

EAST RIDGE INDOOR SOCCER YOUTH INFORMATION

[Indoor Soccer \(eastridgeparksandrec.com\)](http://eastridgeparksandrec.com)

From December 2025 through February 2026 ERFC offers Youth Indoor Soccer League at Camp Jordan Arena. The Indoor League is designed to provide a fast-paced and challenging experience that is fun for the players and enormously entertaining for spectators. We offer age groups U6 through U19 and their age is based off the calendar age chart. Indoor soccer is played 7 days a week. Our Indoor League does not offer practice space for teams in the Arena.

Signups run from October 1st – November 16th

Registration Link:

Family discounts given after 3rd and 4th player.

The season is from December through February. With an End of the season tournament for u8-u19.

Each team plays a minimum of 9 games for the season. (1 or 2 games per week)

Games are played Mon-Thur. 5:45-9:30pm, Fri. 5:45-10:30pm, Sat. 8am-10pm, Sun. 1pm-8pm.

Closed Holidays: Dec. 24th-25th, and then Dec. 31st-Jan. 1st, dates could change depending on number of teams/players.

Divisions:

- D1 is Select/Competitive
- D2 School/Stay Together
- D3 is Solely Recreational (determined by

To allow for the most competitive level of play possible we will divide teams into three divisions based on the number of teams in each age group. D1 and D2 could combine if we do not have enough teams. Our staff reserves the right to change Division placements at our discretion. We will look at last season teams to help determine placement too. D1 and D2 may also be combined based on the number of teams that register. **Girls Division u12-u19 are all placed in one division schedule per age group, as we never have enough to divide into 3 groups.**

Field	Age Group	Player Registration Fees
u6-u10 play on the small court.	U6: 5v5 with no-goalie	U6 -\$85.00
u12 + play on the large court.	U8: 5v5 including goalie	U8-u19 \$100.00
	U10: 4v4 including goalie	
	U12: 7v7 including goalie	
	U14-u19: 6v6 including goalie	

Equipment:

- League supplies a moisture wicking shirt w/number for the game jersey for all players.
- All players will need shin guards and indoor soccer shoes or tennis shoes. Cleats are not allowed.
- Shin guards must always be worn during practice or games.
- No outside soccer balls. We supply all the soccer balls you will need inside the arena.

See 2nd page for full team registration information.

Coach and Team Registration:

Coaches planning on bringing in a team must submit their team by emailing the roster to the Athletic Coordinator Carson Harris at charris@eastridgetn.gov or Matthew Yarbrough at myarbrough@eastridgetn.gov by November 16th. Once you send the roster, we will update your team as they sign up and we will also let you know who hasn't signed up yet. All players must be registered to the team by November 16th.

The **Requirements** for **ALL** coaches, managers, team admins (anyone that has contact with the players), TSSA Staff and BOD complete these requirements yearly, and although it is not stated in policy, we encourage your BOD to also complete these requirements. All these requirements can be found, at all times, on our website under Member Services- Forms- Risk Manager In a Box:

Coaches will first need to go to the website below to register to coach.

1. [USSF Learning Center](#): You will need to complete the first 2 phases then there is a background check for Phase 3. Follow the steps below for the background checks.

Coaches **must** have completed phase 1 & 2 of safe soccer before we can add them to our group.

Once you've completed the steps - you can join our group - <https://learning.ussoccer.com/safe-soccer/groups/invitation?token=vownKjsWLWwqIDif&groupId=10015384&triggerLogin=true> OR QR code attached

After you've joined our group, we can add you to our subsidized list of members we're covering the background checks.

If you have already paid for it, send me a receipt so I can send them into our person who handles refunds. Thanks everyone, sorry for the confusion.

If you are a club coach or have already done your background and Safe Sports let us know so we can pull your record up.

For all questions please reach out to Carson Harris at charris@eastridgetn.gov or Matthew Yarbrough at myarbrough@eastridgetn.gov.