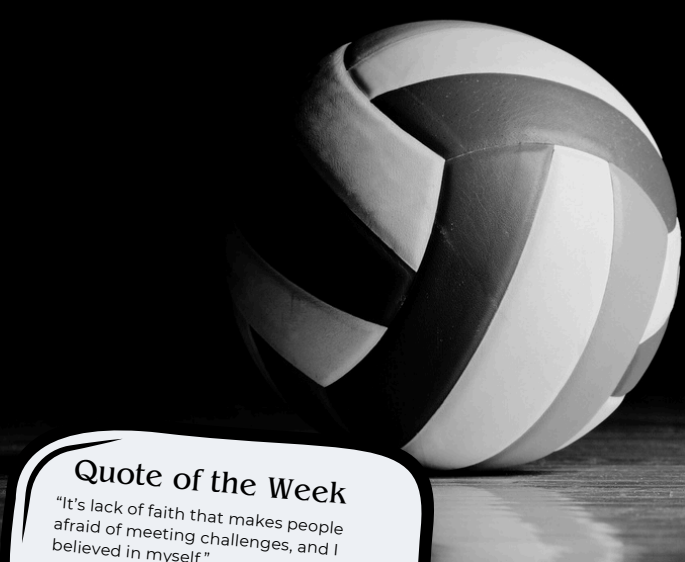


The Court Chronicles

"Your child's success or lack of success in sports does not indicate what kind of parent you are. But having an athlete that is coachable, respectful, a great teammate, mentally tough, resilient and tries their best IS a direct reflection of your parenting."
-Anonymous



Sport Parenting 101

Do	Don't
Remember...your children are modeling their behavior after you! What type of role model do you want to be?	Yell at the officials.

Quote of the Week
"It's lack of faith that makes people afraid of meeting challenges, and I believed in myself."
 -Muhammad Ali

BOOK CLUB

The Gift of Failure
by Jessica Lahey



Chapter 10 of *The Gift of Failure* by Jessica Lahey, titled "The Need for Structure and Boundaries," highlights the importance of providing children with clear boundaries and consistent structure to help them thrive. Lahey argues that while independence and freedom are vital for a child's growth, they must be balanced with appropriate limits that guide behavior and learning. Establishing rules and routines creates a sense of security, helping children understand expectations and the consequences of their actions. Lahey emphasizes that boundaries provide children with the framework they need to learn self-discipline, manage their time effectively, and make responsible decisions. The chapter stresses that parents and educators should set realistic, age-appropriate boundaries and avoid being overly lenient or overly controlling. With the right balance of freedom and structure, children can learn how to navigate challenges, develop responsibility, and ultimately build the confidence to handle failure and success on their own terms.

FROM THE VAULT

Why do we pay so much money for our kids to do all their sports? I have a confession to make; I don't pay for my kids to do sports. Personally, I couldn't care less about what sport they do. So, if I am not paying for sports *what am I paying for?*

I pay so that my kids can be out on the court or in the gym instead of in front of a screen.

ALUMNI HIGHLIGHT



Kaitlyn White
CCVB and MT
Western Teacher



Jaycee Widener
NVA and McCook



of the week!
What do you call a girl with a turtle on her head?

Shelley



Upcoming Games

- 3/27/25** LOVB ATL v. LOVB HOU
7pm CDT on LOVB
- 3/28/25** LOVB AUS v. LOVB OMA
7pm CDT on ESPN+
- 3/29/25** LOVB STL v. LOVB OMA
6pm CDT on ESPN+
LOVB MAD v. LOVB AUS
9pm CDT on ESPN 2 or ESPN+