is intended to be limited to Central and Eastern Wisconsin but will be up to the coaches and parents if further travel is necessary.
      - One overnight trip is permitted.
      - No travel expenses will be covered by the ANGBC.

- State Tournament will be in addition to the previously mentioned tournaments
  - 7th & 8th Grade
    - The season runs from, approximately, October through March
      - The exact beginning and end dates depend on each team's schedule.
      - For tournaments outside of this timeframe, the team must get board approval.
    - Teams will submit a list of tournament requests to the Board in the fall.
    - Travel will be up to the parents and coaches.
      - Two overnight trips are permitted.
      - No travel expenses will be covered by the ANGBC.
    - State Tournament will be in addition to the previously mentioned tournaments
- **COACHES**
  - The ANGBC Board will select coaches.
    - Interested coaches will:
      - Submit an application
      - Complete a background check
      - Possibly interview with the ANGBC Board
  - Coaches will follow prescribed methods from the Appleton North Varsity Basketball Coaching Staff as it relates to the style of play, fundamentals taught, and practice organization.
  - Coaches will submit the following items to the parents of their respective teams:
    - Preseason player/parent meeting
    - Team expectations
    - Calendar of events
    - Team roles for assistant coaches, team managers, practice personnel, etc.
    - Weekly communication reflecting on the past and upcoming week, rotations/teams, etc.
- **FEES**
  - All fees for each grade level will be determined by the ANGBC.
  - Fees are due before the team's first practice.
- **TEAM COMPOSITION**
  - Playing up a level is not allowed unless numbers do not allow a team to be comprised.
  - In this situation, it is not considered "playing up" and the normal progression will be for the athlete to return to their grade the following season.
  - **Team Size:**
    - The "ideal" team size per event is 9 - 10 players
    - Minimum size to consider 2 team split in a grade is 16 players
  - **Guidance for larger 1 team situations (i.e.: 14-15 players on 1 team)**
    - It is recommended to larger teams that are below the threshold to have 2 teams that they rotate roughly 9-10 players to send to each tournament, therefore every player will not participate in every tournament.
    - In these situations, additional tournaments may be signed up to create more opportunities for players upon board approval.
  - 3rd & 4th Grade
    - Evenly split teams for the entirety of the season.
    - All players will play in a similar number of tournaments.
  - 5th & 6th Grade
    - November - December: League Season (3-4 league tournaments)
      - If more than 16 are rostered, multiple teams may be created
      - Teams will be evenly split
      - All players will play in a similar number of tournaments.

- Mid-January - Feb/March: Tournament Season - After early season league concludes
      - For grades with 15 or less players, they will play with 1 team.
      - For grades with 16 or more players, 2 teams may be created, with one of the teams forming a competitive State Team
      - All players play in a similar number of tournaments.
    - Youth Coaches and Appleton North Varsity Coaching staff will determine team composition.
    - Players may move or rotate between teams throughout the season.
  - 7th & 8th Grade
    - Tryouts will be conducted to select competitive teams before the season begins. Cuts may occur.
    - Head coach has the discretion to take players to different tournaments based on the level of play from the start of the season.
    - A minimum of 1 Competitive or State Team will be formed based on guidelines for team size above
    - ANGBC will not field a developmental team in 7th or 8th grade due to a lack of developmental competition at these grade levels.
    - In the event that 16 or more players try out for the 7th or 8th-grade team, a decision will be made by the board and coaches on whether or not to add a 2nd team, understanding that both teams must be competitive.
    - Minimum skill level requirements (cuts) can occur for club membership to account for the following instances:
      - If 16 or more players go out for 7th or 8th-grade teams, and the grade is not able to create 2 competitive teams, the league can limit membership to 1 team.
      - if the level of play of the player is deemed to be significantly behind the average player in the grade.
      - This is done to manage the challenges of finding and adding a 2nd coach for a 2nd team and due to the lack of finding appropriate tournaments for the players. It is also done to help new players find an appropriate club to work on basic skills and to prevent a gap from top to bottom that is large enough that it could prevent an even practice. It is not designed to be punitive.
    - Youth Coaches and Appleton North Varsity Coaching staff will determine team composition.
    - Players may move or rotate between teams throughout the season.
    - All players will play in a similar number of tournaments.

***Exceptions to this policy can be made by the ANGBC board when deemed necessary***