



Prospective LHA Minor AA Player,

The Littleton Hockey Association is excited to continue our membership in the Central States Developmental Hockey League (CSDHL). The LHA Minor AA team joins 12 other U16AA teams in competing at the highest level of Tier II U16 hockey. In recognizing the importance of the CHSAA Season for many high school athletes, this team will run a modified schedule, allowing for players to participate with their high schools in the CHSAA Winter Season.

While encouraging players to experience high school hockey, the goal for this team is to provide opportunities for exposure to Tier II, Tier III and college scouts/coaches through a highly competitive schedule.

### **Mission Statement**

The Littleton Hockey Association Hawks (LHA) is a non-profit, 501(c)(3) corporation, which enjoys an affiliation agreement with the Colorado Competitive Youth Hockey League (CCYHL), the Colorado Amateur Hockey Association (CAHA), and USA Hockey. LHA conducts its programs primarily at South Suburban Ice Arena and The Ice Ranch in Littleton, Colorado. All teams are registered with CAHA and USA Hockey. In partnership with the parents, coaches and South Suburban Parks and Recreation, we strive to ensure that children are provided a meaningful, enjoyable, challenging and safe hockey experience. We are an athlete-centered organization that places the needs of children first. We give each Member the opportunity to participate to the best of their ability and to develop as a young athlete.

Together, we will nurture the physical and emotional well-being of all Members in an environment that fosters and promotes a sense of community. We are guided by the values of good sportsmanship, honesty, respect for all individuals and personal integrity. The Hawks are committed to the long-term growth and development of all levels of developing ice hockey players. Our success will be measured by more children who enjoy playing and participating in hockey in the future.

### **Coaching Staff**

*Brian TenEyck* – Head Coach

- Coach TenEyck enters his 9<sup>th</sup> season as the Director of Hockey Operations for the Littleton Hockey Association. His tenure at LHA includes six U18AA State Championships, three U16AA State Championships, two U14AA State Championships, one U12AA State Championship and four U10 Championships. Coach TenEyck's U18 Hawks finished 2<sup>nd</sup> at Nationals in 2015 and 3<sup>rd</sup> at Nationals in 2016. His 2017 U16 team finished 5<sup>th</sup> at Nationals.

Prior to taking over at Littleton Hockey, Coach TenEyck worked with the Colorado Thunderbirds at the U15, U16 and U18 levels. While with the Thunderbirds, he was a member of the coaching staff for the 2010 USA Hockey Tier I U16 National Champions and 2011 USA Hockey Tier I U18 team who took 3<sup>rd</sup> at the USA Hockey National Championship

#### *Rick Adams – Assistant Coach*

- Coach Adams has been involved in youth hockey for 16 years. While at LHA, he assisted on the 2013 and 2017 U16 Tier II State Championship team, followed by four straight U18 Tier II State Championships as an assistant coach. Coach Adams' U18AA team took 2<sup>nd</sup> at the 2015 USA Hockey U18 Tier II National Championship and 3<sup>rd</sup> at the 2016 USA Hockey U18 Tier II National Championship.

#### *Trevor Ahbe – Assistant Coach*

- Coach Ahbe returns to the bench with the U16AA Hawks following three seasons at this level. He is a former LHA Hawk who started playing at the age of 3. Trevor played for the Colorado Thunderbirds in his Midget career. After graduating high school, Coach Ahbe played a year as a post graduate at Northwood Prep School and club hockey at Miami of Ohio. He is entering his 2<sup>nd</sup> year with the LHA Minor AA team.

#### **Cost**

- The team fee for LHA's U16AA team is \$2,600. This includes 80 home hours of game/practice ice, the uniform package, apparel package, league registration fees and referee fees. Team travel and dry land will be an additional cost. Team travel includes airfare, hotel, transportation and food for your player and the coaching staff.
- Each player is required to register with LHA prior to tryouts. There is a \$600 deposit required to attend tryouts. This deposit is applied to the total registration fee. The remaining balance will be split in to three different payments: \$700 on September 1, \$700 on October 1 and \$600 on November 1. During this time, payments to the LHA team account will also be required to cover the cost of travel for the season.
- Any 2002 who does not make the U16AA CSDHL team will receive a full refund. If a 2003 does not make the U16AA CSDHL team and refuses a spot on the U15AA team will not receive a refund.
- League games will account for three trips out of state. The team will also attend a Tier I NAPHL Showcase in Blaine, MN. Should the team qualify, the CSDHL Playoffs will be a 5<sup>th</sup> trip and Nationals would be the final trip. We expect the entire season dues to be under \$10,000. This includes the registration fee. The team will play 60+ games.

#### **Tryouts**

Tryouts will be held August 17 and August 18 at The Ice Ranch. The full schedule can be found on LHA's Website ([www.littletonhockey.org](http://www.littletonhockey.org)).

Exit interviews and a team only meeting will take place following the tryouts.

LHA's U16 team will use the Ron Brodeur Locker Room at South Suburban Ice Arena. This locker room will be used solely by the Minor AA team during the season, so long as they respect the room. Expect a team/parent meeting within a week of tryouts ending.

## Game Schedule

- September 14 – @ Affton Americans U16AA – TBD
- September 15 – @ Chesterfield U16AA – TBD
- September 15 – @ Affton Americans U16AA - TBD
- September 16 – @ Chesterfield Falcons U16AA - TBD
- September 29 – Home vs Geneva Cyclones U16AA – South Suburban Ice Arena
- September 29 – Home vs Geneva Cyclones U16 AA – South Suburban Ice Arena
- October 5 – @ West Dundee Leafs U16AA – Leafs Ice Center
- October 6 – @ Highland Park Falcons U16AA – Lake Forrest
- October 6 – @ Highland Park Falcons U16AA – Lake Forrest
- October 7 – @ West Dundee Leafs U16AA – Leafs Ice Center
- October 18-21 – NAPHL Showcase – Blaine, MN
- October 27 – Home vs Orland Park Vikings U16AA – South Suburban Ice Arena
- October 28 – Home vs Orland Park Vikings U16AA – South Suburban Ice Arena
- November 3 – Home vs Chicago Hawks U16AA – South Suburban Ice Arena
- November 4 – Home vs Chicago Hawks U16AA – South Suburban Ice Arena
- November 10 - @ Hyland Hills Jaguars – Danny Dietz Memorial Game - ICAP
- November 21-25 – Littleton’s Mile High Thanksgiving Day Tournament
- December 15 – Home vs Chicago Blues U16AA – South Suburban Ice Arena
- December 16 – Home vs Chicago Blues U16AA – South Suburban Ice Arena
- December 26 – @ Naperville Sabres U16AA – TBD
- December 27 – @ Chicago Bruins U16AA – Addison Ice Arena
- December 28 – @ Chicago Bruins U16AA – Addison Ice Arena
- December 29 – @ Peoria Riverman U16AA – Peoria
- December 29 – @ Peoria Riverman U16AA – Peoria
- December 30 – @ Naperville Sabres U16AA – TBD
- January 26 – Home vs Vernon Hills Ice Dogs U16AA – South Suburban Ice Arena
- January 27 – Home vs Vernon Hills Ice Dogs U16AA – South Suburban Ice Arena
- February 7-10, 2019 – @ CSDHL Playoffs in Chicago
- February 28-March 3, 2019 – Home CAHA Playoffs
- April 2-8, 2017 - @ USA Hockey National Championship in Plano, TX

The schedule is not complete. Local CAHA Tier II games and scrimmages will be scheduled.

## Practice

LHA’s U16AA Team will practice on Tuesday at 6:00pm and Thursday at 6:00pm. Both practice slots are 70 minutes.

This consistent practice schedule will not start until September. The schedule for August can be found on the Littleton Hockey website under the Calendar option at the top of the page. Additional practices will be added throughout the season.

LHA’s U16AA Team is evaluating a number of options for strength and conditioning training for the coming season.

Uniforms

