



Milton Youth Soccer Club

JDP Program Description 2021-2022

U9-10 Age Group (born 2013 & 2012)

"Developing Players, Connecting Community"

Grassroots Orientation Days

Every player wishing to join the JDP program shall attend both scheduled U9 and U10 Grassroots Orientation Days. It will help the players to get familiar with the program, meet coaches and other players. You should anticipate an Information Letter being sent to you no longer than 5 days following the last scheduled Orientation Day. The Information Letter will contain:

- program information & requirements,
- registration details.

* If you have attended the Orientation Days but NOT received the Information Letter from the Club after the 5 days please contact the Club's office at info@miltonmagic.com.

Registration, Parents' Meeting and TeamSnap

Please follow the registration instructions included in the Information Letter to register your child for the program.

MYSC is using TeamSnap as the registration system. Before the program's kick-off, your player will be assigned to a TeamSnap roster, which will allow you to communicate with coaching staff and view all the upcoming events & their locations. TeamSnap App is available on Google Play and AppStore.

Program Fee Structure and Schedule

Total Fee	\$2,000
Payment Plan	1. September 30 th - \$500 2. October 31 st - \$500 3. November 30 th - \$500 4. February 1 st - \$300 5. March 1 st - \$200
Location	Indoor – Saint Francis Xavier Catholic Secondary School Dome Outdoor – Lion's Park Gym - TBA

What is included in the program?

Uniform	Puma Game Kit & Puma Training Kit
Coaching Staff	Assigned by Technical Director
Program Structure	Year-round programming Structured training duration 45-75 min per practice Statutory Holidays Winter Break March Break
Indoor (October – April)	2 practices per week (turf) + 1 gym session (ball mastery/futsal) MYISL soccer league – Saturday game-day (subject to change), 18 game indoor season
Outdoor (April – September)	3 practices per week PHDL U9 and U10 Festivals – 12 game festival season from May to August/September
Player Registration & Insurance	OSCAR (Ontario Soccer Club and Academy Registry) registration and insurance coverage

Program Outline

***Subject to Change Due to Anticipated Changes in Ontario Soccer Grassroots Standards**

LTPD (Long Term Player Development) Alignment	Learn 2 Train U9 and U10 LTPD Stages Boys and girls train separately U9 and U10 train separately
Grassroots Orientation Days	Every player wishing to join the JDP program shall attend both scheduled U9 and U10 Grassroots Orientation Days
Program Expectations	Full season commitment Adherence to the Player Code of Conduct and Concussion Code of Conduct
Number of Players	Open roster Player pool 12 (max) players per roster
Player/Coach Ratio	As recommended by Technical Director
Playing Format	7v7 (incl. GK)
Ball Size	4 (or 5 light)
Field Size	Width: 30-36m Length: 40-55m
Maximum Goal Size	6ft (1.83m) x 16ft (4.88m)
Game Rules	Game Duration – 50 min max Maximum game time per player per day – 80 min Game Leader or Referee Restarts from sidelines - pass or dribble in No offsides

	Retreat line 1/3 Unlimited substitutions Training to game ratio – 3:1
Coach Licencing Standard (minimum)	Learn 2 Train + MED + RiS + Making Headway
Coach Evaluation (internal)	At least once a year
Player Feedback/Evaluation	N/A

Learning Outcomes

Technical	Dribbling, Running with the ball, Shooting, Ball Control, Receiving, Passing (low), 1v1 Attacking, Shielding (low to moderate), Crossing (low to moderate), Finishing (low to moderate), 1v1 Defending (low)
Physical	Agility, Balance, Coordination, Stamina, Strength, Speed, Suppleness, Acceleration, Reaction, Basic Motor Skills, Perception, Awareness
Socio-Emotional	Listening, Cooperation, Communication, Sharing, Problem-solving, Decision-making, Empathy, Patience, Respect, Honesty
Psychological	Motivation, Self-Confidence, Competitiveness, Concentration, Commitment, Self-Control, Determination
Tactical	Playing out from the back, Attacking Principles (low), Possession, Transition, Combination Play, Pressing (low), Retreat (low), Recovery (low), Compactness (low)